#### Desserts NEW Giant profiterole W (\$33 kcal Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry NEW Salted caramel sticky toffee pudding @ 877 kcal 4.99 Vanilla ice cream NEW Millionaire's shortbread V 609 kcal 2.17 Two vanilla ice cream scoops, shortbread biscuit. Belgian chocolate sauce, toffee sauce Vanilla ice cream V 555 334 kcal 1.82 Two scoops, toffee sauce, Belgian chocolate sauce Cookie crunch V 555 364 kcal 1.82 Two vanilla ice cream scoops, chocolate cookie. Belgian chocolate sauce Mini warm chocolate brownie V 6505 435 kcal 2.98 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich V 600 431 kcal 2.98 Salted caramel filling, toffee sauce, vanilla ice cream Fresh fruit V 5% 500 470 kcal 4.56 Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal 5.33 Vanilla ice cream Warm chocolate brownie V 736 kcal 5.33 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.33 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble **©** 673 kcal 5.62 Vanilla ice cream

Add: Vanilla ice cream scoop (135 kcal) 94p; Toffee sauce (66 kcal) 42p Belgian chocolate sauce (61 kcal) 42p; Banana (110 kcal) 62p Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits. • List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% fat or less 500 Dish under 500 Calories Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

#### wetherspoonhotels Over 50 hotels in England, Ireland, Scotland and Wales

**Book direct** for the best rates

Scan to find out more.



# BREAKFAST

6.59

4.99

4.45

4.45

6.59

4.99

4.45

4.61

2.09

5.14

5.14

5.14

3.77

3.66

2.62

2.47

3.66

4.45

1.05

93p

93p

1.63

1.57

1.52

93p

52p

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses.

Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. Non-refundable advance purchase rates, available to book direct on our website,

Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

phone. Statement of daily Calorie needs from the Department of Health & Social Care. #Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine,

Hash brown @ 82 kcal

Vegan sausage @ 82 kcal

Baked beans @ 126 kcal

93p Poached egg V 63 kcal

Large breakfast 1343 kcal

two hash browns, slice of toast

Traditional breakfast 807 kcal

Small breakfast 655 435 kcal

Add: Black pudding (178 kcal) 75p

Freedom breakfast 586 kcal

mushroom, tomato, two slices of toast

mushroom, tomato, slice of toast

Vegan breakfast @ 642 kcal

tomato, slice of toast, vegan spread

Sliced apple (46 kcal) 62p

Eggs Benedict 725 kcal

Hollandaise sauce, rocket

Hollandaise sauce rocket

Hollandaise sauce, rocket

Buttered white bloomer toast

Add any of the following:

Black pudding 178 kcal

Slice of toast 225 kcal

Two scrambled eggs V 136 kcal

Two mushrooms @ 100 kcal

Two rashers of back bacon 131 kgal

Two grilled tomato halves @ 16 kcal

Four rashers of maple-cured bacon 91 kcal

Fried egg V 56 kcal

Fresh fruit @ 588 (588) 200 kcal

Apple, banana, blueberries, strawberries

**Breakfast extras** 

Lincolnshire sausage 168 kcal 1.05

White bloomer bread

Miner's Benedict 939 kcal

Porridge V 59 555 252 kcal (plain)

Mushroom Benedict V 638 kcal

Scrambled egg on toast V 570 kcal

Small beans on toast V 59 555 252 kcal

Three eggs, buttered white bloomer toast

Vegetarian breakfast V 786 kcal

Two fried eggs, bacon, two Lincolnshire sausages, baked beans,

Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown

Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato

Two fried eggs, three vegan sausages, baked beans, three hash browns,

Two fried eggs, two vegan sausages, baked beans, two hash browns,

Small vegetarian breakfast V 29 kcal

Fried egg, vegan sausage, baked beans, hash brown, tomato

Two vegan sausages, baked beans, two hash browns, mushroom,

Add: Banana (110 kcal) 62p; Strawberries (27 kcal) 62p

Two poached eggs, on an English muffin, with Wiltshire cured ham,

**Blueberries ⊘** (17 kcal) **62p**; **Honey ♥** (91 kcal) **34p** 

Two poached eggs, on an English muffin, with mushroom,

Two poached eggs, on an English muffin, with black pudding.

