




































Sides and extras

Bowl of chips  964 kcal (Add: Spicy seasoning  (8 kcal) 34p)	4.23
Small bowl of chips 	2.48
Five chicken wings  402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Peas 	94p
Mushy peas 	94p
Side salad 	2.29
Mediterranean side salad 	3.22
Roasted vegetables 	1.53
Coleslaw 	1.40
Sliced chillies  3 kcal	88p
Onion rings 	Six 2.69 kcal 2.33 Twelve 5.38 kcal 3.50
Garlic pizza bread 	8" 3.86 kcal 4.40 11" 7.72 kcal 5.57
With cheese 	8" 4.61 kcal 4.98 11" 9.22 kcal 6.44

Desserts






















Vanilla ice cream   338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	1.91
Cookie crunch   365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	1.91
Mini warm chocolate brownie   435 kcal Belgian chocolate sauce, vanilla ice cream	3.13
Mini warm cookie dough sandwich   435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.13
Fresh fruit    447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	4.79
Warm chocolate fudge cake  913 kcal. Vanilla ice cream	5.57
Warm chocolate brownie  736 kcal Belgian chocolate sauce, vanilla ice cream	5.57
Warm cookie dough sandwich  735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.57
British Bramley apple crumble  830 kcal Vanilla ice cream	5.84

Add:










Vanilla ice cream scoop 	(135 kcal) 94p
Belgian chocolate sauce 	(61 kcal) 42p
Toffee sauce 	(74 kcal) 42p
Banana 	(101 kcal) 62p
Strawberries 	(14 kcal) 62p
Blueberries 	(17 kcal) 62p

BREAKFAST

Served
7am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	7.09	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.57
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	5.41	Mushroom Benedict  629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.57
Small breakfast  419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.84	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.57
Add: Two slices of black pudding (355 kcal) 1.51			
Large vegetarian breakfast  1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.09	Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	3.96
Vegetarian breakfast  816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	5.41	Beans on toast   566 kcal Buttered white bloomer toast	3.84
Small vegetarian breakfast   313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.84	Two slices of toast with jam or marmalade   496 kcal White bloomer bread	2.69
Vegan breakfast  786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.01	Fresh fruit    177 kcal Apple, banana, blueberries, strawberries	3.84
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.84	Porridge   252 kcal (plain) Add: Banana  (101 kcal) 62p Strawberries  (14 kcal) 62p Blueberries  (17 kcal) 62p Honey  (91 kcal) 34p	2.09

Breakfast extras

Add any of the following:			
Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57
Sausage 168 kcal	1.05	Two scrambled eggs  136 kcal	1.63
Quorn™ sausage  116 kcal	1.05	Fried egg  56 kcal	93p
Baked beans  126 kcal	93p	Poached egg  63 kcal	93p
		Hash brown  82 kcal	46p
		Two mushrooms  91 kcal	93p
		Two grilled tomato halves  16 kcal	52p
		Slice of toast  191 kcal	1.13

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.08	Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.56
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	4.08	Vegetarian breakfast wrap  835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.56
Quorn™ sausage butty  609 kcal Two Quorn sausages, buttered white bloomer bread	4.08		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills 

Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.47
Egg & bacon muffin  298 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.96
Egg & sausage muffin  417 kcal Fried egg, sausage, American-style cheese, in an English muffin	3.96
Egg & Quorn™ sausage muffin   364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	3.96
Breakfast muffin  466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.20

Add: Hash brown  (82 kcal) **46p**

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spirits, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS

TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —








£1.56

each

Biscuits
Walkers shortbread  151 kcal **71p**
Stem ginger biscuit  123 kcal **71p**
Belgian chocolate biscuit  129 kcal **71p**
Salted caramel brownie bar  316 kcal **1.64**

Flat white 	92 kcal
Cappuccino 	102 kcal
Latte 	113 kcal
Mocha 	147 kcal
Espresso 	6 kcal
Black coffee 	6 kcal
White coffee 	24 kcal
Hot chocolate 	169 kcal
Tea 	
with semi-skimmed milk 	14 kcal
(Oat milk available 	4 kcal)
(Oat milk available 	4 kcal)
Decaffeinated tea and coffee available.	

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*   
Choose from over 150 drinks



Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.[§]

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Breakfast
7am - 12 noon
Traditional breakfast
£5.41

Tea, coffee and hot chocolate
Free refills 
£1.56 each

Burger meals
INCLUDES A DRINK*  
Featuring 3oz American burger soft drink* | alcoholic drink*
£6.33 | **£7.86**

Afternoon deals
INCLUDES A DRINK*  
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips soft drink* | alcoholic drink*
£7.00 | **£8.53**

Steak Club[®]
INCLUDES A DRINK*  
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin soft drink* | alcoholic drink*
£10.76 | **£12.29**

Curry Club[®]
INCLUDES A DRINK*  
Thursday 11.30am - 11pm
Featuring the katsu curry range soft drink* | alcoholic drink*
£8.91 | **£10.44**

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Coffee
The freshly ground 100% Arabica Lavazza coffee[†] we serve is from Rainforest Alliance-certified farms.

Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon hotels

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for the facts
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SEA

MENU_7401

