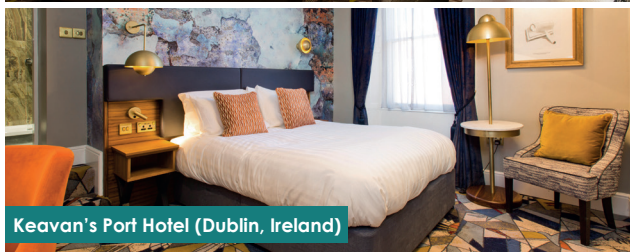


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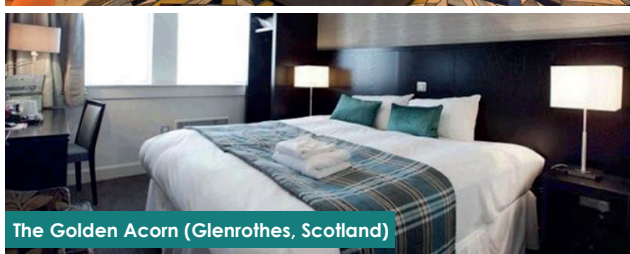
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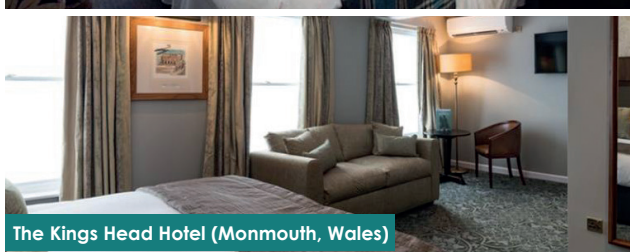
The Saxon Crown (Corby, England)



Keavan's Port Hotel (Dublin, Ireland)



The Golden Acorn (Glenrothes, Scotland)



The Kings Head Hotel (Monmouth, Wales)

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot 🔥🔥🔥🔥🔥 = Extremely hot

🌿 = Vegetarian 🌱 = Vegan ^{5%} = 5% fat or less ⁵⁰⁰ = Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. [MSC-C-56647 www.msc.org](http://www.msc.org)

Adults need around 2000 kcal a day.*

BREAKFAST

Served 8am - 12 noon

Large breakfast 1286 kcal Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Traditional breakfast 742 kcal Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast	4.99	Mushroom Benedict ⁵⁰⁰ 629 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	5.14
Small breakfast ⁵⁰⁰ 419 kcal Fried egg, bacon, sausage, baked beans, hash brown	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	5.14
Add: Two slices of black pudding (355 kcal) 1.51			
Large vegetarian breakfast ⁵⁰⁰ 1206 kcal Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59	Scrambled egg on toast ⁵⁰⁰ 570 kcal Three eggs, buttered white bloomer toast	3.77
Vegetarian breakfast ⁵⁰⁰ 816 kcal Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99	Beans on toast ⁵⁰⁰ 566 kcal Buttered white bloomer toast	3.66
Small vegetarian breakfast ⁵⁰⁰ 313 kcal Fried egg, Quorn sausage, baked beans, hash brown, tomato	4.45	Two slices of toast with jam or marmalade ⁵⁰⁰ 496 kcal White bloomer bread	2.47
Vegan breakfast ⁵⁰⁰ 786 kcal Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Fresh fruit ⁵⁰⁰ 177 kcal Apple, banana, blueberries, strawberries	3.66
Freedom breakfast 545 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Porridge ⁵⁰⁰ 252 kcal (plain) Add: Banana ⁵⁰⁰ (101 kcal) 62p Strawberries ⁵⁰⁰ (14 kcal) 62p Blueberries ⁵⁰⁰ (17 kcal) 62p Honey ⁵⁰⁰ (91 kcal) 34p	2.09

Breakfast extras

Add any of the following:

