

Desserts

NEW Giant profiterole ⁵⁰⁰ 433 kcal	5.99
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry Vanilla ice cream	
NEW Salted caramel sticky toffee pudding ⁸⁷⁷ kcal	6.26
Vanilla ice cream	
NEW Millionaire's shortbread ⁵⁰⁰ 409 kcal	2.83
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream ³³⁴ kcal	2.48
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch ⁵⁰⁰ 364 kcal	2.48
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie ⁵⁰⁰ 435 kcal	3.56
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich ⁵⁰⁰ 431 kcal	3.56
Salted caramel filling, toffee sauce, vanilla ice cream	
Fresh fruit ⁵⁰⁰ 470 kcal	5.29
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake 909 kcal	5.99
Vanilla ice cream	
Warm chocolate brownie 736 kcal	5.99
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich 727 kcal	5.99
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble 673 kcal	6.26
Vanilla ice cream	
.....	
Add: Vanilla ice cream scoop (135 kcal) 94p ; Toffee sauce (66 kcal) 42p	
Belgian chocolate sauce (61 kcal) 42p ; Banana (110 kcal) 62p	
Strawberries (27 kcal) 62p ; Blueberries (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

- = Very mild = Mild = Medium hot = Very hot = Extremely hot
- Vegetarian Vegan 5% fat or less Dish under 500 Calories
- Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org
- Adults need around 2000 kcal a day.⁸

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BREAKFAST

Served 8am - 12 noon

Large breakfast 1343 kcal	7.99
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	6.40
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast ⁵⁰⁰ 435 kcal	5.56
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
.....	
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	5.56
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 1129 kcal	7.99
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 786 kcal	6.40
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast ⁵⁰⁰ 291 kcal	5.56
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast 642 kcal	6.03
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge ⁵⁰⁰ 252 kcal (plain)	2.48
Add: Banana (110 kcal) 62p ; Strawberries (27 kcal) 62p	
Blueberries (17 kcal) 62p ; Honey (91 kcal) 34p	
Sliced apple (46 kcal) 62p	

Breakfast extras

Add any of the following:			
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52
Vegan sausage 82 kcal	1.05	Two scrambled eggs 136 kcal	1.63
Slice of toast 225 kcal	1.13	Fried egg 56 kcal	93p
Hash brown 82 kcal	46p	Poached egg 63 kcal	93p
Baked beans 126 kcal	93p	Two mushrooms 100 kcal	93p
Two mushrooms 100 kcal	93p	Two grilled tomato halves 16 kcal	52p
Two grilled tomato halves 16 kcal	52p	Grilled halloumi-style cheese 447 kcal	1.97
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Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.59
Sausage butty 714 kcal	4.59
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 541 kcal	4.59
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread ⁵⁰⁰ 435 kcal	


Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin ⁵⁰⁰ 249 kcal	4.70
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin ⁵⁰⁰ 314 kcal	5.13
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin ⁵⁰⁰ 417 kcal	5.13
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin ⁵⁰⁰ 330 kcal	5.13
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin ⁵⁰⁰ 482 kcal	5.35
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
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Add: Hash brown (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS*
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



£1.56 each

Biscuits
Walkers shortbread 151 kcal **71p**
Stem ginger biscuit 123 kcal **71p**
Belgian chocolate biscuit 129 kcal **71p**
Salted caramel brownie bar 316 kcal **1.64**

Flat white 92 kcal
Cappuccino 102 kcal
Latte 113 kcal
Mocha 147 kcal
Espresso 6 kcal
Black coffee 6 kcal
White coffee 24 kcal
Hot chocolate 169 kcal
Tea with semi-skimmed milk 14 kcal
Dairy alternative: oat satchet 4 kcal
Decaffeinated tea and coffee available.


for the facts drinkaware.co.uk
jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.


The Liberty Bounds

Tower Hill



This pub is located just outside the boundary of the area, or liberty, controlled by the City of London. The pub stands close to the site of the scaffold where many prisoners from the Tower of London met their fate in the 16th and 17th century.

Table service
Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING


Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.

100% UK AND IRISH BEEF
From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.




Breakfast
8am - 12 noon

Traditional breakfast
£6.40

Tea, coffee and hot chocolate
Free refills

£1.56 each

Deli Deals
INCLUDES A DRINK ⁵⁰⁰

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£4.83

soft drink* **£5.86** | alcoholic drink* **£7.48**

Burger meals
INCLUDES A DRINK ⁵⁰⁰

Featuring 3oz American burger

soft drink* **£7.23** | alcoholic drink* **£8.85**

Afternoon deals
INCLUDES A DRINK ⁵⁰⁰

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink* **£7.78** | alcoholic drink* **£9.40**

Steak Club
INCLUDES A DRINK ⁵⁰⁰

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink* **£11.07** | alcoholic drink* **£12.69**

Curry Club
INCLUDES A DRINK ⁵⁰⁰

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink* **£9.45** | alcoholic drink* **£11.07**

INCLUDES A DRINK ⁵⁰⁰
Choose from over 150 drinks

LAVAZZA Coffee
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu
Best children's meals (first place) Independently run 'secret diner' survey.

Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.





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LTSIM MENU_550

