




















BREAKFAST Served 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	7.94
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	6.31
Small breakfast  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	5.41
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	5.41
Large vegetarian breakfast  1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	7.94
Vegetarian breakfast  786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	6.31
Small vegetarian breakfast   291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	5.41
Vegan breakfast  642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	5.91
Porridge   252 kcal (plain) Add: Banana  (110 kcal) 62p ; Strawberries  (27 kcal) 62p Blueberries  (17 kcal) 62p ; Honey  (91 kcal) 34p Sliced apple  (46 kcal) 62p	2.07
Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	6.44
Mushroom Benedict  638 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	6.44
Two slices of toast with jam or marmalade  524 kcal White bloomer bread	2.58
Fresh fruit   200 kcal Apple, banana, blueberries, strawberries	3.73
NEW Fresh fruit and yoghurt   334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	5.41










ALLERGEN AND NUTRITIONAL INFORMATION


This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

-  = Very mild  = Mild  = Medium hot  = Very hot
-  = Extremely hot
-  Vegetarian  Vegan
-  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org












Adults need around 2000 kcal a day.⁵

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jd.wetherspoon.com
⁵Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. ¹Statement of daily Calorie needs from the Department of Health & Social Care.
²Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).









BREAKFAST BUTTIES

Bacon butty 574 kcal Three rashers of bacon, buttered white bloomer bread	4.31
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	4.31

BREAKFAST MUFFIN DEAL

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	4.43
Egg & bacon muffin  314 kcal Fried egg, bacon, American-style cheese, in an English muffin	4.89
Egg & sausage muffin  417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	4.89
Egg & vegetarian sausage muffin   330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	4.89
Breakfast muffin  482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	5.11
Smashed avocado muffin   271 kcal Guacamole, pico de gallo, on an English muffin, rocket	5.11
Add: Maple-cured bacon (91 kcal) 1.52	
Poached egg  (63 kcal) 93p	
Add: Two hash browns  (164 kcal) 92p	

BREAKFAST EXTRAS

Add any of the following:	
Lincolnshire sausage 168 kcal	1.05
Vegan sausage  82 kcal	1.05
Slice of toast  225 kcal	1.13
Fried egg  56 kcal	93p
Two hash browns  164 kcal	92p
Two rashers of back bacon 131 kcal	1.57
Baked beans  126 kcal	93p
Poached egg  63 kcal	93p
Two mushrooms  100 kcal	93p
Two grilled tomato halves  16 kcal	52p

TEA, COFFEE AND HOT CHOCOLATE









FREE REFILLS¹

TEA, COFFEE AND HOT CHOCOLATE

— ALL DAY EVERY DAY —

LAVAZZA
TORINO, ITALIA, 1895



Flat white  92 kcal	Tea with semi-skimmed milk  14 kcal
Cappuccino  102 kcal	Dairy alternative: oat sachet  4 kcal
Latte  113 kcal	Decaffeinated tea and coffee available.
Mocha  147 kcal	
Espresso  6 kcal	
Black coffee  6 kcal	
White coffee  24 kcal	
Hot chocolate  169 kcal	

£1.56 each

Biscuits	
Walkers shortbread  151 kcal 71p	
Stem ginger biscuit  123 kcal 71p	
Belgian chocolate biscuit  129 kcal 71p	
Salted caramel brownie bar  316 kcal 1.64	

