# BREAKFAST Served 8am - 12 noon

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<b>Large breakfast</b> 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	7.94
<b>Traditional breakfast</b> 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	6.31
Small breakfast 6550 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	5.41
Slice of toast ♥ 191 kcal 1.13	
Large vegetarian breakfast ♥ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.94
<b>Vegetarian breakfast </b> ♥ 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.31
Small vegetarian breakfast ♥ 555 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	5.41
<b>Vegan breakfast</b>	5.91
<b>Freedom breakfast</b> 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.41
<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.44
Mushroom Benedict ♥ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.44
<b>Two slices of toast with jam or marmalade </b> 496 kcal White bloomer bread	2.58
Fresh fruit    8	3.73
Porridge V 3 355 252 kcal (plain)  Add: Banana Ø (101 kcal) 62p  Strawberries Ø (14 kcal) 62p	2.07

# TEA, COFFEE AND HOT CHOCOLATE



Blueberries (a) (17 kcal) 62p Honey (91 kcal) **34p** 

TEA, COFFEE AND **HOT CHOCOLATE** 

- ALL DAY EVERY DAY -

£1.56 each





The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms.

The Tetley tea we serve also comes from Rainforest Alliance-certified farms. Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

Espresso 6 kcal Black coffee @ 6 kcal White coffee 24 kcal (Oat milk available @ 4 kcal) Hot chocolate V 169 kcal

Flat white **9**2 kcal Cappuccino V 102 kcal

Latte V 113 kcal

Mocha V 147 kcal

with semi-skimmed milk **V** 14 kcal (Oat milk available **a** 4 kcal) Decaffeinated tea and coffee available.

#### **Biscuits**

Walkers shortbread V 151 kcal 71p

Stem ginger biscuit **123** kcal **71**p Belgian chocolate

biscuit V 129 kcal 71p Salted caramel

brownie bar V 316 kcal 1.64

## BREAKFAST MUFFIN DEAL

Includes tea, coffee or hot chocolate. Free refills

Egg & cheese muffin V 500 249 kcal 4.43 Fried egg, American-style cheese, in an English muffin Egg & bacon muffin 500 298 kcal 4.89 Fried egg, bacon, American-style cheese, in an English muffin

Egg & sausage muffin 600 417 kcal 4.89 Fried egg, sausage, American-style cheese, in an English muffin

Egg & Quorn<sup>™</sup> sausage muffin **V** 5364 kcal 4.89 Fried egg, Quorn sausage, American-style cheese, in an English muffin

**Breakfast muffin** 466 kcal 5.11 Fried egg, sausage, bacon, American-style cheese, in an English muffin

Smashed avocado muffin @ 58 588 244 kcal Guacamole, pico di gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52 Poached egg (63 kcal) 93p

Add: Two hash browns @ (164 kcal) 92p



# Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

5.11

#### **BREAKFAST EXTRAS**

Add any of the following:

Sausage 168 kcal	1.05
<b>Quorn</b> <sup>™</sup> <b>sausage ②</b> 116 kcal	1.05
Baked beans @ 126 kcal	93p
Two rashers of back bacon 99 kcal	1.57
Fried egg ♥ 56 kcal	93p
Poached egg ♥ 63 kcal	93p
Two hash browns @ 164 kcal	92p
Two mushrooms @ 91 kcal	93p
Two grilled tomato halves @ 16 kcal	52p
Slice of toast ♥ 191 kcal	1.13

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens
- · See full lists of ingredients.
- · Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS



Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

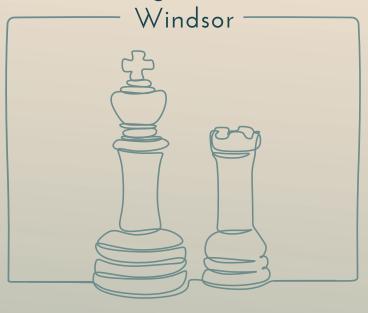
#### All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusion's apply. Statement of daily calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spritzes, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned soft drinks, except Monster. native may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml)

for the facts drinkaware.co.uk

windsor jdwetherspoon.com 🗏

Breakfast 8am - 12 noon Main menu 11.30am – 11pm

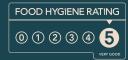
# The King and Castle



This former long-standing chemist's became a pub in 1967. From 1992, it was called the Olde King and Castle. The 'King' refers to the bust of Edward VII above the entrance to the adjacent passageway, where there is an engraving of Windsor Castle.



**INCLUDES A DRINK** • Choose from over 150 drinks

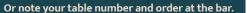


Food hygiene rating hygiene rating of 5 in



How to order from your table

Download the Wetherspoon app or scan this OR code.





Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.