**Beans on toast V** 50 566 kcal. Buttered white bloomer toast

NEW Vegan option available with vegan spread @ 50 \$500 460 kcal

Two slices of toast with jam or marmalade **3** 524 kcal

NEW Fresh fruit and yoghurt (V 93) (555) 334 kcal

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

1.13

three hash browns, mushroom, two slices of toast

Fried egg, bacon, Lincolnshire sausage, baked beans,

Large vegetarian breakfast V 1129 kcal

#### **Breakfast butties and wraps** Bacon butty 574 kcal Three rashers of bacon, buttered white bloomer bread 3.88 Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread 3.88 Vegetarian sausage butty V 541 kcal Two vegan sausages, buttered white bloomer bread NEW Vegan option available with vegan spread @ 5% 500 435 kcal Breakfast wrap 724 kcal 4.36 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap ♥ 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese **Breakfast muffin deal** Includes tea, coffee or hot chocolate. Free refills' Egg & cheese muffin V 500 249 kcal 3.31 Fried egg, American-style cheese, in an English muffin 3.77 Egg & bacon muffin 500 314 kcal

Fried egg, bacon, American-style cheese, in an English muffin

Egg & vegetarian sausage muffin V 555 330 kcal

Fried egg, vegan sausage, American-style cheese, in an English muffin

Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin

Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin

Egg & sausage muffin (500) 417 kcal

Breakfast muffin (500) 482 kcal

Add: Hash brown @ (82 kcal) 46p

## -Tea, coffee and hot chocolate-

# FREE REFILLS

TEA, COFFEE AND **HOT CHOCOLATE** 

- ALL DAY EVERY DAY -







3.77

3.77

Flat white V 92 kcal Cappuccino V 102 kcal Latte 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal

White coffee 24 kcal Hot chocolate V 169 kcal with semi-skimmed milk V 14 kcal

Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available.

#### **Biscuits** Walkers shortbread

Belgian chocolate biscuit V 129 kcal

Stem ginger biscuit 71p 1.64 Salted caramel brownie bar V 316 kcal

> for the facts drinkaware.co.uk ♀ idwetherspoon.com ≥

SIMNOGRILL ≥

Main menu 11.30am - 11pm. Children's menu available.



## **Breakfast**

8am - 12 noon

**Traditional** breakfast £4.99

Tea. coffee and hot chocolate Free refills

£1.56

#### **Deli Deals** INCLUDES A DRINK •

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.66

£4.69

£6.22

alcoholic drink\*

## **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£6.04

£7.57

#### **Afternoon deals** INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips alcoholic drink\* soft drink\*

£6.67

£8.20

### **Curry Club**

INCLUDES A DRINK\* • **Thursday 11.30am - 11pm** 

Featuring the katsu curry range alcoholic drink\*

£8.49

£10.02

INCLUDES A DRINK • Choose from over 150 drinks



### Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



- **100**% -

#### **Food hygiene** We have been awarded

100% UK and

From farms in the UK

and Ireland, prime beef

steaks matured for 28

days. Traceable from

Irish beef

farm to fork.

the maximum food hygiene rating of 5 in our pub.



#### iustainable fish The cod and haddock we serve

Free-range eggs

100% of the eggs we use are

free range. All shell eggs are

quality mark and are RSPCA

certified with the British Lion

assured, ensuring the highest

standards of animal welfare.