Two slices of black pudding 355 kcal	1.51	Two rashers of back bacon 99 kcal	1.57	Hash brown ⁵⁰⁰ 82 kcal	46p
Sausage 168 kcal	1.05	Two scrambled eggs ⁵⁰⁰ 136 kcal	1.63	Two mushrooms ⁵⁰⁰ 91 kcal	93p
Quorn™ sausage ⁵⁰⁰ 116 kcal	1.05	Fried egg ⁵⁰⁰ 56 kcal	93p	Two grilled tomato halves ⁵⁰⁰ 16 kcal	52p
Baked beans ⁵⁰⁰ 126 kcal	93p	Poached egg ⁵⁰⁰ 63 kcal	93p	Slice of toast ⁵⁰⁰ 191 kcal	1.13

Breakfast butties and wraps

Bacon butty 525 kcal. Three rashers of bacon, buttered white bloomer bread	3.88	Breakfast wrap 739 kcal Fried egg, bacon, sausage, hash brown, Cheddar cheese	4.36
Sausage butty 713 kcal. Two sausages, buttered white bloomer bread	3.88	Vegetarian breakfast wrap ⁵⁰⁰ 835 kcal Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	4.36
Quorn™ sausage butty ⁵⁰⁰ 609 kcal Two Quorn sausages, buttered white bloomer bread	3.88		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills ⁵⁰⁰

Egg & cheese muffin ⁵⁰⁰ 249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin ⁵⁰⁰ 298 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin ⁵⁰⁰ 417 kcal Fried egg, sausage, American-style cheese, in an English muffin	3.77
Egg & Quorn™ sausage muffin ⁵⁰⁰ 364 kcal Fried egg, Quorn sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin ⁵⁰⁰ 466 kcal Fried egg, sausage, bacon, American-style cheese, in an English muffin	4.01
Add: Hash brown ⁵⁰⁰ (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D. Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. *Statement of daily calorie needs from the Department of Health & Social Care. *Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spirits, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



£1.56 each

- Biscuits**
- Walkers shortbread ⁵⁰⁰ 151 kcal 71p
 - Stem ginger biscuit ⁵⁰⁰ 123 kcal 71p
 - Belgian chocolate biscuit ⁵⁰⁰ 129 kcal 71p
 - Salted caramel brownie bar ⁵⁰⁰ 316 kcal 1.64

