# wetherspoon hotels

In England, Ireland, Scotland and Wales

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# BREAKFAST Served 7am - 12 noon



Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	8.42
<b>Traditional breakfast</b> 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	7.02
Small breakfast 📆 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	6.16
Add: Slice of toast ① (191 kcal) 1.13 Two slices of black pudding (355 kcal) 1.51	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	8.42
Vegetarian breakfast ♥ 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	7.02
Small vegetarian breakfast V 📸 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	6.16
Vegan breakfast	6.64
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom tomato	6.16

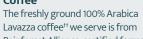
Figs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket  Mushroom Benedict № 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket  Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket  Scrambled egg on toast № 570 kcal Three eggs, buttered white bloomer toast  Beans on toast № 566 kcal. Buttered white bloomer toast  Small beans on toast № 566 kcal. Buttered white bloomer toast  Two slices of toast with jam or marmalade № 570 kcal Buttered white bloomer toast  Two slices of toast with jam or marmalade № 570 kcal Apple, banana, blueberries, strawberries  Porridge № 570 kcal Add: Banana ② (101 kcal) 62p Strawberries ② (14 kcal) 62p Blueberries ② (17 kcal) 62p Honey № (91 kcal) 34p	ALL PROPERTY.	2885 Bellevice, Fresh Hall, Eurge Bree	ikiust
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket  Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket  Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast  Beans on toast © 566 kcal. Buttered white bloomer toast  Small beans on toast © 556 kcal. Buttered white bloomer toast  Two slices of toast with jam or marmalade © 670 496 kcal White bloomer bread  Fresh fruit 6 570 kcal Apple, banana, blueberries, strawberries  Porridge © 670 252 kcal (plain) Add: Banana (101 kcal) 62p  Strawberries (17 kcal) 62p  Blueberries (17 kcal) 62p		Two poached eggs, on an English muffin, with Wiltshire cured ham,	7.02
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket  Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast  Beans on toast © 566 kcal. Buttered white bloomer toast  Small beans on toast © 5566 kcal. Buttered white bloomer toast  Two slices of toast with jam or marmalade © 676 496 kcal White bloomer bread  Fresh fruit 6 567 177 kcal Apple, banana, blueberries, strawberries  Porridge © 676 252 kcal (plain) Add: Banana (101 kcal) 62p  Strawberries (17 kcal) 62p  Blueberries (17 kcal) 62p		Two poached eggs, on an English muffin, with mushroom,	7.02
Three eggs, buttered white bloomer toast  Beans on toast © 566 kcal. Buttered white bloomer toast  Small beans on toast © 566 kcal. Buttered white bloomer toast  Small beans on toast © 566 kcal. Buttered white bloomer toast  Two slices of toast with jam or marmalade © 567 496 kcal White bloomer bread  Fresh fruit 6 5 577 kcal Apple, banana, blueberries, strawberries  Porridge © 577 kcal (plain) Add: Banana 6 (101 kcal) 62p  Strawberries 6 (14 kcal) 62p  Blueberries 6 (17 kcal) 62p		Two poached eggs, on an English muffin, with black pudding,	7.02
Small beans on toast © 3 251 kcal Buttered white bloomer toast  Two slices of toast with jam or marmalade © 3 496 kcal White bloomer bread  Fresh fruit © 3 5 177 kcal Apple, banana, blueberries, strawberries  Porridge © 3 5 252 kcal (plain) Add: Banana © (101 kcal) 62p  Strawberries © (14 kcal) 62p  Blueberries © (17 kcal) 62p			5.57
Buttered white bloomer toast  Two slices of toast with jam or marmalade (*) 636 496 kcal White bloomer bread  Fresh fruit (*) 63 636 177 kcal Apple, banana, blueberries, strawberries  Porridge (*) 636 62p  Strawberries (*) (14 kcal) 62p  Blueberries (*) (17 kcal) 62p		<b>Beans on toast</b> 👽 🚳 566 kcal. Buttered white bloomer toast	4.49
White bloomer bread  Fresh fruit © \$\circ{\text{cond}}{200}\$ 177 kcal  Apple, banana, blueberries, strawberries  Porridge \(\text{V}\) \(\text{Cond}\) 252 kcal (plain)  Add: Banana \(\text{O}\) (101 kcal) 62p  Strawberries \(\text{O}\) (14 kcal) 62p  Blueberries \(\text{O}\) (17 kcal) 62p			3.42
Apple, banana, blueberries, strawberries  Porridge © 552 kcal (plain)  Add: Banana (101 kcal) 62p  Strawberries (17 kcal) 62p  Blueberries (17 kcal) 62p			3.58
Add: Banana @ (101 kcal) 62p Strawberries @ (14 kcal) 62p Blueberries @ (17 kcal) 62p			4.49
		Add: Banana (a) (101 kcal) 62p Strawberries (a) (14 kcal) 62p Blueberries (a) (17 kcal) 62p	2.94