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



### The freshly ground 100% Arabica

Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

#### **Award-winning** children's menu

Best children's meals (first place) Independently run 'secret diner' survey



#### **Sustainable Restaurant** Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.





Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§

**qoodfoodtalks** opening menus for everybody The spoken menu app for the visually impaired

### **Book direct** for the best rates

Small plates Any 3 for £14.93	
8" pizzas. Sourdough base - proved, stretched, topped and freshly baked to order.	
Margherita V 😘 467 kcal. Mozzarella, basil	6.04
Pepperoni // 575 kcal Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal Mozzarella, ham, mushroom, rocket	6.61
<b>BBQ chicken</b> 555 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.61
<b>Roasted vegetable </b> ♥ 514 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.61
Vegan roasted vegetable @ 555 355 kcal Mushroom, roasted pepper, courgette, onion, basil	6.61
Spicy meat feast /// 615 kcal Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.20
11" garlic pizza bread ♥ 772 kcal	5.57
Nachos /// № 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies Bowl of chips ② 964 kcal	5.81 4.23
Bowl of chips with curry sauce @ 1082 kcal	5.58
Cheesy chips ♥ 1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
With any of the small plates below, choose one dip:  Sweet chilli	l :al
Halloumi-style fries V 555 396 kcal	4.96
Chicken bites 322 kcal. Ten battered chicken breast pieces	6.09
<b>Southern-fried chicken strips</b> 459 kcal. Five chicken breast strips	6.20
Chicken wings  813 kcal. Ten spicy chicken wings	6.75
<b>Quorn™ nuggets @</b> \$331 kcal. Eight coated pieces	5.19

#### Deli Deals INCLUDES A DRINK

All company and manifesta and free delegance de tax and as

All wraps and paninis are treshly made to order.	
10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal	
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap,
Small vegetarian brunch wrap ♥ 545 kcal Fried egg, two vegan sausages, Cheddar cheese	without a drink 3.66 each
Small shawarma chicken FFF 502 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink* <b>4.69</b>
Small Quorn <sup>™</sup> nuggets @ 5555 310 kcal	each
Salad leaves, tomato, cucumber, salsa	alcoholic drink*
Small southern-fried chicken 7 399 kcal Salad leaves, smoky chipotle mayo	<b>6.22</b> each
	each

#### 12" wraps

#### NEW Shawarma chicken 777 719 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn<sup>™</sup> nuggets @ 508 kcal. Tomato, cucumber, salsa

Southern-fried chicken 💴 609 kcal	
Salad leaves, smoky chipotle mayo	soft drink*
Fried halloumi-style cheese // 0707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	<b>6.27</b> each
Paninis	alcoholic drin
Cheddar cheese and tomato 👽 527 kcal	each

Cheddar cheese and tomato \$\infty\$ 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.

Add: Side salad (91 kcal); Spicy rice (208 kcal) **Chips** (602 kcal) **1.44** each

Adults need around 2000 kcal a day.§

#### Burgers includes a drink

rder. Traceable from farm to fork.

Beef burgers made with 100% British b		y cooked to			
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).			
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	gherkin, ketchup, American-style mustard				
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion	soft drink* alcoholic drink* 6.04 each each				
<b>Skinny beef burger</b> 375 kcal lceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips				
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 6.61 alcoholic drink* 8.14				
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories	below).	• • • • • • • • • • • • • • • • • • • •			
<b>Double American burger</b> 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*			
<b>Double classic beef burger</b> 1119 kcal lceberg lettuce, tomato, red onion	8.30 each	<b>9.83</b> each			
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 8.88 dic drink* 10.41			
Chieles houses					

<b>~</b> •		raoi	

Served with a small portion of chips (329 kcal, included in	the Calories b	elow)
Crunchy chicken strip burger ₱ 776 kcal	soft drink*	6.04
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	${\it alcoholicdrink*}$	7.57
Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal	soft drink*	8.30

Breaded whole chicken breast fillet alcoholic drink\* 9.83 **Meat-free burgers** 

Served with chips (602 kcal, included in Calories below). ond Burger™ @ 10/3 kcal