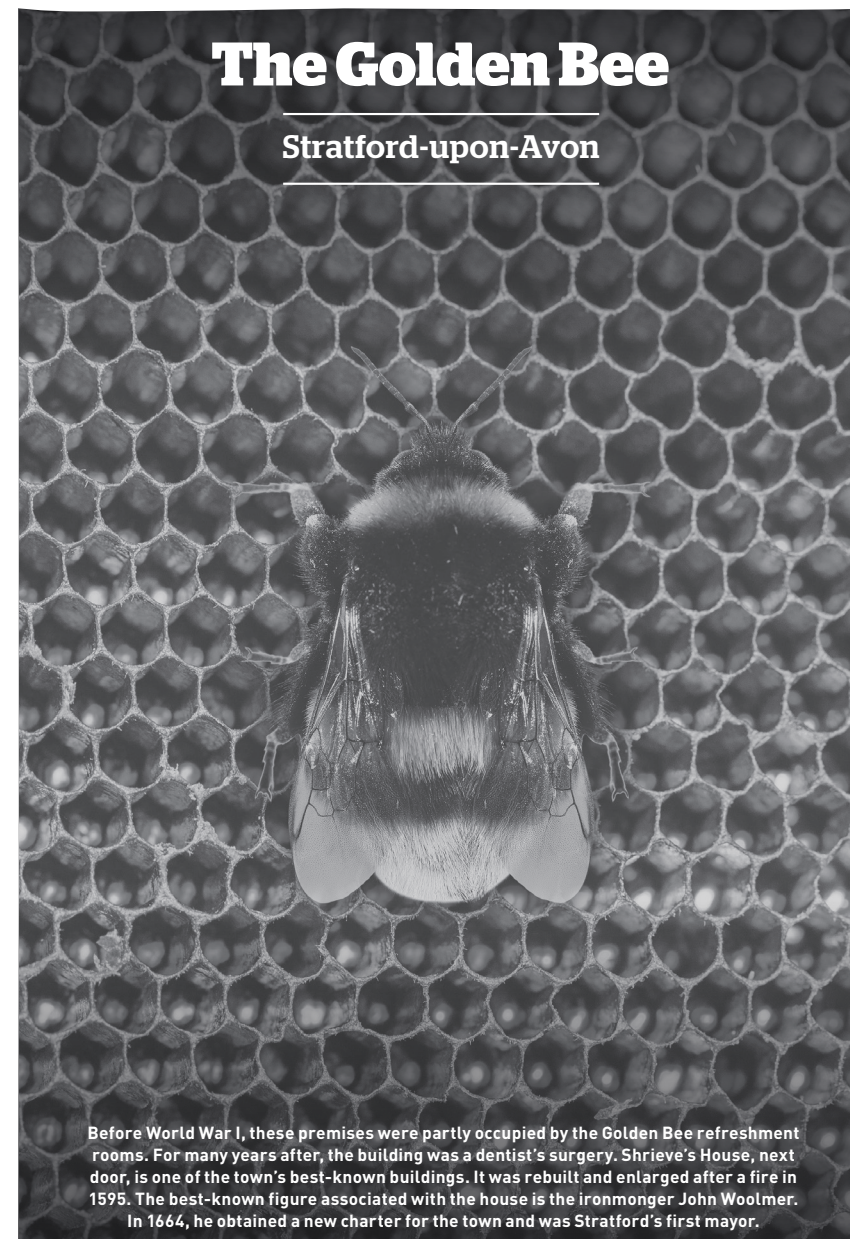
- Flat white ⁵⁰⁰ 92 kcal
- Cappuccino ⁵⁰⁰ 102 kcal
- Latte ⁵⁰⁰ 113 kcal
- Mocha ⁵⁰⁰ 147 kcal
- Espresso ⁵⁰⁰ 6 kcal
- Black coffee ⁵⁰⁰ 6 kcal
- White coffee ⁵⁰⁰ 24 kcal
(Oat milk available ⁵⁰⁰ 4 kcal)
- Hot chocolate ⁵⁰⁰ 169 kcal
- Tea ⁵⁰⁰ Tetley
with semi-skimmed milk ⁵⁰⁰ 14 kcal
(Oat milk available ⁵⁰⁰ 4 kcal)
- Decaffeinated tea and coffee available.

for the facts drinkaware.co.uk
jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.

INCLUDES A DRINK*
Choose from over 150 drinks



Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



100% UK and Irish beef
Sourced from farms in the UK and Ireland. Traceable from farm to fork.



Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills ⁵⁰⁰
£1.56 each

Burger meals
INCLUDES A DRINK ⁵⁰⁰
Featuring 3oz American burger soft drink* | alcoholic drink*
£7.20 | £8.96

Afternoon deals
INCLUDES A DRINK ⁵⁰⁰
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips soft drink* | alcoholic drink*
£7.85 | £9.61

Steak Club
INCLUDES A DRINK ⁵⁰⁰
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin soft drink* | alcoholic drink*
£11.42 | £13.18

Curry Club
INCLUDES A DRINK ⁵⁰⁰
Thursday 11.30am - 11pm
Featuring the katsu curry range soft drink* | alcoholic drink*
£9.67 | £11.43

How to order from your table



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



Coffee
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.
Tea
The Tetley tea we serve also comes from Rainforest Alliance-certified farms.
Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

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goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired



Small plates | Any 3 for £14.93

Nachos 🔪🔪🔪 🌱 592 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips 🌱 964 kcal	4.23
Bowl of chips with curry sauce 🌱 1082 kcal	5.58
Cheesy chips 🌱 1256 kcal	5.53
Loaded chips 1218 kcal Cheese, maple-cured bacon, sour cream	6.03

With any of the small plates below, choose one dip:

Sweet chilli 🔪🔪 🌱 48 kcal
Sticky soy 🌱 100 kcal
Naga chilli 🔪🔪🔪 🌱 136 kcal
Jack Daniel's® Tennessee Honey glaze 🌱 87 kcal
Chipotle mayo 🔪🔪🔪 🌱 150 kcal
Blue cheese 🌱 270 kcal