### TEA, COFFEE AND HOT CHOCOLATE

HOT CHOCOLATE - ALL DAY EVERY DAY -







The Tetley tea we serve also comes **biscuit**  129 kcal **71p** from Rainforest Alliance-certified farms. Tetley is a member of the Ethical Tea Partnership (ETP), aiming **brownie bar ()** 316 kcal **1.64** to improve tea sustainability.

Flat white **9**2 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha 🕐 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee ② 24 kcal (Oat milk available @ 4 kcal)

Hot chocolate V 169 kcal with semi-skimmed milk **1** 4 kcal (Oat milk available **4** kcal) Decaffeinated tea and coffee available.

Walkers shortbread (151 kcal 71p Rainforest Alliance-certified farms. Stem ginger biscuit V 123 kcal 71p

Belgian chocolate

Salted caramel

### **BREAKFAST EXTRAS**

Add any of the following:

Two slices of black pudding 355 kcal 1.51 Two rashers of back bacon 99 kcal Sausage 168 kcal **1.05** Two scrambled eggs ♥ 136 kcal Quorn<sup>™</sup> sausage **②** 116 kcal **1.05** Fried egg **♥** 56 kcal Baked beans @ 126 kcal **93p** Poached egg **♥** 63 kcal

1.57 Two hash browns @ 164 kcal 92p 1.63 Two mushrooms @ 91 kcal 93p Two grilled tomato halves @ 16 kcal 52p 93p Slice of toast **(V)** 191 kcal 1.13

# MUFFINS AND BUTTIES

<b>Egg &amp; cheese muffin </b> ♥	5.14
<b>Egg &amp; bacon muffin</b> 333 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	5.57
<b>Egg &amp; sausage muffin</b> 637 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	5.57
<b>Egg &amp; Quorn™ sausage muffin ♥</b> 5364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	5.57
<b>Breakfast muffin</b> 366 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	5.78
Smashed avocado muffin ② ♀ ♀ 244 kcal Guacamole, pico di gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p	5.78
Add: Two hash browns @ (164 kcal) 92p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated are subject

to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during

one visit; is non-transferable. Exclusions apply. Statement of daily calorie needs from the Department of Health & Social Care. †Excluding decaffeinated.

#### Bacon butty 525 kcal 5.03 Three rashers of bacon, buttered white bloomer bread Sausage butty 713 kcal 5.03 Two sausages, buttered white bloomer bread Quorn<sup>™</sup> sausage butty **©** 609 kcal 5.03 Two Quorn sausages, buttered white bloomer bread **Breakfast sandwich** 651 kcal 6.29 Sausage, bacon, egg, buttered white bloomer bread