Wiltshire cured ham and Cheddar cheese 512 kcal BBQ chicken, bacon and Cheddar cheese 572 kcal

alcoholic drink\* 9.11 each

each

Southern-fried chicken and smoky chipotle mayo **FFF** 639 kcal

Wraps

Fried halloumi-style cheese and sweet chilli sauce // @ 738 kcal Tomato cucumber

## SALADS, PASTA AND NOODLES INCLUDES A DRINK •

soft drink\* alcoholic drink\*

Ramen noodle bowl / @ 530 836 kcal 12.36 Noodles, bean sprouts, shiitake mushroom. spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth

Add: Grilled chicken breast (94 kcal) 1.15 Poached egg (63 kcal) 93p

Chicken & maple-cured bacon salad 11.16 12.92 Choose: Grilled chicken breast 59 500 279 kcal Southern-fried chicken breast strips 461 kcal

Mediterranean salad @ 500 334 kcal 10.03 11.79 Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled chicken breast (187 kcal) 1.97

Grilled halloumi-style cheese 10.32 12.08 & roasted vegetable salad **(V)** 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing

Pasta alfredo M 618 kcal 10.60 12.36 Fusilli pasta, creamy pecorino & regato cheese sauce,

spinach, sun-dried tomato, basil, rocket

Add: Grilled chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52

# JACKET POTATOES INCLUDES A DRINK •

With salad and one filling. Extra fillings 1.30 each. soft drink\* Coleslaw V 578 kcal 8.52 Cheese V 531 kcal each Baked beans @ 501 kcal alcoholic drink 10.28 Five-bean chilli / @ 58 500 431 kcal

BURGERS INCLUDES A DRINK •



# 100% UK and Irish beef

Sourced from farms in the UK and Ireland. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).

American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard

alcoholic drink\* soft drink\* Classic beef burger 676 kcal 7.13 8.89 Iceberg lettuce, tomato, red onion

Skinny beef burger 500 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American cheese burger 729 kcal soft drink\* 7.70 American-style cheese, red onion, gherkin, alcoholic drink\* 9.46 ketchup, American-style mustard

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).

Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard

soft drink\* alcoholic drink\* 9.36 11.12 each each Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion

**Double American cheese burger** 1206 kcal soft drink\* 9.95 American-style cheese, red onion, gherkin, ketchup, alcoholic drink\* 11.71 American-style mustard

**Meat-free burgers** 

Served with chips (602 kcal, included in Calories below).

Breaded vegetable burger **1**038 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese

BEYOND MEAT plant-based patty

**Chicken burgers** 

Served with a small portion of chips (329 kcal, included in the Calories below).

**Crunchy chicken strip burger ₱** 787 kcal soft drink\* 7.13 Two southern-fried chicken strips alcoholic drink\* 8.89 iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1254 kcal soft drink\* 9.36 Breaded whole chicken breast fillet alcoholic drink\* 11.12

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

**Ultimate burger** 1661 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

11.55 each alcoholic drink\*

13.31

each

soft drink\*

soft drink\*

9.36

each

alcoholic drink\*

11.12

**BBQ** burger Maple-cured bacon, Cheddar cheese, BBQ sauce **Choose: Beef** (two 3oz beef patties) 1644 kcal Fried buttermilk chicken 1780 kcal

> soft drink\* 12.99 alcoholic drink\* 14.75

& bacon burger 1479 kcal Three 3oz beef patties. American-style cheese. maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

**Additional toppings** 

**Triple American cheese** 

Maple-cured bacon with Cheddar cheese 174 kcal 2.14 Maple-cured bacon with American-style cheese 160 kcal 2.14 Cheddar cheese **(V** 83 kcal 1.52 American-style cheese **(V)** 69 kcal 1.52 Maple-cured bacon 91 kcal 1.52

## CHICKEN BASKETS INCLUDES A DRINK 1

soft drink\*

10.23

each

alcoholic drink\*

11.99

each

15.15

15.15

13.39

Chicken wing basket /// Eight wings, coleslaw, Naga chilli dip

Choose: Spicy rice 1120 kcal; Chips 1515 kcal Side salad 999 kcal

Boneless basket 🍠 Three southern-fried chicken strips, five chicken breast bites,

coleslaw. BBO sauce Choose: Spicy rice 849 kcal; Chips 1243 kcal Side salad 720 kcal

Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Spicy rice 5 739 kcal; Chips 1133 kcal; Side salad 618 kcal

Southern-fried chicken strips basket /

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

## STEAKS AND GRILLS INCLUDES A DRINK

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak Choose: Jacket potato 741 kcal soft drink\* alcoholic drink\* Mashed potato 745 kcal; Chips 1061 kcal 12.76 14.52 Mediterranean salad 657 kcal: Side salad 546 kcal **Gourmet 8oz sirloin steak** With peas, tomato, mushroom soft drink\* alcoholic drink\* three onion rings and a steak sauce. 15.06 16.82 Choose: Jacket potato 993 kcal Mashed potato 997 kcal; Chips 1314 kcal

Mediterranean salad 909 kcal; Side salad 798 kcal Add your choice of steak sauce: **Creamy peppercorn sauce** (74 kcal) Jack Daniel's<sup>®</sup> Tennessee Honey glaze **♥** (87 kcal) **1.82** each

Below meals are served with peas, tomato and mushroom. soft drink\* alcoholic drink\* 10oz gammon and eggs 13.39

Choose: Jacket potato 2 819 kcal; Chips 1140 kcal Mediterranean salad 735 kcal; Side salad 625 kcal

Gammon, pork loin, rump, lamb, sausage Choose: Jacket potato 1192 kcal; Chips 1513 kcal Mediterranean salad 1108 kcal; Side salad 997 kcal

Steak Club®

soft drink\* alcoholic drin **Tuesday 11.30am - 11pm** 11.42 13.18 Featuring classic 8oz sirloin.

