### wetherspoon hotels

In England, Ireland, Scotland and Wales

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#### ALLERGEN AND NUTRITIONAL INFORMATION

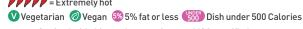
This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

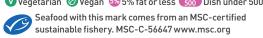
- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
  Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot





Adults need around 2000 kcal a day.§

# BREAKFAST

# 9am - 12 noon

8.24	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.74
6.54	Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hullandaise sauce, recket	6.74
5.62	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,	6.74
8.24	Scrambled egg on toast ♥ 570 kcal Three eggs, buttered white bloomer toast	5.16
	Beans on toast 👽 🚳 566 kcal. Buttered white bloomer toast	4.01
6.54	Small beans on toast ♥ ጭ (555) 251 kcal Buttered white bloomer toast	2.84
	Two slices of toast with jam or marmalade <b>()</b> (1993) 496 kcal White bloomer bread	2.80
5.62	Fresh fruit	4.01
6.14	Porridge v 3 555 252 kcal (plain) Add: Banana (a) (101 kcal) 62p Strawberries (a) (14 kcal) 62p	2.09
5.62	Blueberries ⊚ (17 kcal) 62p Honey ♥ (91 kcal) 34p	
	6.54 5.62 8.24 6.54 5.62 6.14	Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket  6.54 Mushroom Benedict © 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket  Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket  Scrambled egg on toast © 570 kcal Three eggs, buttered white bloomer toast  Beans on toast © 566 kcal. Buttered white bloomer toast  Small beans on toast © 550 kcal. Buttered white bloomer toast  Two slices of toast with jam or marmalade © 560 kcal White bloomer bread  5.62 Fresh fruit © 560 kcal (plain) Add: Banana © (101 kcal) 62p Strawberries © (14 kcal) 62p  Strawberries © (17 kcal) 62p

#### **Breakfast extras**

Add any of the following:					
Two slices of black pudding 355 kcal	1.51	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 91 kcal	93p
Sausage 168 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
<b>Quorn</b> <sup>™</sup> <b>sausage ⊘</b> 116 kcal	1.05	Fried egg V 56 kcal	93p	Slice of toast V 191 kcal	1.13
Baked beans 🕢 126 kcal	93p	Poached egg V 63 kcal	93p		
Two rashers of back bacon 99 kcal	1.57	Hash brown 🕖 82 kcal	46p		

#### **Breakfast butties and wraps**

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	4.59
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	4.59
<b>Quorn™ sausage butty ©</b> 609 kcal Two Quorn sausages, buttered white bloomer bread	4.59
Two waoth Sausages, Battered white Brounds Broad	

<b>Breakfast wrap</b> 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	5.75
Vegetarian breakfast wrap ♥ 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	5.75

#### **Breakfast muffin deal**

Includes tea, coffee or hot chocolate. Free refills

<b>Egg &amp; cheese muffin ♥</b> 355 249 kcal Fried egg, American-style cheese, in an English muffin	4.7
Egg & bacon muffin 200 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	5.1
<b>Egg &amp; sausage muffin</b> \$600 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	5.1
<b>Egg &amp; Quorn™ sausage muffin v</b> 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	5.1
Breakfast muffin 6569 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	5.4
Add: Hash brown @ (82 kcal) 46p	

# -Tea, coffee and hot chocolate-

HOT CHOCOLATE - ALL DAY EVERY DAY -

LAVATIA (2) (100)

Flat white **1** 92 kcal Cappuccino V 102 kcal Latte V 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee V 24 kcal (Oat milk available @ 4 kcal) Hot chocolate V 169 kcal with semi-skimmed milk **V** 14 kcal (Oat milk available @ 4 kcal)

Decaffeinated tea and coffee available.

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for quidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on the telephone our website and our app. \*Statement of daily calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for

for the facts

drinkaware.co.uk ≈ jdwetherspoon.com  $\supset$ 

# FOOD

Main menu 11.30am - 11pm. Children's menu available.

## The Mardi Gras



Mardi Gras ('fat Tuesday', in English - or we call it Shrove Tuesday) is a season of music, parades, floats and balls, described as 'America's greatest party'. Mardi Gras was introduced to New Orleans by French settlers and first celebrated in the early 18th century. Since the first modern-day pageant was presented in 1857, more than 1,800 Mardi Gras parades have been staged in New Orleans.