# Free-range eggs

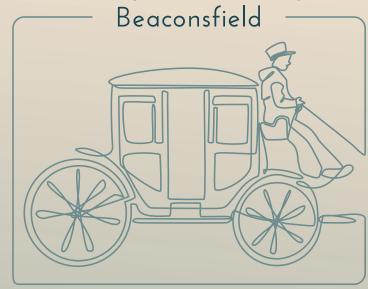
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of

> drinkaware.co.uk

# FOOD

Breakfast 7am – 12 noon Main menu 11.30am – 11pm

# The Hope & Champion



Beaconsfield was the first stop on the coaching route to Oxford. The Universal British Directory of 1792 states that 'the New Machine passes through Beaconsfield'. Forty years later, the Hope, Union, Telegraph and Champion stagecoaches all passed through the town on their way from London. The Hope carried passengers to Warwick and the Champion to Hereford.

wetherspoon

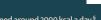




How to order from your table

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day,5

#### SMALL PLATES | ANY 3 FOR £17.24 11" garlic pizza bread V 772 kcal Nachos **FFF W** 592 kcal 6.81 Cheese, guacamole, salsa, sour cream, sliced chillies **Bowl of chips 1** 964 kcal 5.29 Bowl of chips with curry sauce 1082 kcal 6.75 Cheesy chips **(V)** 1256 kcal 6.54 Loaded chips 1218 kcal 7.29 Cheese, maple-cured bacon, sour cream With any of the small plates below, choose one dip: Sticky soy V 100 kcal Naga chilli PPP 136 kcal Chipotle mayo /// V 150 kcal Jack Daniel's Tennessee Honey glaze V 87 kcal Blue cheese V 270 kcal Halloumi-style fries (V) (500) 396 kcal 6.16 **Chicken bites** 298 kcal. Ten battered chicken breast pieces 7.02 **Southern-fried chicken strips 5** 459 kcal 7.13 Five chicken breast strips **Chicken wings \*\*\*** 804 kcal. Ten spicy chicken wings 8.10

### DELI DEALS®

#### INCLUDES A NON-ALCOHOLIC DRINK = V

The freshly made paninis and wraps below are all served with chips @ (add 602 kcal) or ask for a salad instead @ (add 87 kcal).

> 7.42 each

8.49

each

**Cheddar cheese and tomato 3** 532 kcal

Wiltshire cured ham and Cheddar cheese 512 kcal

BBO chicken, bacon and Cheddar cheese 572 kcal

**Quorn™ nuggets ②** 534 kcal omato, cucumber, salsa

Southern-fried chicken and

smoky chipotle mayo **FFF** 639 kcal Cold chicken and sweet chilli sauce FF 🚳 514 kcal

Fried halloumi-style cheese and sweet chilli sauce 77 @ 738 kcal

Tomato, cucumber **Add: Chips (602** kcal); **Salad (87** kcal)

Tomato & basil soup @ (150 kcal); Spicy rice @ (208 kcal) 1.44 each

#### JACKET POTATOES INCLUDES A NON-ALCOHOLIC DRINK = 1

#### With salad and one filling. Extra fillings 1.22 each.

Tuna mayo 621 kcal

Coleslaw 578 kcal

Cheese V 531 kcal

Baked beans @ 501 kcal Five-bean chilli / @ 5% 556 431 kcal

SALAD, PASTAS AND NOODLES

Ramen noodle bowl / @ 5% 500 236 kcal	8.60
Noodles, bean sprouts, shiitake mushroom,	
spring onion, carrot, pak choi, bamboo shoots, red onion,	
sliced chillies, coriander, in a light broth	
Add: Grilled chicken breast (94 kcal) 1.15; Poached egg <b>(</b> 63	kcal) <b>93p</b>
Chicken & maple-cured bacon salad	11.18
Choose: Grilled chicken breast 🚳 ; 279 kcal	
Courth and fried abidious bysect stuins UNDER 4.61 kgs	

Southern-fried chicken breast strips (500) 461 kcal Pasta alfredo V 618 kcal 10.64 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket

Add: Grilled chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52

British beef & pancetta lasagne Choose: Side salad 780 kcal; Chips 1295 kcal

#### BURGERS INCLUDES A NON-ALCOHOLIC DRINK = 1



Fried buttermilk chicken BBQ burger; Ultimate burger; Double American burger



#### 100% UK and Irish beef

Sourced from farms in the UK and Ireland. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories bel	ow).
<b>American burger</b> 695 kcal Red onion, gherkin, ketchup, American-style mustard	7.20
Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion	7.20
<b>Skinny beef burger</b> 369 kcal lceberg lettuce, tomato, red onion, with a side salad, instead of chips	7.20
American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	7.74
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	
<b>Double American burger</b> 1137 kcal Red onion, gherkin, ketchup, American-style mustard	9.30
<b>Double classic beef burger</b> 1118 kcal lceberg lettuce, tomato, red onion	9.30
<b>Double American cheese burger</b> 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	9.83

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

**Breaded vegetable burger №** 1038 kcal 9.30 Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese

**Beyond Burger™ ②** 834 kcal 9.30 BEYOND MEAT plant-based patty

**Chicken burgers** 

Served with a small portion of chips (329 kcal, included in the Calories below). 7.20

**Crunchy chicken strip burger ₱** 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Served with chips (602 kcal, included in Calories below). Fried buttermilk chicken burger 1254 kcal 9.30

**Gourmet burgers** 

Breaded whole chicken breast fillet

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal 11.34 Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger 11.34 Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Grilled chicken breast 1416 kcal: Fried buttermilk chicken 1702 kcal 11.34 Maple-cured bacon, Cheddar cheese, BBQ sauce

Choose: Beef (two 3oz beef patties) 1644 kcal Fried buttermilk chicken 1780 kcal

**Additional toppings** 

Maple-cured bacon with Cheddar cheese 174 kcal 2.14 Maple-cured bacon with American-style cheese 160 kcal 2.14 Cheddar cheese **3** 83 kcal 1.52 American-style cheese **V** 69 kcal 1.52 1.52 Maple-cured bacon 91 kcal

## CHICKEN

Chicken baskets Chicken wing basket Eight wings, coleslaw, Naga chilli dip

Choose: Spicy rice 1120 kcal; Chips 1515 kcal; Side salad 999 kcal Boneless basket / 10.10 Three southern-fried chicken strips, five chicken breast bites.

10.10

10.10

10.10

13.06

coleslaw, BBO sauce

Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice \$\sigma\$ 739 kcal; Chips 1133 kcal; Side salad 618 kcal

Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal



### STEAKS AND GRILLS

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak 12.47 Choose: Jacket potato 741 kcal Mashed potato 745 kcal; Chips 1061 kcal Mediterranean salad 657 kcal; Side salad 546 kcal

Gourmet 8oz sirloin steak 14.62 With peas, tomato, mushroom, three onion rings and a steak sauce Choose: Jacket potato 993 kcal Mashed potato 997 kcal; Chips 1314 kcal Mediterranean salad 909 kcal; Side salad 798 kcal Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal)

Below meals are served with peas, tomato and mushroom.

Jack Daniel's® Tennessee Honey glaze (87 kcal) 1.82 each

11.39 **BBQ** chicken melt Grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Jacket potato 🚳 803 kcal; Mashed potato 807 kcal Chips 1123 kcal; Mediterranean salad 719 kcal; Side salad 608 kcal 5oz gammon and egg 10.16 Choose: Jacket potato 69 610 kcal Mashed potato 614 kcal; Chips 930 kcal Mediterranean salad 526 kcal; Side salad 6500 415 kcal 13.06 10oz gammon and eggs Choose: Jacket potato 🚳 819 kcal Chips 1140 kcal; Mediterranean salad 735 kcal; Side salad 625 kcal