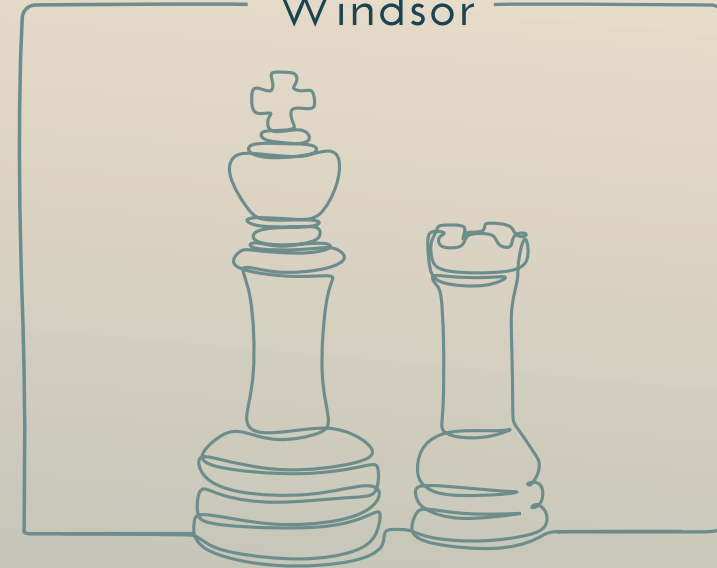
for the facts
drinkaware.co.uk
jdwetherspoon.com

AP4424

FOOD

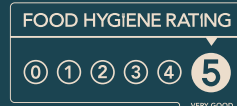
Breakfast 8am - 12 noon.
Main menu 11.30am - 11pm.

The King and Castle Windsor



This former long-standing chemist's became a pub in 1967. From 1992, it was called the Olde King and Castle. The 'King' refers to the bust of Edward VII above the entrance to the adjacent passageway, where there is an engraving of Windsor Castle.

wetherspoon



Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.



Table service

Download the Wetherspoon app or scan this QR code.







Or note your table number and order at the bar.




















Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁵

SMALL PLATES | ANY 3 FOR £17.47

11" garlic pizza bread  772 kcal	6.03
Nachos    695 kcal Cheese, guacamole, salsa, sour cream, sliced chillies	6.82
Bowl of chips  964 kcal	4.50
Bowl of chips with curry sauce  1082 kcal	5.86
Loaded chips 1303 kcal Cheese, maple-cured bacon, sour cream	6.31

With any of the small plates below, choose one dip:	
Sweet chilli   37 kcal; Sticky soy  100 kcal; Naga chilli   136 kcal	
Jack Daniel's™ Tennessee Honey glaze  87 kcal; Chipotle mayo   150 kcal	
Blue cheese  270 kcal; BBQ sauce  83 kcal	
Halloumi-style fries   396 kcal	5.75
Chicken bites  322 kcal Ten battered chicken breast pieces	6.65
Southern-fried chicken strips   459 kcal Five chicken breast strips	6.75
Chicken wings   813 kcal Ten spicy chicken wings	8.45

DELI DEALS® INCLUDES A DRINK*

The freshly made wraps and paninis below are all served with chips  (add 602 kcal) or ask for a salad instead  (add 91 kcal).

12" WRAPS

Southern-fried chicken   609 kcal
Salad leaves, smoky chipotle mayo

Fried halloumi-style cheese   707 kcal
Salad leaves, sweet chilli sauce, tomato, cucumber

PANINIS

Tuna mayo and Cheddar cheese 590 kcal

Cheddar cheese and tomato  527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal









BBQ chicken, bacon and Cheddar cheese 586 kcal

NOODLES, SALADS AND PASTAS

INCLUDES A DRINK*

	soft drink*	alcoholic drink*
Ramen noodle bowl     466 kcal	8.99	10.75
Noodles, bean sprouts, shitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth		
Add: Char-grilled chicken breast (93 kcal) 1.15		
Poached egg  (63 kcal) 93p		
Chicken & maple-cured bacon salad	11.16	12.92
Choose: Char-grilled chicken breast  283 kcal		
Southern-fried chicken breast strips  465 kcal		
Mediterranean salad   334 kcal	10.03	11.79
Pearl barley, quinoa, butternut squash, wheat berries, red pepper, cherry tomatoes, pumpkin seeds, basil, dressing		
Add: Char-grilled chicken breast (187 kcal) 1.97		
Burrito salad bowl  668 kcal	10.32	12.08
Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies		
Add: Char-grilled chicken breast (187 kcal) 1.97		
Chilli bean non-carne   (149 kcal) 1.97		
Grilled halloumi-style cheese & roasted vegetable salad   494 kcal	10.32	12.08
Roasted pepper, courgette, onion, pico de gallo, dressing		
Pasta alfredo  618 kcal	10.60	12.36
Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket		
Add: Char-grilled chicken breast (187 kcal) 1.97		
Maple-cured bacon (91 kcal) 1.52		