## **Breakfast**

9am - 12 noon

**Traditional** breakfast

£6.54

Tea, coffee and hot chocolate Free refills

£1.56

#### **Burger meals** INCLUDES A DRINK

Featuring 3oz American burger soft drink\*

£9.17

£10.93

INCLUDES A DRINK\* **Choose from over** 

150 drinks

## How to order from your table

**Download the Wetherspoon** app or scan this QR code.

Or note your table number and order at the bar.







#### **Food hygiene** rating

We have been awarded the maximum food hygiene rating



#### 100% UK and Irish beef

Sourced from farms in the UK and Ireland. Traceable from farm to fork.



#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



#### The freshly ground 100% Arabica Lavazza coffee we serve is from Rainforest

Alliance-certified farms.

The Tetley tea we serve also

comes from Rainforest Alliance-certified farms. Tetley is a member of

the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.



wetherspoon hotels



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**qoodfoodtalks** opening menus for everybody The spoken menu app for the visually impaired

57 in England, Ireland, Scotland and Wales Book direct for the best rates

Small plates Any 3 for £17.47	
8" pizzas on a freshly baked sourdough base.	
Margherita ♥ (555) 470 kcal Mozzarella, basil	6.74
Pepperoni <b>FF</b> 578 kcal Mozzarella, pepperoni	7.33
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	7.33
<b>BBQ chicken</b> 558 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	7.33
<b>Roasted vegetable </b> ♥ 515 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	7.33
<b>Vegan roasted vegetable</b> \$\oldsymbol{\pi}\$ \$\oldsymbol{\text{353}}\$ 353 kcal Mushroom, roasted pepper, courgette, onion, basil	7.33
Spicy meat feast PPP 618 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.91
11" garlic pizza bread 👽 772 kcal	6.98
Nachos <b>///</b> ♥ 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.54
Bowl of chips @ 964 kcal	4.74
Bowl of chips with curry sauce @ 1082 kcal	6.26
Cheesy chips ♥ 1256 kcal	6.03
<b>Loaded chips</b> 1218 kcal Cheese, maple-cured bacon, sour cream	6.82
With any of the small plates below, choose one dip:  Sweet chilli	
Halloumi-style fries ♥ \$555 396 kcal	6.93
Chicken bites 298 kcal Ten battered chicken breast pieces	6.88
<b>Southern-fried chicken strips</b> 459 kcal Five chicken breast strips	6.65
Chicken wings /// 804 kcal Ten spicy chicken wings	6.71
<b>Quorn™ nuggets Ø</b> \$331 kcal Eight coated pieces	6.26

#### Deli Deals INCLUDES A DRINK •

8" pizzas on a freshly baked sourdough base.

Choose any 8" pizza from the small plates section.

Cheddar cheese and tomato V 532 kcal

Wiltshire cured ham and Cheddar cheese 512 kcal

BBQ chicken, bacon and Cheddar cheese 572 kcal

#### Wraps

**Quorn**<sup>™</sup> **nuggets ②** 534 kcal. Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo // 639 kcal

Fried halloumi-style cheese and sweet chilli sauce // @ 738 kcal Tomato, cucumber

soft drink\*

9.40

each

alcoholic drink\*

11.16

each

**Chips** (602 kcal) Salad @ (87 kcal) Spicy rice @ (208 kcal) 1.44 each

#### Burgers INCLUDES A DRINK • Beef burgers made from 100% British beef.

alcoholic drink\*

13.19

each

each **6.49** 

each **1.97** 

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard soft drink\* alcoholic drink\* 9.17 10.93 Classic beef burger 676 kcal each each

Skinny beef burger 500 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American cheese burger 729 kcal soft drink\* 9.75 American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 11.51 American-style mustard

Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories below)

Double American burger 1137 kcal soft drink\* Red onion, gherkin, ketchup, American-style mustard 11.43 Double classic beef burger 1118 kcal each Iceberg lettuce, tomato, red onion

soft drink\* 12.02 Double American cheese burger 1206 kcal alcoholic drink\* 13.78 American-style cheese, red onion, gherkin, ketchup, American-style mustard

Just-a-burger

Iceberg lettuce, tomato, red onion

Served on its own, without chips or a drink.

American burger 366 kcal Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger / 459 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 174 kcal 2.14 Maple-cured bacon with American-style cheese 160 kcal 2.14 Cheddar cheese V 83 kcal 1.52 American-style cheese V 69 kcal 1.52 Maple-cured bacon 91 kcal 1.52 1.50 Crunchy chicken strip # 92 kcal

3oz beef patty 169 kcal Fried halloumi-style cheese 446 kgal Fried buttermilk chicken 473 kcal

#### Curries Includes A DRINK •

BEYOND MEAT patty @ 184 kcal

 ${\color{red}\textbf{Katsu curries}} \ \textbf{With a mild Japanese-style katsu curry sauce,}$ coconut-flavour rice, sliced chillies and coriander

soft drink\* Katsu chicken curry 826 kcal 12.48 Sliced whole breaded chicken breast fillet each Katsu grilled chicken curry 68 541 kcal alcoholic drink\* Sliced grilled chicken breast 14.24 Katsu Quorn<sup>™</sup> nugget curry @ 685 kcal each Eight coated pieces

Classic curries With basmati pilau rice,

plain naan and poppadums soft drink\* 13.59 Mangalorean roasted cauliflower & spinach curry // 🕢 🚳 867 kcal each alcoholic drink\* Chicken tikka masala // 1190 kcal 15.35 Chicken jalfrezi / 935 kcal each Beef Madras // 1043 kcal

Change your plain naan to a garlic naan (V) (add 58 kcal) 47p

#### Jacket potatoes INCLUDES A DRINK'

With salad and one filling. Extra fillings 1.30 each

soft drink\* Coleslaw V 578 kcal 10.56 Cheese V 531 kcal each Baked beans @ 501 kcal alcoholic drink\* Five-bean chilli / @ 58 688 431 kcal 12.32 Roasted vegetables @ 58 588 402 kcal

Served with chips, six onion rings (871 kcal, included in Calories below).

#### **Ultimate burger** 1661 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

#### Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1565 kcal Fried buttermilk chicken 1702 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce Chanse: Reef (two 3nz heef natties) 1644 kcal Fried buttermilk chicken 1780 kcal

Fiesta burger @ 1462 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, couraette, onion

Triple American cheese & bacon burger 1479 kcal soft drink\* 15.08 Three 3oz beef patties, American-style cheese. alcoholic drink\* 16.84 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Served with a small portion of chips alcoholic drink\* soft drink\* (329 kcal, included in the Calories below). 9.17 10.93

Crunchy chicken strip burger 787 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1254 kcal Breaded whole chicken breast filler

**Meat-free burgers** Served with chips

(602 kcal, included in Calories below) Beyond Burger<sup>™</sup> @ 834 kcal

BEYOND MEAT plant-based patty

alcoholic drink\* soft drink\* 11.43 13.19

soft drink\*

11.43

alcoholic drink\*

soft drink\*

14.58

alcoholic drink

16.34

each

soft drink\*

12.42

each

alcoholic drink\*

14.18

13.19

soft drink\*

13.64

each

alcoholic drink

15.40

each

Fried halloumi-style cheese burger // W 1128 kcal

#### Chicken Includes A DRINK

Char-grilled half chicken

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

Lemon and herb ♥ Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip

Choose: Spicy rice 1099 kcal; Chips 1173 kcal; Side salad 978 kcal Mediterranean salad 1089 kcal

Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dir Choose: Spicy rice 1069 kcal; Chips 1463 kcal; Side salad 948 kcal

Mediterranean salad 1058 kcal Chicken baskets

#### Boneless basket 🍠

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice 3 739 kcal; Chips 1133 kcal; Side salad 618 kcal

Southern-fried chicken strips basket 🅖 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn™ 'no chicken' nuggets basket **//** ∨ Eight coated pieces, coleslaw, sweet chilli sauce Choose: Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

#### Salads and pastas includes a drink • • •

soft drink\* alcoholic drink Chicken & maple-cured bacon salad 13.07 14.83 Chicken breast 53 (1905) 279 kcal Southern-fried chicken breast strips 6500 461 kcal 11.95 13.71 Mediterranean salad @ 58 555 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables @ (135 kcal) 1.53 Pasta alfredo V 618 kcal 12.51 14.27 Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52

## Small pub classics INCLUDES A DRINK:

British beef & pancetta lasagne

Choose-

Side salad 780 kcal

Chips 1295 kcal

Fish and chips Small freshly battered cod and chips 🥏 13.36 11.60 Peas 680 kcal or mushy peas 739 kcal Small Whitby breaded scampi 11.60 13.36 Chips, peas 658 kcal or mushy peas 718 kcal. Four Whitby breaded scampi

13.07

10.65

13.46

13.46

15.22

15.22

12.41

soft drink\* alcoholic drink\*

14.83

Add: Two slices of bread (383 kcal) 1.34 Chip shop-style curry sauce @ (118 kcal) 1.46

12.12 Small Wiltshire cured ham, 10.36 egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg Small all-day brunch 666 kcal 10.65 12.41 Sausage, bacon, fried egg, baked beans, chips

#### Pub classics Includes a Drink',

Small vegetarian all-day brunch ♥ 680 kcal

Two Quorn sausages, fried egg, baked beans, chips

All-day brunch 1213 kcal

Two sausages, bacon, two fried eggs, baked beans, chips

Three Quorn sausages, two fried eggs, baked beans, chips

Add: Two slices of black pudding (355 kcal) 1.51

Vegetarian all-day brunch 1126 kcal

Fish and chips	SUIT UI IIIK	atconotic arink
Freshly battered cod and chips Peas 1239 kcal or mushy peas 1298 kcal	13.84	15.60
Whitby breaded scampi Chips, peas 1195 kcal or mushy peas 1255 kcal. Eight Whitby breaded scampi	13.84	15.60
Add: Two slices of bread ♥ (383 kcal) 1.34		
Chip shop-style curry sauce @ (118 kcal) 1.46		
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	11.49	13.25
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	11.49	13.25
<b>Vegan sausages, chips and beans  ②</b> 1013 kcal Three Quorn sausages	11.49	13.25
Five-bean chilli <b>/</b> ⊘ ⊗ 590 kcal Rice, tortilla chips	12.07	13.83

## 11" pizzas includes a drink •

On a freshly baked sourdough base. soft drink\* alcoholic drink\* 14.18 12.42 Margherita V 939 kcal. Mozzarella, basil Pepperoni / 1157 kcal. Mozzarella, pepperoni

soft drink\*

each

Ham and mushroom 1012 kcal Mozzarella, ham, mushroom, rocket

13.59 BBQ chicken 1103 kcal each Mozzarella, BBQ sauce, chicken breast, red onion, rocket alcoholic drink\* 15.35 Roasted vegetable V 1029 kcal

Mozzarella, mushroom, roasted pepper, courgette, onion, basil Vegan roasted vegetable @ 50 705 kcal Mushroom, roasted pepper, courgette, onion, basil

16.53 Spicy meat feast **FFF** 1220 kcal 14.77 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

**Additional toppings** Red onion 10 kcal; Sliced chillies Mushroom @ 6 kcal each 88p

Garlic & herb dip ○ 180 kcal: Mozzarella ○ 150 kcal: Ham 71 kcal each **1.15** Chicken breast 94 kcal; Maple-cured bacon 91 kcal

each **1.53** Pepperoni **//** 109 kcal; **Roasted vegetables 135** kcal

#### Sides and extras

Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (8 kcal) 34p) 4.74 2.87 Small bowl of chips @ 602 kcal Five chicken wings **FF** 402 kcal 3.34 4.99 Eight Whitby breaded scampi 527 kcal Peas 130 kcal 94p Mushy peas V 248 kcal 94p Side salad @ 87 kcal 2.29 Mediterranean side salad @ 198 kcal 3.22 1.53 Roasted vegetables @ 135 kcal 1.40 Coleslaw 399 kcal a88 Sliced chillies FFFF @ 3 kcal Onion rings 🕖 Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** 8" 386 kcal 5.80 11" 772 kcal 6.98 Garlic pizza bread 💟 With cheese V 8" 461 kcal 6.38 **11**" 922 kcal **7.85** 

#### **Desserts**

Vanilla ice cream

2.33 Vanilla ice cream (V) (SSS) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce 2.33 Cookie crunch (V) (500) 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 655 435 kcal 3.50 Relgian chocolate sauce vanilla ice cream Mini warm cookie dough sandwich V 655 435 kcal 3.50 Salted caramel filling, toffee sauce, vanilla ice cream 5.40 Fresh fruit V 58 500 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream 6.14 Warm chocolate fudge cake **2** 913 kcal. Vanilla ice cream Warm chocolate brownie V 736 kcal 6.14 Relgian chocolate sauce vanilla ice cream 6.14 Warm cookie dough sandwich V 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream 6.44 British Bramley apple crumble **3**0 kcal

Add: Vanilla ice cream scoop (135 kcal) 94p; Toffee sauce (74 kcal) 42p Belgian chocolate sauce (V) (61 kcal) 42p; Banana (a) (101 kcal) 62p Strawberries (a) (14 kcal) 62p; Blueberries (a) (17 kcal) 62p

Adults need around 2000 kcal a day.§