

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning (8 kcal) 34p)	4.23
Small bowl of chips	602 kcal	2.48
Five chicken wings	402 kcal	3.34
Eight Whitby breaded scampi	527 kcal	4.99
Grilled halloumi-style cheese	446 kcal	1.97
Peas	130 kcal	94p
Mushy peas	248 kcal	94p
Side salad	87 kcal	2.29
Mediterranean side salad	198 kcal	3.22
Roasted vegetables	135 kcal	1.53
Coleslaw	399 kcal	1.40
Sliced chillies	3 kcal	88p
Chicken gravy	50 kcal	94p
Onion rings	Six 269 kcal	2.33
Garlic pizza bread	8' 386 kcal	4.40
With cheese	8' 461 kcal	4.98
	Twelve 538 kcal	3.50
	11' 772 kcal	5.57
	11' 922 kcal	6.44

Desserts

NEW Millionaire's shortbread	528 kcal	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce		
Vanilla ice cream	338 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce		
Cookie crunch	365 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce		
Cheesecake	437 kcal	5.33
Rasperry & white chocolate cheesecake, strawberries, blueberries		
Mini warm chocolate brownie	435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream		
Mini warm cookie dough sandwich	435 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream		
Mini American-style pancakes	412 kcal	4.13
Two pancakes, maple-flavour syrup, vanilla ice cream		
Fresh fruit	447 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream		
Warm chocolate fudge cake	913 kcal	5.33
Vanilla ice cream		
Warm chocolate brownie	736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream		
Warm cookie dough sandwich	735 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream		
British Bramley apple crumble		5.62
Vanilla ice cream 830 kcal or custard 694 kcal		
American-style pancakes	689 kcal	5.57
Four pancakes, maple-flavour syrup, vanilla ice cream		
Add: Custard (134 kcal) 1.23 ; Vanilla ice cream scoop (135 kcal) 94p		
Belgian chocolate sauce (61 kcal) 42p ; Toffee sauce (74 kcal) 42p		
Banana (101 kcal) 62p ; Strawberries (14 kcal) 62p ; Blueberries (17 kcal) 62p		

BREAKFAST

Served
7am - 12 noon

Large breakfast	1286 kcal	7.43
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	742 kcal	5.75
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast		
Small breakfast	419 kcal	5.19
Fried egg, bacon, sausage, baked beans, hash brown		
Add: Two slices of black pudding (355 kcal) 1.51		
Large vegetarian breakfast	1080 kcal	7.43
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	732 kcal	5.75
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	271 kcal	5.19
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	702 kcal	5.36
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
Freedom breakfast	545 kcal	5.19
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
American breakfast	1258 kcal	7.43
Two fried eggs, two hash browns, maple-cured bacon, two sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	5.57
Fried egg, hash brown, maple-cured bacon, sausage, two pancakes, maple-flavour syrup		
Eggs Benedict	725 kcal	5.92
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	629 kcal	5.92
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.92
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		5.57
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal		
		4.88
Four pancakes, maple-flavour syrup. 554 kcal		
Small American-style pancakes		4.13
Two pancakes, maple-cured bacon, maple-flavour syrup. 322 kcal		
		3.83
Two pancakes, maple-flavour syrup. 277 kcal		
Scrambled egg on toast	570 kcal	4.36
Three eggs, buttered white bloomer toast		
Beans on toast	566 kcal	3.77
Buttered white bloomer toast		
Vegan option available with vegan spread 544 kcal		
Small beans on toast	251 kcal	2.62
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	496 kcal	2.58
White bloomer bread		
Fresh fruit	177 kcal	3.77
Apple, banana, blueberries, strawberries		
Porridge	252 kcal (plain)	2.09
Add: Banana (101 kcal) 62p ; Maple-flavour syrup (125 kcal) 34p		
Strawberries (14 kcal) 62p ; Blueberries (17 kcal) 62p ;		
Honey (91 kcal) 34p		

Breakfast extras

Add any of the following:					
Two slices of black pudding	355 kcal	1.51	Two rashers of back bacon	99 kcal	1.57
Sausage	168 kcal	1.05	Four rashers of maple-cured bacon	91 kcal	1.52
Vegan sausage	74 kcal	1.05	Two scrambled eggs	136 kcal	1.63
Grilled halloumi-style cheese	396 kcal	1.97	Fried egg	56 kcal	93p
Baked beans	126 kcal	93p	Poached egg	63 kcal	93p
			Hash brown	82 kcal	46p
			Two mushrooms	91 kcal	93p
			Two grilled tomato halves	16 kcal	52p
			Slice of toast	191 kcal	1.13

Breakfast butties and wraps

Bacon butty	525 kcal	Three rashers of bacon, buttered white bloomer bread	4.36
Sausage butty	713 kcal	Two sausages, buttered white bloomer bread	4.36
Vegetarian sausage butty	525 kcal	Two vegan sausages, buttered white bloomer bread	4.36
Vegan option available with vegan spread 503 kcal			
Breakfast wrap	739 kcal	Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.93
Vegetarian breakfast wrap	751 kcal	Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.93

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

LAVAZZA
TORINO, ITALIA, 1895

100% ARABICA BEANS

£1.56 each

Biscuits	
Walkers shortbread	151 kcal 71p
Stem ginger biscuit	123 kcal 71p
Belgian chocolate biscuit	129 kcal 71p
Salted caramel brownie bar	316 kcal 1.64

Flat white	92 kcal
Cappuccino	102 kcal
Latte	113 kcal
Mocha	147 kcal
Espresso	6 kcal
Black coffee	6 kcal
White coffee	24 kcal
(Oat milk available) 4 kcal	
Hot chocolate	169 kcal
Tea	with semi-skimmed milk 14 kcal
(Oat milk available) 4 kcal	
Decaffeinated tea and coffee available.	

for the facts
drinkaware.co.uk

jdwetherspoon.com

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FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*
Choose from over 150 drinks

The Captain Alexander

Liverpool



On 23 May 1819, Scottish-born sea captain Alexander Allan advertised that the 169-ton brig Jean would shortly set sail for Canada. It was the forerunner of the Allan family's large North Atlantic fleet of sailing ships. By the 1830s, the shipping-line company had offices in Glasgow, Liverpool and Montreal. Its Liverpool office closed in 1917

FOOD HYGIENE RATING
5

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

100% UK AND IRISH BEEF

100% UK and Irish beef
Sourced from farms in the UK and Ireland. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
7am - 12 noon
Traditional breakfast
£5.75

Tea, coffee and hot chocolate
Free refills
£1.56 each

Burger meals

INCLUDES A DRINK*

Featuring 3oz American burger soft drink* | alcoholic drink*
£7.20 | **£8.73**

Afternoon deals

INCLUDES A DRINK*

Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips soft drink* | alcoholic drink*
£7.84 | **£9.37**

Steak Club

INCLUDES A DRINK*

Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin soft drink* | alcoholic drink*
£11.42 | **£12.95**

Curry Club

INCLUDES A DRINK*

Thursday 11.30am - 11pm
Featuring the katsu curry range soft drink* | alcoholic drink*
£9.67 | **£11.20**

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
🔥🔥🔥🔥🔥 = Extremely hot

🌱 Vegetarian 🌿 Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.‡

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. †Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. ‡Statement of daily calorie needs from the Department of Health & Social Care. ††Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spirits, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

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