JACKET POTATOES INCLUDES A DRINK*

With side salad and one filling. Extra fillings 1.30 each.	soft drink*
Tuna mayo 592 kcal	8.52 each
Coleslaw  559 kcal	
Cheese  512 kcal	alcoholic drink*
Baked beans    482 kcal	10.28 each
Chilli bean non-carne     442 kcal	


BURGERS INCLUDES A DRINK*

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

BEEF BURGERS **One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).**

American burger 696 kcal
Red onion, gherkin, ketchup, American-style mustard

Classic beef burger 677 kcal
Iceberg lettuce, tomato, red onion

Skinny beef burger  375 kcal
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips

American cheese burger 730 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard

Double beef burgers **Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).**

Double American burger 1138 kcal
Red onion, gherkin, ketchup, American-style mustard

Double classic beef burger 1119 kcal
Iceberg lettuce, tomato, red onion

Double American cheese burger 1207 kcal
American-style cheese, red onion, gherkin, ketchup, American-style mustard

GOURMET BURGERS

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

BBQ burger
Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1644 kcal
Char-grilled chicken breast 1494 kcal
Fried buttermilk chicken 1780 kcal

Triple American cheese & bacon burger 1770 kcal
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

CHICKEN BURGERS

Served with a small portion of chips (329 kcal, included in Calories below).

Crunchy chicken strip burger  776 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Served with chips (602 kcal, included in Calories below).


Fried buttermilk chicken burger 1255 kcal
Breaded whole chicken breast fillet

Char-grilled chicken breast burger 970 kcal

Skinny chicken burger   394 kcal
Char-grilled chicken breast, with a side salad, instead of chips

MEAT-FREE BURGERS



Served with chips (602 kcal, included in Calories below).

Beyond Burger™  1043 kcal
BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

Breaded vegetable burger  1039 kcal
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese

Fried halloumi-style cheese burger   1118 kcal
Sweet chilli sauce


ADDITIONAL TOPPING


Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52

CHICKEN BASKETS INCLUDES A DRINK*

Boneless basket  Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Side salad 720 kcal; **Spicy rice** 861 kcal; **Chips** 1255 kcal

Chicken wing basket   Eight wings, coleslaw, Naga chilli dip
Choose: Side salad 987 kcal; **Spicy rice** 1127 kcal; **Chips** 1522 kcal

Chicken bites basket
Ten battered chicken breast pieces, coleslaw, sticky soy sauce
Choose: Side salad 623 kcal
Spicy rice  763 kcal; **Chips** 1157 kcal

Southern-fried chicken strips basket  Five chicken strips, coleslaw, Jack Daniel's™ Tennessee Honey glaze
Choose: Side salad 748 kcal
Spicy rice 888 kcal; **Chips** 1282 kcal

STEAKS AND GRILLS INCLUDES A DRINK*

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.

Classic 8oz sirloin steak 459 kcal **12.76** **14.52**
Classic 10oz rib-eye steak 717 kcal **15.26** **17.02**
Choose: Side salad 87 kcal; **Mediterranean salad** 198 kcal
Jacket potato 225 kcal; **Mashed potato** 143 kcal; **Chips** 602 kcal

Gourmet 8oz sirloin steak 712 kcal **15.06** **16.82**
Gourmet 10oz rib-eye steak 965 kcal **17.56** **19.32**
Peas, tomato, mushroom, three onion rings, steak sauce
Choose: Side salad 87 kcal; **Mediterranean salad** 198 kcal
Jacket potato 225 kcal; **Mashed potato** 143 kcal; **Chips** 602 kcal

Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal)
Jack Daniel's™ Tennessee Honey glaze  (87 kcal) **1.82** each

Below meals are served with peas, tomato and mushroom.