🖊 🗸 1118 kcal. Sweet chilli sauce

Spicy meat feast // 1214 kcal

**Additional toppings** 

Garlic & herb dip @ 180 kcal

Mozzarella V 150 kcal

Chicken breast 94 kcal

Pepperoni **FF** 109 kcal

Maple-cured bacon 91 kcal

Roasted vegetables @ 90 kcal

Ham 71 kcal

Sliced chillies **FFFF** @ 3 kcal

Red onion 10 kcal

Mushroom @ 4 kcal

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Fried halloumi-style cheese burger	each	each
iceberg lettuce, garlic & herb sauce	8.30	9.83
BEYOND MEAT plant-based patty,	soft drink*	alcoholic drink*
Deyona Baryer 1043 Kcal		_

### 11" DIZZAS INCLUDES A DRINK ...

Sourdough base - proved, stretched,
topped and freshly baked to order.

soft drini  Margherita ♥ 934 kcal. Mozzarella, basil 9.25		¢	Peri-peri char-grilled half chicken Lemon and herb
Pepperoni // 1151 kcal Mozzarella, pepperoni			Char-grilled in a lemon & herb glaze Coleslaw, gartic & herb dip Choose:
<b>Ham and mushroom</b> 1011 kcal Mozzarella, ham, mushroom, rocket	soft drink* 10.43		Side salad 918 kcal; Mediterranean salad 1048 kcal Spicy rice 1059 kcal; Chips 1453 kcal
BBQ chicken 1097 kcal Mozzarella, BBQ sauce, chicken breast, red onion, rocket	each alcoholic drink*		Hot and spicy PPP Char-grilled in a Naga chilli & citrus glaze
Roasted vegetable ♥ 1028 kcal Mozzarella, mushroom, roasted pepper, courgette, onion, basil	<b>11.96</b> each		Coleslaw, Naga chilli dip Choose:
<b>Vegan roasted vegetable</b> @ \$2709 kcal Mushroom, roasted pepper, courgette, onion, basil			Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Chips 1423 kcal

11.60

13.13

each 88p

each **1.15** 

each **1.53** 

#### Chicken baskets

Po	nal	ess	hac	kot	ø
DU	neı	.ess	pas	κeι	,

**Gourmet burgers** 

Tennessee burger

**BBQ** burger

**Ultimate burger** 1656 kcal

Fried buttermilk chicken 1703 kcal

Fried buttermilk chicken 1780 kcal

Fiesta burger @ 1380 kcal

roasted pepper, courgette, onion

American-style mustard

Just-a-burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze

BEYOND MEAT plant-based patty, salsa, guacamole,

Choose: Beef (two 3oz beef patties) 1567 kcal

Maple-cured bacon, Cheddar cheese, BBQ sauce

Choose: Beef (two 3oz beef patties) 1644 kcal

Three 3oz beef patties, American-style cheese,

maple-cured bacon, red onion, gherkin, ketchup,

American burger 367 kcal

Cheddar cheese V 82 kcal

Maple-cured bacon 91 kcal

3oz beef patty 168 kcal

American-style cheese V 69 kcal

Crunchy chicken strip / 92 kcal

Fried buttermilk chicken 473 kcal

BEYOND MEAT patty @ 184 kcal

and finished on the char-grill.

Fried halloumi-style cheese V 298 kcal

Chicken includes a drink Chicken on the bone is marinated, slow cooked

Served on its own, without chips or a drink.

Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 447 kcal Two southern-fried chicken strips, iceberg lettuce, mayonnaise Additional toppings and burger patties Maple-cured bacon with Cheddar cheese 173 kcal

Served with chips, six onion rings (871 kcal, included in Calories below).