## CURRIES INCLUDES A DRINK •

**Katsu curries** 

With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 826 kcal soft drink\* alcoholic drink\* Sliced whole breaded chicken breast fillet 10.29 12.05 Katsu grilled chicken curry 541 kcal each each Sliced grilled chicken breast

Classic curries With basmati pilau rice, plain naan and poppadums.

Chicken tikka masala // 1190 kcal soft drink\* alcoholic drink\* Mangalorean roasted cauliflower 11.38 13.14 & spinach curry **//** @ \$867 kcal each each

 ${f Currv}\,{f Club}^{\hbox{\tiny {f B}}}$ Thursday 11.30am - 11pm Featuring the katsu curry range

alcoholic drin soft drink\* 9.67 11.43

# SIDES AND EXTRAS

Bowl of chips @ 964 k	cal			4.50
Side salad @ 87 kcal				2.29
Mediterranean side salad <b>1</b> 98 kcal			3.22	
Onion rings @	Six 269 kcal	2.33	Twelve 538 kcal	3.50
Garlic pizza bread 🗸	<b>8"</b> 386 kcal	4.89	<b>11"</b> 772 kcal	6.03
With cheese 🛭	<b>8"</b> 461 kcal	5.47	<b>11"</b> 922 kcal	6.89

11" PIZZAS INCLUDES A DRINK	-18	
On a freshly baked sourdough base.	soft drink	* alcoholic drink*
Margherita 👽 939 kcal. Mozzarella, basil	10.23	11.99
Pepperoni // 1157 kcal Mozzarella, pepperoni		
<b>Ham and mushroom</b> 1012 kcal Mozzarella, ham, mushroom, rocket	soft drink*  11.38 each	alcoholic drink*  13.14  each
<b>BBQ chicken</b> 1103 kcal Mozzarella, BBQ sauce, chicken breast, red onion,	rocket	
Spicy meat feast /// 1220 kcal Mozzarella, ham, pepperoni, chicken breast, sliced	<b>12.54</b> d chillies, rocke	
Additional toppings		
Red onion @ 10 kcal; Sliced chillies FFFF @ 3 Mushroom @ 6 kcal	3 kcal	each <b>88p</b>
Mozzarella ♥ 150 kcal; Ham 71 kcal Chicken breast 94 kcal; Maple-cured bacon 91 kc	cal	each <b>1.15</b>
Pepperoni // 109 kcal		1.53

Freshly battered cod and chips  Peas 1239 kcal or mushy peas 1298 kcal	soft drink* 11.62	alcoholic drink <sup>*</sup> 13.38
<b>Steak &amp; kidney pudding</b> 1223 kcal Chips, peas, onion & red wine gravy	9.89	11.65
<b>Wiltshire cured ham, eggs and chips</b> 856 kcal Two slices of Wiltshire cured ham, two fried eggs	9.31	11.07
<b>Sausages, chips and beans</b> 1170 kcal Three Lincolnshire sausages	9.31	11.07
Five-bean chilli	9.89	11.65
Add: Two slices of bread (383 kcal) 1.34 Chip shop-style curry sauce (118 kcal) 1.46	• • • • • • • • • • • • • • • • • • • •	

Afternoon deal Mon - Fri, 2pm - 5pm Choose from the above pub classic meals

oft drink\* alcoholic drink 8.85 10.61

#### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.

#### **DESSERTS**

Vanilla ice cream ♥ (555) 338 kcal Two scoops, toffee sauce, Belgian chocolate sauce	2.07
<b>Cookie crunch (V)</b> 365 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	2.07
Mini warm chocolate brownie ♥ 5555 435 kcal Belgian chocolate sauce, vanilla ice cream	3.22
Mini warm cookie dough sandwich 👽 📆 435 kcal Salted caramel filling, toffee sauce, vanilla ice cream	3.22
Fresh fruit (V) (38) (367) 447 kcal Apple, banana, blueberries, strawberries, vanilla ice cream	5.06
Warm chocolate fudge cake V 913 kcal. Vanilla ice cream	5.80
<b>Warm chocolate brownie </b> ♥ 736 kcal Belgian chocolate sauce, vanilla ice cream	5.80
Warm cookie dough sandwich ♥ 735 kcal Salted caramel filling, toffee sauce, vanilla ice cream	5.80
<b>British Bramley apple crumble ♥</b> 830 kcal Vanilla ice cream	6.10

Add: Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce ♥ (61 kcal) 42p; Toffee sauce ♥ (74 kcal) 42p Banana (101 kcal) 62p; Strawberries (14 kcal) 62p Blueberries (a) (17 kcal) 62p

Adults need around 2000 kcal a day.5