

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning 7 kcal) 34p	4.23
Small bowl of chips	602 kcal	2.48
Five chicken wings	407 kcal	3.34
NEW Five chicken breast bites	161 kcal	2.99
Eight Whitby breaded scampi	464 kcal	4.99
Grilled halloumi-style cheese	447 kcal	1.97
Peas	133 kcal	94p
Mushy peas	248 kcal	94p
Side salad	91 kcal	2.29
Mediterranean side salad	198 kcal	3.22
Roasted vegetables	135 kcal	1.53
Colestlaw	399 kcal	1.40
Sliced chillies	3 kcal	88p
Chicken gravy	50 kcal	94p
Onion rings	Six 269 kcal	2.33
	Twelve 538 kcal	3.50

Desserts

NEW Salted caramel sticky toffee pudding	4.99
Vanilla ice cream 877 kcal or custard 741 kcal	
NEW Millionaire's shortbread	409 kcal 2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream	334 kcal 1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch	364 kcal 1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie	435 kcal 2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich	431 kcal 2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes	412 kcal 3.54
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit	470 kcal 4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake	909 kcal 5.33
Vanilla ice cream	
Warm chocolate brownie	736 kcal 5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich	727 kcal 5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble	5.62
Vanilla ice cream 673 kcal or custard 537 kcal	
American-style pancakes	689 kcal 4.99
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p	
Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p	
Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	

BREAKFAST

Served
8am - 12 noon

Large breakfast	1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		
Small breakfast	435 kcal	4.45
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		
Add: Black pudding (178 kcal) 75p		
Freedom breakfast	586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
Large vegetarian breakfast	1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	291 kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	642 kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
American breakfast	1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		
Porridge	252 kcal (plain) 2.09	
Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p		
Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p		
Honey (91 kcal) 34p; Sliced apple (46 kcal) 62p		

Breakfast extras

Add any of the following:				
Black pudding	178 kcal	75p	Two rashers of back bacon	131 kcal 1.57
Lincolnshire sausage	168 kcal	1.05	Four rashers of maple-cured bacon	91 kcal 1.52
Vegan sausage	82 kcal	1.05	Two scrambled eggs	136 kcal 1.63
Slice of toast	225 kcal	1.13	Fried egg	56 kcal 93p
Hash brown	82 kcal	46p	Poached egg	63 kcal 93p

Breakfast butties and wraps

Bacon butty	574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty	714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread		
Vegetarian sausage butty	541 kcal	3.88
Two vegan sausages, buttered white bloomer bread		
NEW Vegan option available with vegan spread	435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*		
Egg & cheese muffin	249 kcal	3.31
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin		
Egg & vegetarian sausage muffin	330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin		
Breakfast muffin	482 kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	271 kcal	4.01
Guacamole, pico de gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg (63 kcal) 93p		
Grilled halloumi-style cheese (447 kcal) 1.97		
Add: Hash brown (82 kcal) 46p		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

NEW Fiesta brunch	659 kcal	3.88
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa		
Eggs Benedict	725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	638 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup	708 kcal	4.99
Four pancakes, maple-cured bacon, maple-flavour syrup	645 kcal	4.99
Four pancakes, maple-flavour syrup	554 kcal	4.30
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup	322 kcal	3.54
Two pancakes, maple-flavour syrup	277 kcal	3.25
Scrambled egg on toast	570 kcal	3.77
Three eggs, buttered white bloomer toast		
Beans on toast	566 kcal	3.66
Buttered white bloomer toast		
NEW Vegan option available with vegan spread	460 kcal	2.62
Small beans on toast	252 kcal	2.62
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	524 kcal	2.47
White bloomer bread		
Fresh fruit	200 kcal	3.66
Apple, banana, blueberries, strawberries		
NEW Fresh fruit and yoghurt	334 kcal	4.45
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt		

Breakfast wrap	724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese		

Tea, coffee and hot chocolate

FREE REFILLS*

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —





£1.56

each

Biscuits

Walkers shortbread 151 kcal 71p

Stem ginger biscuit 123 kcal 71p

Belgian chocolate biscuit 129 kcal 71p

Salted caramel brownie bar 316 kcal 1.64

for the facts
drinkaware.co.uk

jdwetherspoon.com

XSTD

FOOD

Main menu 11.30am - 11pm. Children's menu available.

The Bears Head

Penarth



This pub takes its name from the literal translation of Penarth ('arth' is 'bear', 'pen' is 'head'). Around 150 years ago, Penarth comprised a few whitewashed cottages and farmhouses, its population 105. After the 1865 opening of the dock and the railway's arrival, Penarth was never the same again. Much of the early planning in Penarth was the responsibility of Robert Forrest, who was in charge of the Glamorgan part of the Windsor estates - the owners of much of the land in Penarth.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



Book direct for the best rates*
at jdwetherspoon.com, on our app or by phone.



opening menus for everybody
The spoken menu app for the visually impaired

Small plates | Any 3 for £14.93

NEW Char-grilled halloumi-style cheese ✓ 514 kcal	4.96
Rocket, roasted pepper, courgette, onion, salsa	
Nachos 🔥🔥🔥 ✓ 695 kcal	5.81
Cheese, guacamole, salsa, sour cream, sliced chillies	
Bowl of chips 🌿 964 kcal	4.23
Bowl of chips with curry sauce 🌿 1082 kcal	5.58
Cheesy chips ✓ 1256 kcal	5.41
Loaded chips 1303 kcal	6.03
Cheese, maple-cured bacon, sour cream	
Tomato & basil soup ✓ 🔥500 374 kcal	4.23
White bloomer bread	
NEW Vegan option available with vegan spread 🌿 🔥500 285 kcal	

With any of the small plates below, choose one dip:

Sweet chilli 🔥🔥 🌿 37 kcal; Sticky soy ✓ 100 kcal; Naga chilli 🔥🔥🔥 🌿 136 kcal	
Jack Daniel's® Tennessee Honey glaze ✓ 87 kcal; Chipotle mayo 🔥🔥🔥 ✓ 150 kcal	
Blue cheese ✓ 270 kcal; BBQ sauce ✓ 83 kcal	
Halloumi-style fries ✓ 🔥500 396 kcal	4.96
Chicken bites 🔥🔥 322 kcal	6.09
Ten battered chicken breast pieces	
Southern-fried chicken strips 🔥 🔥500 459 kcal	6.09
Five chicken breast strips	
Chicken wings 🔥🔥🔥 813 kcal	6.75
Ten spicy chicken wings	
Quorn™ nuggets 🌿 🔥500 331 kcal	5.19
Eight coated pieces	

Deli Deals INCLUDES A DRINK 🍷🍹

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling.	
Small brunch wrap 559 kcal	
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	
Small vegetarian brunch wrap ✓ 545 kcal	just-a-wrap, without a drink 3.08 each
Fried egg, two vegan sausages, Cheddar cheese	
Small shawarma chicken 🔥🔥🔥 502 kcal	soft drink* 4.11 each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Small Quorn™ nuggets 🌿 🔥500 310 kcal	alcoholic drink* 5.64 each
Salad leaves, tomato, cucumber, salsa	
Small southern-fried chicken 🔥🔥🔥 🔥500 399 kcal	
Salad leaves, smoky chipotle mayo	
Small cold chicken breast 🔥🔥 🔥500 277 kcal	
Salad leaves, sweet chilli sauce	
Small fried halloumi-style cheese 🔥🔥 🔥500 391 kcal	
Salad leaves, sweet chilli sauce, tomato, cucumber	
Add:	
Small side salad 🌿 (46 kcal)	
Small portion of chips 🌿 (329 kcal)	each 1.03

12" wraps

NEW Shawarma chicken 🔥🔥🔥 719 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Quorn™ nuggets 🌿 🔥500 508 kcal	
Tomato, cucumber, salsa	
Southern-fried chicken 🔥🔥🔥 609 kcal	soft drink* 5.70 each
Salad leaves, smoky chipotle mayo	
Cold chicken breast 🔥🔥 🔥500 479 kcal	alcoholic drink* 7.23 each
Salad leaves, sweet chilli sauce	
Fried halloumi-style cheese 🔥🔥 ✓ 707 kcal	
Salad leaves, sweet chilli sauce, tomato, cucumber	

Paninis

Tuna mayo and Cheddar cheese 590 kcal	
Cheddar cheese and tomato ✓ 527 kcal	
Wiltshire cured ham and Cheddar cheese 508 kcal	
BBQ chicken, bacon and Cheddar cheese 586 kcal	
Add: Side salad 🌿 (91 kcal); Tomato & basil soup 🌿 (150 kcal)	
Spicy rice 🌿 (208 kcal); Chips 🌿 (602 kcal)	each 1.44

Adults need around 2000 kcal a day.⁹

Burgers INCLUDES A DRINK 🍷🍹

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	
American burger 696 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Classic beef burger 677 kcal	soft drink* 5.44 each
Iceberg lettuce, tomato, red onion	alcoholic drink* 6.97 each
Skinny beef burger 🔥500 375 kcal	
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	
American cheese burger 730 kcal	soft drink* 6.04
American-style cheese, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 7.57
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	
Double American burger 1138 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Double classic beef burger 1119 kcal	soft drink* 7.73 each
Iceberg lettuce, tomato, red onion	alcoholic drink* 9.26 each
Double American cheese burger 1207 kcal	soft drink* 8.30
American-style cheese, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 9.83

Chicken burgers Served with a small portion of chips (329 kcal, included in the Calories below).	
Crunchy chicken strip burger 🔥 776 kcal	soft drink* 5.44
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 6.97

Served with chips (602 kcal, included in Calories below).	
Fried buttermilk chicken burger 1255 kcal	
Breaded whole chicken breast fillet	
Char-grilled chicken breast burger 970 kcal	soft drink* 7.73 each
Skinny chicken burger 🔥 🔥500 394 kcal	alcoholic drink* 9.26 each
Char-grilled chicken breast, with a side salad, instead of chips	

Meat-free burgers Served with chips (602 kcal, included in Calories below).	
Beyond Burger™ 🌿 1043 kcal	
🌿 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	
Breaded vegetable burger ✓ 1039 kcal	soft drink* 7.73 each
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	alcoholic drink* 9.26 each
Fried halloumi-style cheese burger 🔥🔥 ✓ 1118 kcal. Sweet chilli sauce	
Just-a-burger Served on its own, without chips or a drink. each 3.36	
American burger 🔥500 367 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger 🔥 🔥500 447 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Curries INCLUDES A DRINK 🍷🍹

Classic curries With basmati pilau rice, plain naan and poppadums.	
Mangalorean roasted cauliflower & spinach curry 🔥🔥 🌿 🔥500 927 kcal	
Chicken tikka masala 🔥🔥 1190 kcal	soft drink* 9.84 each
Chicken jalfrezi 🔥🔥🔥 🔥500 935 kcal	alcoholic drink* 11.37 each
Beef Madras 🔥🔥🔥🔥 1043 kcal	
Change your plain naan to a garlic naan ✓ (add 92 kcal) 47p	

Simple curries With basmati pilau rice or chips.	
Simple Mangalorean roasted cauliflower & spinach curry 🔥🔥 🌿	
Choose: Basmati pilau rice 🔥500 568 kcal; Chips 970 kcal	
Simple chicken tikka masala 🔥🔥	soft drink* 7.62 each
Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal	alcoholic drink* 9.15 each
Simple chicken jalfrezi 🔥🔥🔥	
Choose: Basmati pilau rice 🔥500 575 kcal; Chips 977 kcal	
Simple beef Madras 🔥🔥🔥🔥	
Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal	
Add: One vegetable samosa and two onion bhajis 🔥🔥 🌿 (293 kcal) 1.76	
Two plain poppadums 🌿 (86 kcal) 47p	

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.	
Katsu grilled chicken curry 🔥 🔥500 542 kcal	
Sliced char-grilled chicken breast	
Katsu Quorn™ nugget curry 🌿 686 kcal	soft drink* 8.73 each
Eight coated pieces	alcoholic drink* 10.26 each
Katsu chicken curry 828 kcal	
Sliced whole breaded chicken breast fillet	

Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below).	
Ultimate burger 1656 kcal	
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (two 3oz beef patties) 1567 kcal	soft drink* 9.93 each
Char-grilled chicken breast 1417 kcal	alcoholic drink* 11.46 each
Fried buttermilk chicken 1703 kcal	

BBQ burger Maple-cured bacon, Cheddar cheese, BBQ sauce	
Choose: Beef (two 3oz beef patties) 1644 kcal	
Char-grilled chicken breast 1494 kcal	
Fried buttermilk chicken 1780 kcal	
Heatwave burger 🔥🔥🔥 Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing	
Choose: Char-grilled chicken breast 1722 kcal	
Fried buttermilk chicken 2007 kcal	
Fiesta burger 🌿 1380 kcal	
🌿 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	
Triple American cheese & bacon burger 1770 kcal	soft drink* 11.38
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 12.91

Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese ✓ 82 kcal	1.52
American-style cheese ✓ 69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🔥 92 kcal	1.50

3oz beef patty 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
Breaded vegetable patty ✓ 257 kcal	
Fried halloumi-style cheese ✓ 298 kcal	
🌿 BEYOND MEAT patty 🌿 184 kcal	

Chicken INCLUDES A DRINK 🍷🍹

Chicken on the bone is marinated, slow cooked and finished on the char-grill.	
Peri-peri char-grilled half chicken	
Lemon and herb 🔥 Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	soft drink* 10.83 each
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	alcoholic drink* 12.36 each
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	
Hot and spicy 🔥🔥🔥 Char-grilled in a Naga chilli & citrus glaze	
Coleslaw, Naga chilli dip	
Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	
Char-grilled half chicken, mash and gravy 818 kcal	
Lemon & herb chicken, peas, chicken gravy	

Chicken baskets	
Chicken wing basket 🔥🔥🔥 Eight wings, coleslaw, Naga chilli dip	
Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal	
Boneless basket 🔥	soft drink* 8.68 each
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	alcoholic drink* 10.21 each
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	
Chicken bites basket	
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice 🔥500 763 kcal; Chips 1157 kcal	
Southern-fried chicken strips basket 🔥	
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	
Quorn™ 'no chicken' nuggets basket 🔥🔥 ✓	
Eight coated pieces, coleslaw, sweet chilli sauce	
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	
Add: Chicken gravy (50 kcal) 94p	

Small pub classics INCLUDES A DRINK 🍷🍹

Fish and chips	soft drink* 7.84	alcoholic drink* 9.37
Small freshly battered cod and chips 🌿		
Peas 681 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi	7.84	9.37
Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi		
Add: Two slices of bread ✓ (404 kcal) 1.34		
Chip shop-style curry sauce 🌿 (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips 🔥500 455 kcal	6.61	8.14
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch 681 kcal	6.91	8.44
Lincolnshire sausage, bacon, fried egg, baked beans, chips		
Add: Black pudding (178 kcal) 75p		
Small vegetarian all-day brunch ✓ 611 kcal	6.91	8.44
Two vegan sausages, fried egg, baked beans, chips		

Afternoon deal Mon - Fri, 2pm - 5pm

Choose from the above small pub classic meals.

Pub classics INCLUDES A DRINK 🍷🍹

Fish and chips	soft drink* 10.08	alcoholic drink* 11.61
Freshly battered cod and chips 🌿		
Peas 1240 kcal or mushy peas 1298 kcal		
Whitby breaded scampi	10.08	11.61
Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi		
Add: Two slices of bread ✓ (404 kcal) 1.34		
Chip shop-style curry sauce 🌿 (118 kcal) 1.46		
All-day brunch 1245 kcal	9.72	11.25
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips		
Add: Black pudding (178 kcal) 75p		
Vegetarian all-day brunch ✓ 1023 kcal	9.72	11.25
Two fried eggs, three vegan sausages, baked beans, chips		
Steak & kidney pudding Peas, onion & red wine gravy	8.32	9.85
Choose: Mashed potato 963 kcal; Chips 1279 kcal		
Bangers and mash 894 kcal	8.32	9.85
Three Lincolnshire sausages, peas, onion & red wine gravy		
Vegetarian bangers and mash ✓ 635 kcal	8.32	9.85
Three vegan sausages, peas, onion & red wine gravy		
Wiltshire cured ham, eggs and chips 856 kcal	7.73	9.26
Two slices of Wiltshire cured ham, two fried eggs		
Sausages, chips and beans 1170 kcal	7.73	9.26
Three Lincolnshire sausages		
Vegan sausages, chips and beans 🌿 910 kcal	7.73	9.26
Three vegan sausages		
NEW Chilli bean non-carne 🔥 🌿 🔥500 635 kcal	8.32	9.85
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips		

All-day brunch 1245 kcal	9.72	11.25
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips		
Add: Black pudding (178 kcal) 75p		
Vegetarian all-day brunch ✓ 1023 kcal	9.72	11.25
Two fried eggs, three vegan sausages, baked beans, chips		
Steak & kidney pudding Peas, onion & red wine gravy	8.32	9.85
Choose: Mashed potato 963 kcal; Chips 1279 kcal		
Bangers and mash 894 kcal	8.32	9.85
Three Lincolnshire sausages, peas, onion & red wine gravy		
Vegetarian bangers and mash ✓ 635 kcal	8.32	9.85
Three vegan sausages, peas, onion & red wine gravy		
Wiltshire cured ham, eggs and chips 856 kcal	7.73	9.26
Two slices of Wiltshire cured ham, two fried eggs		
Sausages, chips and beans 1170 kcal	7.73	9.26
Three Lincolnshire sausages		
Vegan sausages, chips and beans 🌿 910 kcal	7.73	9.26
Three vegan sausages		

NEW Chilli bean non-carne 🔥 🌿 🔥500 635 kcal	8.32	9.85
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips		

Afternoon deal Mon - Fri, 2pm - 5pm

Choose from the above pub classic meals.

Jacket potatoes