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.96

Maple-cured bacon with American-style cheese 160 kcal

soft drink\*

10.51

each

alcoholic drink\*

12.04

each

alcoholic drink\* 13.49

each **3.59** 

2.14

2.14

1.52

1.52

1.52

1.50

each **1.97** 

soft drink\*

11.42 each

alcoholic drink\*

each

soft drink\*

9.25

each

alcoholic drink\*

10.78

each

12.95

Three southern-fried chicken strips, five chicken breast bites, coleslaw BBO sauce

Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

#### Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket 🆊 Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal

Quorn™ 'no chicken' nuggets basket **// v** Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

#### Jacket potatoes includes a drink |

With side salad and one filling. Extra fillings 1.22 each

Coleslaw 👽 559 kcal		
Cheese ♥ 512 kcal		alcoholic drink*
Baked beans @ 🕸 ; 482 kcal	7.43 each	<b>8.96</b> each

Chilli bean non-carne / @ 53 (535) 442 kcal

Roasted vegetables @ 59 59 383 kcal

#### Small pub classics includes a drink of

Fish and chips	soft drink*	alcoholic drink
Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	8.44	9.97
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	8.44	9.97
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊚ (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips 355 kcal One slice of Wiltshire cured ham, fried egg	7.20	8.73
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	7.49	9.02
Small vegetarian all-day brunch ♥ 611 kcal Two vegan sausages, fried egg, baked beans, chips	7.49	9.02

### Afternoon deal

THE COLLEGE WORL	
Mon - Fri, 2pm - 5pm	
Choose from the above small pub classic meals.	

oft drink* alcoholic drink* 6.67 8.20	
---------------------------------------	--

soft drink\* alcoholic drink\*

#### Pub classics includes a drink of

10.65	12.18
10.65	12.18
10.31	11.84
10.31	11.84
8.32	9.85
8.32	9.85
8.32	9.85
8.91	10.44
	10.65 10.31 10.31 8.32 8.32 8.32

#### Afternoon deal

Mon - Fri, 2pm - 5pm Choose from the above pub classic meals. soft drink\* alcoholic drink 7.84 9.37

#### INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry // @ 59 927 kcal

soft drink\* alcoholic drink\* Chicken tikka masala // 1190 kcal 10.43 each

11.96

alcoholic drink\*

10.84

each

Chicken jalfrezi PPP 93 935 kcal

Beef Madras //// 1043 kcal

Change your plain naan to a garlic naan (V) (add 92 kcal) 47p

Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76 Two plain poppadums @ (86 kcal) 47p

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander

Katsu grilled chicken curry 53 542 kcal Sliced chicken breast

Katsu Quorn<sup>™</sup> nugget curry **②** 686 kcal Eight coated pieces

9.31 each

soft drink\*

Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet

### Noodles, salads and pastas INCLUDES A DRINK

Ramen noodle bowl PP @ \$3 466 kcal Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth Add: Chicken breast (93 kcal) 1.15 Poached egg © (63 kcal) 93p	soft drink* <b>8.99</b>	alcoholic drink* 10.52
Chicken & maple-cured bacon salad Choose: Chicken breast (337) 283 kcal Southern-fried chicken breast strips (377) 465 kcal	10.03	11.56
Mediterranean salad @ 6333 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing Add: Roasted vegetables @ (90 kcal) 1.53 Chicken breast (187 kcal) 1.97	8.90	10.43
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket Add: Chicken breast (187 kcal) 1.97 Maple-cured bacon (91 kcal) 1.52	9.47	11.00
British beef & pancetta lasagne Choose: Side salad 761 kcal; Chips 1295 kcal	10.03	11.56

### Sides and extras

8" garlic pizza bread with cheese V 473 kcal

11" garlic pizza bread with cheese V 922 kcal

11" garlic pizza bread V 772 kcal

Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p)	4.23
Small bowl of chips @ 602 kcal	2.48
Five chicken wings FFF 407 kcal	3.34
NEW Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	4.99
Peas 133 kcal	94p
Mushy peas ♥ 248 kcal	94p
Side salad @ 91 kcal	2.29
Mediterranean side salad @ 198 kcal	3.22
Roasted vegetables 🥥 135 kcal	1.53
Coleslaw ♥ 399 kcal	1.40
Sliced chillies FFFF @ 3 kcal	88p
Six onion rings @ 269 kcal	2.33
Twelve onion rings @ 538 kcal	3.50
8" garlic pizza bread 🥨 386 kcal	4.40

4.98 5.57 6.44