10oz gammon and eggs **13.39** **15.15**
Choose: Side salad 611 kcal; **Mediterranean salad** 741 kcal
Jacket potato 858 kcal; **Mashed potato** 829 kcal; **Chips** 1146 kcal

Mixed grill **13.39** **15.15**
Gammon, pork loin, rump, lamb, Lincolnshire sausage
Choose: Side salad 984 kcal; **Mediterranean salad** 1114 kcal
Jacket potato 1231 kcal; **Mashed potato** 1202 kcal; **Chips** 1519 kcal

STEAK CLUB®

Tuesday 11.30am – 11pm

Featuring classic 8oz sirloin.




	soft drink*	alcoholic drink*
	11.42	13.18


CURRIES INCLUDES A DRINK*

CLASSIC CURRIES

With basmati pilau rice, plain naan and poppadums.

Mangalorean roasted cauliflower

& spinach curry    927 kcal

Chicken tikka masala  1190 kcal

KATSU CURRIES **With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.**

Katsu grilled chicken curry  542 kcal
Sliced chicken breast

Katsu chicken curry 828 kcal
Sliced whole breaded chicken breast fillet








CURRY CLUB®

Thursday 11.30am – 11pm

Featuring the katsu curry range.


	soft drink*	alcoholic drink*
	9.67	11.43


SIDES AND EXTRAS

Bowl of chips  964 kcal	4.50
Side salad  91 kcal	2.29
Mediterranean side salad  198 kcal	3.22
Peas  133 kcal	94p
Onion rings  269 kcal	2.33
Garlic pizza bread  386 kcal	4.89
With cheese  473 kcal	5.47
Twelve 538 kcal	3.50
Eleven 472 kcal	3.03
Ten 406 kcal	2.56
Nine 340 kcal	2.09
Eight 274 kcal	1.62
Seven 208 kcal	1.15
Six 142 kcal	0.68
Five 76 kcal	0.21

11" PIZZAS INCLUDES A DRINK*




Sourdough base – proved, stretched, topped and freshly baked to order.

Margherita  934 kcal
Mozzarella, basil

Pepperoni  1151 kcal
Mozzarella, pepperoni

Ham and mushroom 1011 kcal
Mozzarella, ham, mushroom, rocket

BBQ chicken 1097 kcal
Mozzarella, BBQ sauce, chicken breast, red onion, rocket

Spicy meat feast    1214 kcal
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

Additional toppings


Red onion  10 kcal
Sliced chillies    3 kcal; **Mushroom**  4 kcal


Mozzarella  150 kcal; **Ham** 71 kcal

Chicken breast 94 kcal; **Maple-cured bacon** 91 kcal

Pepperoni  109 kcal

	soft drink*	alcoholic drink*
	11.62	13.38

Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal

Add: Two slices of bread  (404 kcal) **1.34**
Chip shop-style curry sauce  (118 kcal) **1.46**



Steak & kidney pudding 1279 kcal
Peas, onion & red wine gravy, chips

Wiltshire cured ham, eggs and chips 856 kcal
Two slices of Wiltshire cured ham, two fried eggs



Sausages, chips and beans 1170 kcal
Three Lincolnshire sausages



NEW Chilli bean non-carne    635 kcal
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

DESSERTS

NEW Giant profiterole   433 kcal
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry

Millionaire's shortbread   409 kcal
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce

Vanilla ice cream   334 kcal
Two scoops, toffee sauce, Belgian chocolate sauce

Cookie crunch   364 kcal
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce