

# Sides and extras

Bowl of chips 🌱 964 kcal (Add: Spicy seasoning 🌶️ (7 kcal) 34p)	4.23
Small bowl of chips 🌱 602 kcal	2.48
Five chicken wings 🍗🍗🍗 407 kcal	3.34
<b>NEW</b> Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	4.99
Grilled halloumi-style cheese 🍷 447 kcal	1.97
Peas 🌱 133 kcal	94p
Mushy peas 🍷 248 kcal	94p
Side salad 🌱 91 kcal	2.29
Mediterranean side salad 🌱 198 kcal	3.22
Roasted vegetables 🌱 135 kcal	1.53
Coleslaw 🍷 399 kcal	1.40
Sliced chillies 🍷🍷🍷🍷 🌱 3 kcal	88p
Chicken gravy 50 kcal	94p
Onion rings 🌱	Six 269 kcal 2.33 Twelve 538 kcal 3.50
Garlic pizza bread 🍷	8" 386 kcal 4.40 11" 772 kcal 5.57
With cheese 🍷	8" 473 kcal 4.98 11" 922 kcal 6.44

# Desserts

<b>NEW</b> Salted caramel sticky toffee pudding 🍷	4.99
Vanilla ice cream 877 kcal or custard 741 kcal	
<b>NEW</b> Millionaire's shortbread 🍷 409 kcal	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream 🍷 334 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch 🍷 364 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie 🍷 435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich 🍷 431 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes 🍷 412 kcal	3.54
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit 🍷 470 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake 🍷 909 kcal. Vanilla ice cream	5.33
Warm chocolate brownie 🍷 736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich 🍷 727 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble 🍷	5.62
Vanilla ice cream 673 kcal or custard 537 kcal	
American-style pancakes 🍷 689 kcal	4.99
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard 🍷 (134 kcal) 1.23. Vanilla ice cream scoop 🍷 (135 kcal) 94p	
Belgian chocolate sauce 🌱 (61 kcal) 42p. Toffee sauce 🍷 (66 kcal) 42p	
Banana 🌱 (110 kcal) 62p. Strawberries 🌱 (27 kcal) 62p. Blueberries 🌱 (17 kcal) 62p	

## ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

## DIETARY SYMBOLS

🍗 = Very mild 🍗🍗 = Mild 🍗🍗🍗 = Medium hot 🍗🍗🍗🍗 = Very hot  
 🍗🍗🍗🍗🍗 = Extremely hot  
 🌱 = Vegetarian 🌱🍷 = Vegan 🍷 5% 5% fat or less UNDER 500 Dish under 500 Calories

🐟 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>8</sup>

# BREAKFAST

Large breakfast 1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast <sup>UNDER 500</sup> 435 kcal	4.45
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 🍷 1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 🍷 786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast 🍷 <sup>UNDER 500</sup> 291 kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast 🌱 642 kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
American breakfast 1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Porridge 🍷 <sup>UNDER 500</sup> 252 kcal (plain)	2.09
Add: Banana 🌱 (110 kcal) 62p. Maple-flavour syrup 🌱 (125 kcal) 34p	
Strawberries 🌱 (27 kcal) 62p. Blueberries 🌱 (17 kcal) 62p	
Honey 🍷 (91 kcal) 34p. Sliced apple 🌱 (46 kcal) 62p	

## Breakfast extras

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans 🌱 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms 🌱 100 kcal	93p
Vegan sausage 82 kcal	1.05	Two scrambled eggs 🍷 136 kcal	1.63	Two grilled tomato halves 🌱 16 kcal	52p
Slice of toast 🍷 225 kcal	1.13	Fried egg 🍷 56 kcal	93p	Grilled halloumi-style cheese 🍷 447 kcal	1.97
Hash brown 🌱 82 kcal	46p	Poached egg 🍷 63 kcal	93p		

## Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 🍷 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
<b>NEW</b> Vegan option available with vegan spread 🌱 <sup>UNDER 500</sup> 435 kcal	

## Breakfast muffin deal

<b>Includes tea, coffee or hot chocolate. Free refills*</b>	
Egg & cheese muffin 🍷 <sup>UNDER 500</sup> 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin 🍷 <sup>UNDER 500</sup> 314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin 🍷 <sup>UNDER 500</sup> 417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin 🍷 <sup>UNDER 500</sup> 330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin <sup>UNDER 500</sup> 482 kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Smashed avocado muffin 🍷 <sup>UNDER 500</sup> 271 kcal	4.01
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52. Poached egg 🍷 (63 kcal) 93p	
Grilled halloumi-style cheese 🍷 (447 kcal) 1.97	
Add: Hash brown 🌱 (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com  
 \*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*\*Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. \*Statement of daily Calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

# Served 8am - 12 noon

<b>NEW</b> Fiesta brunch 🍷 659 kcal	3.88
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict 🍷 638 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
American-style pancakes	
<b>NEW</b> Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 🍷 <sup>UNDER 500</sup> 708 kcal	4.99
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	4.99
Four pancakes, maple-flavour syrup. 🍷 <sup>UNDER 500</sup> 554 kcal	4.30
Small American-style pancakes	
Two pancakes, maple-cured bacon, maple-flavour syrup. <sup>UNDER 500</sup> 322 kcal	3.54
Two pancakes, maple-flavour syrup. 🍷 <sup>UNDER 500</sup> 277 kcal	3.25
Scrambled egg on toast 🍷 570 kcal	3.77
Three eggs, buttered white bloomer toast	
Beans on toast 🍷 <sup>UNDER 500</sup> 566 kcal. Buttered white bloomer toast	3.66
<b>NEW</b> Vegan option available with vegan spread 🌱 <sup>UNDER 500</sup> 460 kcal	
Small beans on toast 🍷 <sup>UNDER 500</sup> 252 kcal	2.62
Buttered white bloomer toast	
Two slices of toast with jam or marmalade 🍷 524 kcal	2.47
White bloomer bread	
Fresh fruit 🌱 <sup>UNDER 500</sup> 200 kcal	3.66
Apple, banana, blueberries, strawberries	
<b>NEW</b> Fresh fruit and yoghurt 🍷 <sup>UNDER 500</sup> 334 kcal	4.45
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Breakfast wrap 724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 🍷 735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

## Tea, coffee and hot chocolate

<b>FREE REFILLS*</b>	
TEA, COFFEE AND HOT CHOCOLATE	
— ALL DAY EVERY DAY —	
<b>LAVAZZA</b>	
<b>100% ARABICA BEANS</b>	
Flat white 🍷 92 kcal	
Cappuccino 🍷 102 kcal	
Latte 🍷 113 kcal	
Mocha 🍷 147 kcal	
Espresso 🌱 6 kcal	
Black coffee 🌱 6 kcal	
White coffee 🍷 24 kcal	
Hot chocolate 🍷 169 kcal	
Tea	
with semi-skimmed milk 🍷 14 kcal	
Dairy alternative: oat sachet 🌱 4 kcal	
Decaffeinated tea and coffee available.	
<b>£1.56</b> each	
<b>Biscuits</b>	
Walkers shortbread 🍷 151 kcal 71p	
Stem ginger biscuit 🍷 123 kcal 71p	
Belgian chocolate biscuit 🍷 129 kcal 71p	
Salted caramel brownie bar 🍷 316 kcal 1.64	

for the facts drinkaware.co.uk  
 jdetherspoon.com  
 STD MENU\_1855

# FOOD

Main menu 11.30am - 11pm. Children's menu available.



## The Sir John Baker

North End, Portsmouth

This pub is named after Sir John Baker who lived in North End House, close to this Wetherspoon pub. Sir John Baker, Lord Mayor of the Borough (1870 and 1875), was known as Honest John. He was a local MP, justice of the peace and chairman of the school board. Sir John was also the owner of several shops.



## Table service

Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



## Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



## 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



## Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



## Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



## Coffee

The freshly ground 100% Arabica Lavazza coffee\* we serve is from Rainforest Alliance-certified farms.



## Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.



## Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



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