Halloumi-style fries 🌱 🌱 396 kcal	4.96
Chicken bites 🌱 298 kcal Ten battered chicken breast pieces	6.09
Southern-fried chicken strips 🔪 🌱 459 kcal Five chicken breast strips	6.09
Chicken wings 🔪🔪🔪 804 kcal Ten spicy chicken wings	6.75
Quorn™ nuggets 🌱 🌱 331 kcal Eight coated pieces	5.19

Deli Deals® INCLUDES A DRINK 🍷🍹

Paninis

Cheddar cheese and tomato 🌱 532 kcal

Wiltshire cured ham and Cheddar cheese 512 kcal

BBQ chicken, bacon and Cheddar cheese 572 kcal

Wraps

Quorn™ nuggets 🌱 534 kcal
Tomato, cucumber, salsa

Southern-fried chicken and smoky chipotle mayo 🔪🔪🔪 639 kcal

Fried halloumi-style cheese and sweet chilli sauce 🔪🔪 🌱 738 kcal
Tomato, cucumber

Add:
Chips 🌱 (602 kcal)
Salad 🌱 (87 kcal)
Spicy rice 🌱 (208 kcal) **1.44** each

Sides and extras

Bowl of chips 🌱 964 kcal (Add: Spicy seasoning 🌱 (8 kcal) 34p)	4.23
Small bowl of chips 🌱 602 kcal	2.48
Five chicken wings 🔪🔪🔪 402 kcal	3.34
Eight Whitby breaded scampi 527 kcal	4.99
Peas 🌱 130 kcal	94p
Mushy peas 🌱 248 kcal	94p
Side salad 🌱 87 kcal	2.29
Mediterranean side salad 🌱 198 kcal	3.22
Roasted vegetables 🌱 135 kcal	1.53
Coleslaw 🌱 399 kcal	1.40
Sliced chillies 🔪🔪🔪🔪 🌱 3 kcal	88p
Six onion rings 🌱 269 kcal	2.33
Twelve onion rings 🌱 538 kcal	3.50

Burgers INCLUDES A DRINK 🍷🍹 | Beef burgers made from 100% British beef.

Beef burgers One 3oz beef patty.
Served with a small portion of chips (329 kcal, included in Calories below).

American burger 695 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.20 each	alcoholic drink* 8.96 each
Classic beef burger 676 kcal Iceberg lettuce, tomato, red onion		
Skinny beef burger 🌱 369 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		

American cheese burger 729 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 7.78 alcoholic drink* 9.54
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Double beef burgers Two 3oz beef patties.
Served with chips (602 kcal, included in Calories below).

Double American burger 1137 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink* 9.46 each	alcoholic drink* 11.22 each
Double classic beef burger 1118 kcal Iceberg lettuce, tomato, red onion		

Double American cheese burger 1206 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 10.04 alcoholic drink* 11.80
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Just-a-burger

Served on its own, without chips or a drink. each **4.51**

American burger 🌱 366 kcal
Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger 🔪 🌱 459 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 174 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese 🌱 83 kcal	1.52
American-style cheese 🌱 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🔪 92 kcal	1.50

3oz beef patty 169 kcal	
Fried halloumi-style cheese 🌱 446 kcal	
Grilled chicken breast 187 kcal	each 1.97
Fried buttermilk chicken 473 kcal	
🌱 BEYOND MEAT patty 🌱 184 kcal	

Curries INCLUDES A DRINK 🍷🍹

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

Katsu chicken curry 826 kcal Sliced whole breaded chicken breast fillet	soft drink* 10.49 each
Katsu grilled chicken curry 🌱 541 kcal Sliced grilled chicken breast	alcoholic drink* 12.25 each
Katsu Quorn™ nugget curry 🌱 685 kcal Eight coated pieces	

Classic curries With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower & spinach curry 🔪 🌱 867 kcal	soft drink* 11.60 each
Chicken tikka masala 🔪 1190 kcal	alcoholic drink* 13.36 each
Chicken jalfrezi 🔪🔪 🌱 935 kcal	
Beef Madras 🔪🔪🔪 1043 kcal	

Change your plain naan to a garlic naan 🌱 (add 58 kcal) **47p**

Jacket potatoes INCLUDES A DRINK 🍷🍹

With salad and one filling. Extra fillings 1.30 each.

Coleslaw 🌱 578 kcal	soft drink* 8.60 each
Cheese 🌱 531 kcal	alcoholic drink* 10.36 each
Baked beans 🌱 🌱 501 kcal	
Five-bean chilli 🔪 🌱 🌱 431 kcal	
Roasted vegetables 🌱 🌱 402 kcal	

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1661 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
Choose: Beef (two 3oz beef patties) 1565 kcal
Grilled chicken breast 1416 kcal
Fried buttermilk chicken 1702 kcal

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1644 kcal
Grilled chicken breast 1495 kcal
Fried buttermilk chicken 1780 kcal

Fiesta burger 🌱 1462 kcal
🌱 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1479 kcal
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

Crunchy chicken strip burger 🔪 787 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1254 kcal
Breaded whole chicken breast fillet

Grilled chicken breast burger 969 kcal
Skinny chicken burger 🌱 🌱 388 kcal
Grilled chicken breast with salad, instead of chips

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Fried halloumi-style cheese burger 🔪 🌱 1128 kcal Sweet chilli sauce	soft drink* 9.46 each
Beyond Burger™ 🌱 834 kcal 🌱 BEYOND MEAT plant-based patty	alcoholic drink* 11.22 each

Salads and pastas INCLUDES A DRINK 🍷🍹

Burrito salad bowl 🌱 657 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies Add: Chicken breast (187 kcal) 1.97 Five-bean chilli 🔪 🌱 (119 kcal) 1.97	soft drink* 10.32	alcoholic drink* 12.08
Chicken & maple-cured bacon salad Choose: Grilled chicken breast 🌱 🌱 279 kcal Southern-fried chicken breast strips 🔪 🌱 461 kcal	11.16	12.92

Mediterranean salad 🌱 🌱 🌱 334 kcal
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing
Add:
Roasted vegetables 🌱 (135 kcal) **1.53**
Grilled chicken breast (187 kcal) **1.97**

Pasta alfredo 🌱 618 kcal
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket
Add:
Grilled chicken breast (187 kcal) **1.97**
Maple-cured bacon (91 kcal) **1.52**

British beef & pancetta lasagne
Choose:
Side salad 780 kcal
Chips 1295 kcal

Chicken baskets INCLUDES A DRINK 🍷🍹

Boneless basket

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose:
Spicy rice 849 kcal; Chips 1243 kcal; Side salad 720 kcal

Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose:
Spicy rice 🌱 739 kcal; Chips 1133 kcal; Side salad 618 kcal

Southern-fried chicken strips basket

Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze
Choose:
Spicy rice 888 kcal; Chips 1282 kcal; Side salad 767 kcal

Quorn™ 'no chicken' nuggets basket

Eight coated pieces, coleslaw, sweet chilli sauce
Choose:
Spicy rice 721 kcal; Chips 1115 kcal; Side salad 600 kcal

Small pub classics INCLUDES A DRINK 🍷🍹

Fish and chips
Small freshly battered cod and chips 🌱
Peas 680 kcal or mushy peas 739 kcal

Small Whitby breaded scampi
Chips, peas 658 kcal or mushy peas 718 kcal.
Four Whitby breaded scampi

Add: Two slices of bread 🌱 (383 kcal) **1.34**
Chip shop-style curry sauce 🌱 (118 kcal) **1.46**

Small Wiltshire cured ham, egg and chips 🌱 455 kcal
One slice of Wiltshire cured ham, fried egg

Small all-day brunch 666 kcal
Sausage, bacon, fried egg, baked beans, chips

Small vegetarian all-day brunch 🌱 680 kcal
Two Quorn sausages, fried egg, baked beans, chips

Afternoon deal

Mon - Fri, 2pm - 5pm
Choose from the above small pub classic meals.

Pub classics INCLUDES A DRINK 🍷🍹

Fish and chips
Freshly battered cod and chips 🌱
Peas 1239 kcal or mushy peas 1298 kcal

Whitby breaded scampi
Chips, peas 1195 kcal or mushy peas 1255 kcal.
Eight Whitby breaded scampi

Add: Two slices of bread 🌱 (383 kcal) **1.34**
Chip shop-style curry sauce 🌱 (118 kcal) **1.46**

Wiltshire cured ham, eggs and chips 856 kcal
Two slices of Wiltshire cured ham, two fried eggs

Sausages, chips and beans 1170 kcal
Three Lincolnshire sausages

Vegan sausages, chips and beans 🌱 1013 kcal
Three Quorn sausages

Five-bean chilli 🔪 🌱 🌱 590 kcal. Rice, tortilla chips

All-day brunch 1213 kcal
Two sausages, bacon, two fried eggs, baked beans, chips
Add: Two slices of black pudding (355 kcal) **1.51**

Vegetarian all-day brunch 🌱 1126 kcal
Three Quorn sausages, two fried eggs, baked beans, chips

Afternoon deal

Mon - Fri, 2pm - 5pm
Choose from the above pub classic meals.

Steaks and grills INCLUDES A DRINK 🍷🍹

Prime beef steaks from the UK and Ireland, matured for 21 days then seasoned with a steak-seasoning blend.

Classic 8oz sirloin steak
Choose:
Jacket potato 741 kcal; Chips 1061 kcal
Mediterranean salad 657 kcal; Side salad 546 kcal

Gourmet 8oz sirloin steak
With peas, tomato, mushroom, three onion rings and a steak sauce.
Choose:
Jacket potato 993 kcal; Chips 1314 kcal
Mediterranean salad 909 kcal; Side salad 798 kcal

Add your choice of steak sauce:
Creamy peppercorn sauce (74 kcal)
Jack Daniel's® Tennessee Honey glaze 🌱 (87 kcal) **1.82** each

Below meals are served with peas, tomato and mushroom.
BBQ chicken melt
Grilled chicken, Cheddar cheese, bacon, BBQ sauce
Choose:
Jacket potato 🌱 803 kcal; Chips 1123 kcal
Mediterranean salad 719 kcal; Side salad 608 kcal

Mixed grill
Gammon, pork loin, rump, lamb, sausage
Choose:
Jacket potato 1192 kcal; Chips 1513 kcal
Mediterranean salad 1108 kcal; Side salad 997 kcal

Large mixed grill
Gammon, pork loin, rump, lamb, two sausages, fried egg, six onion rings
Choose:
Jacket potato 1686 kcal; Chips 2006 kcal
Mediterranean salad 1602 kcal; Side salad 1491 kcal

Desserts

Vanilla ice cream 🌱 🌱 338 kcal
Two scoops, toffee sauce, Belgian chocolate sauce

Cookie crunch 🌱 🌱 365 kcal
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce

Mini warm chocolate brownie 🌱 🌱 435 kcal
Belgian chocolate sauce, vanilla ice cream

Mini warm cookie dough sandwich 🌱 🌱 435 kcal
Salted caramel filling, toffee sauce, vanilla ice cream

Fresh fruit 🌱 🌱 🌱 447 kcal
Apple, banana, blueberries, strawberries, vanilla ice cream

Warm chocolate fudge cake 🌱 913 kcal
Vanilla ice cream

Warm chocolate brownie 🌱 736 kcal
Belgian chocolate sauce, vanilla ice cream

Warm cookie dough sandwich 🌱 735 kcal
Salted caramel filling, toffee sauce, vanilla ice cream

British Bramley apple crumble 🌱 830 kcal
Vanilla ice cream

Add:

Vanilla ice cream scoop 🌱 (135 kcal) **94p**

Belgian chocolate sauce 🌱 (61 kcal) **42p**

Toffee sauce 🌱 (74 kcal) **42p**

Banana 🌱 (101 kcal) **62p**

Strawberries 🌱 (14 kcal) **62p**

Blueberries 🌱 (17 kcal) **62p**

Adults need around 2000 kcal a day.£