Mixed grill

Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal Chips 1513 kcal Mediterranean salad 1108 kcal; Side salad 997 kcal Large mixed grill 14.67 Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings Choose: Jacket potato 1686 kcal; Mashed potato 1690 kcal

Chips 2006 kcal; Mediterranean salad 1602 kcal; Side salad 1491 kcal

#### 11" PIZZAS On a freshly baked sourdough base. Margherita V 939 kcal 10.10 Pepperoni // 1157 kcal 11.18 Mozzarella, pepperoni Ham and mushroom 1012 kcal 11.18 Mozzarella, ham, mushroom, rocket BBQ chicken 1103 kcal 11.18 Mozzarella, BBQ sauce, chicken breast, red onion, rocket Spicy meat feast // 1220 kcal 12.25 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings**

Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal

Chicken breast 94 kcal; Maple-cured bacon 91 kcal



#### **CURRIES**

Mushroom @ 6 kcal

Pepperoni // 109 kcal

Mozzarella V 150 kcal; Ham 71 kcal

Katsu curries

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 826 kcal 10.16 Sliced whole breaded chicken breast fille Katsu grilled chicken curry 58 541 kcal 10.16 Sliced grilled chicken breast Classic curries With basmati pilau rice, plain naan and poppadums. Chicken tikka masala // 1190 kcal 11.18 Mangalorean roasted cauliflower 11.18 & spinach curry **// @ 38** 867 kcal



# SIDES AND EXTRAS

Bowl of chips @ 964 kcal			5.29	
Side salad <b>⊘</b> 87 kcal			2.29	
Mediterranean side salad <b>⊘</b> 198 kcal			3.22	
Onion rings 🕖	<b>Six</b> 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread 🔻	<b>8"</b> 386 kcal	5.03	<b>11"</b> 772 kcal	6.11
With cheese <b>V</b>	<b>8"</b> 461 kcal	5.57	<b>11"</b> 922 kcal	6.91

PUB CLASSICS	
Freshly battered cod and chips  Peas 1239 kcal or mushy peas 1298 kcal	11.39
Add: Two slices of bread ♥ (383 kcal) 1.34 Chip shop-style curry sauce ② (118 kcal) 1.46	
Five-bean chilli 🖊 🕢 🚳 590 kcal. Rice, tortilla chips	9.78
<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	7.02
Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	7.02
Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	7.02
All-day brunch 1213 kcal Two sausages, bacon, two fried eggs, baked beans, chips Add: Two slices of black pudding (355 kcal) 1.51	11.07
<b>Vegetarian all-day brunch </b>	11.07

each 88p

each **1.15** 

1.53

#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

#### **DESSERTS**

Vanilla ice cream ♥ ∰ 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.94
<b>Cookie crunch (V)</b> 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.94
Mini warm chocolate brownie 🔮 \varpi 435 kcal Belgian chocolate sauce, vanilla ice cream	4.01
Mini warm cookie dough sandwich 🛭 \varpi 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	4.01
Fresh fruit 👽 🐯 ႈ 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	5.73
Warm chocolate fudge cake 🛡 913 kcal. Vanilla ice cream	6.43
<b>Warm chocolate brownie  ②</b> 736 kcal Belgian chocolate sauce, vanilla ice cream	6.43
<b>Warm cookie dough sandwich </b> ♥ 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	6.43
<b>British Bramley apple crumble ♥</b> Vanilla ice cream 830 kcal or custard 694 kcal	6.70

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce ♥ (61 kcal) 42p; Toffee sauce ♥ (74 kcal) 42p Banana (a) (101 kcal) 62p; Strawberries (a) (14 kcal) 62p Blueberries (a) (17 kcal) 62p

#### **ALLERGEN AND NUTRITIONAL INFORMATION**

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as: • Exclude those dishes containing certain allergens

- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

# DIETARY SYMBOLS



Vegetarian Vegan 5% 5% fat or less Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www msc org

Adults need around 2000 kcal a day.5