



















Desserts

NEW Giant profiterole  433 kcal	5.33
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry Vanilla ice cream	
NEW Salted caramel sticky toffee pudding  877 kcal	4.99
Vanilla ice cream	
NEW Millionaire's shortbread  409 kcal	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream  334 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch  364 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie  435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich  431 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Fresh fruit  470 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake  909 kcal	5.33
Vanilla ice cream	
Warm chocolate brownie  736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich  727 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble  673 kcal	5.62
Vanilla ice cream	

Add: Vanilla ice cream scoop  (135 kcal) 94p ; Toffee sauce  (66 kcal) 42p	
Belgian chocolate sauce  (61 kcal) 42p ; Banana  (110 kcal) 62p	
Strawberries  (27 kcal) 62p ; Blueberries  (17 kcal) 62p	






ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot  = Extremely hot


 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org











Adults need around 2000 kcal a day.⁸

BREAKFAST











Served
8am - 12 noon

Large breakfast 1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast  435 kcal	4.45
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	




Add: Black pudding (178 kcal) 75p	

Freedom breakfast 586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast  1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast  786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast  291 kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast  642 kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge  252 kcal (plain)	2.09
Add: Banana  (110 kcal) 62p ; Strawberries  (27 kcal) 62p	
Blueberries  (17 kcal) 62p ; Honey  (91 kcal) 34p	
Sliced apple  (46 kcal) 62p	






Breakfast extras


Add any of the following:			
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52
Vegan sausage  82 kcal	1.05	Two scrambled eggs  136 kcal	1.63
Slice of toast  225 kcal	1.13	Fried egg  56 kcal	93p
Hash brown  82 kcal	46p	Poached egg  63 kcal	93p
		Baked beans  126 kcal	93p
		Two mushrooms  100 kcal	93p
		Two grilled tomato halves  16 kcal	52p
		Grilled halloumi-style cheese  447 kcal	1.97

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.19	Breakfast wrap 724 kcal	4.36
Sausage butty 714 kcal	3.19	Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Two Lincolnshire sausages, buttered white bloomer bread		Vegetarian breakfast wrap  735 kcal	4.36
Vegetarian sausage butty  541 kcal	3.19	Fried egg, two vegan sausages, two hash browns, Cheddar cheese	
Two vegan sausages, buttered white bloomer bread			
NEW Vegan option available with vegan spread  435 kcal			

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin  249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin  314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin  417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin  330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin  482 kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	


Add: Hash brown  (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

£1.56 each

Biscuits
Walkers shortbread  151 kcal **71p**
Stem ginger biscuit  123 kcal **71p**
Belgian chocolate biscuit  129 kcal **71p**
Salted caramel brownie bar  316 kcal **1.64**

for the facts
drinkaware.co.uk

jdetherspoon.com

LTXSIM

MENU_20

FOOD

Main menu 11.30am - 11pm. Children's menu available.



J.J. Moon's

Ruislip Manor

This two-storey building is at the foot of Windmill Hill which was once part of 'Risefield', marked on a 1754 map of Middlesex. The modern suburb developed nearly 300 years later. Originally a Woolworths store, built in 1957, it traded for nearly 30 years, before becoming a supermarket. The name J.J. Moon's was inspired by the Moon Under Water, the 'ideal pub' imagined by George Orwell, who described the fictional pub in a 1946 article.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills
£1.56 each

Deli Deals

INCLUDES A DRINK 

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

soft drink* **£4.11** | alcoholic drink* **£5.64**

Burger meals

INCLUDES A DRINK 

Featuring 3oz American burger

soft drink* **£5.44** | alcoholic drink* **£6.97**

Afternoon deals

INCLUDES A DRINK 

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink* **£6.09** | alcoholic drink* **£7.62**

Steak Club

INCLUDES A DRINK 

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink* **£9.67** | alcoholic drink* **£11.20**

Curry Club

INCLUDES A DRINK 

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink* **£7.91** | alcoholic drink* **£9.44**

INCLUDES A DRINK 
Choose from over 150 drinks

LAVAZZA Coffee

The fresh ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu
Best children's meals (first place)
Independently run 'secret diner' survey.



Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels

Over 50 hotels in England, Ireland, Scotland and Wales

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for the best rates*
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goodfoodtalks

opening menus for everybody

The spoken menu app for the visually impaired

Small plates | Any 3 for £14.93

NEW Char-grilled halloumi-style cheese ✓ 514 kcal	4.96
Rocket, roasted pepper, courgette, onion, salsa	
Nachos 🔥🔥🔥 ✓ 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Bowl of chips 🍷 964 kcal	4.23
Bowl of chips with curry sauce 🍷 1082 kcal	5.58
Cheesy chips ✓ 1256 kcal	5.36
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03

With any of the small plates below, choose one dip:

Sweet chilli 🔥🔥 🍷 37 kcal	
Sticky soy ✓ 100 kcal	
Naga chilli 🔥🔥🔥 🍷 136 kcal	
Jack Daniel's® Tennessee Honey glaze ✓ 87 kcal	
Chipotle mayo 🔥🔥🔥 ✓ 150 kcal	
Blue cheese ✓ 270 kcal	
BBQ sauce 🍷 83 kcal	

Halloumi-style fries ✓ UNDER 500 396 kcal	4.96
Chicken bites UNDER 500 322 kcal	6.09
Ten battered chicken breast pieces	
Southern-fried chicken strips 🔥 UNDER 500 459 kcal	6.09
Five chicken breast strips	
Chicken wings 🔥🔥🔥 813 kcal	6.75
Ten spicy chicken wings	
Quorn™ nuggets 🍷 UNDER 500 331 kcal	5.19
Eight coated pieces	

Deli Deals INCLUDES A DRINK 🍷🍷

All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling.	
Small brunch wrap 559 kcal	just-a-wrap, without a drink
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	
Small vegetarian brunch wrap ✓ 545 kcal	3.08 each
Fried egg, two vegan sausages, Cheddar cheese	
Small shawarma chicken 🔥🔥🔥 502 kcal	soft drink* 4.11 each
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Small Quorn™ nuggets 🍷 UNDER 500 310 kcal	alcoholic drink* 5.64 each
Salad leaves, tomato, cucumber, salsa	
Small southern-fried chicken 🔥🔥🔥 UNDER 500 399 kcal	
Salad leaves, smoky chipotle mayo	
Small fried halloumi-style cheese 🔥🔥 ✓ UNDER 500 391 kcal	
Salad leaves, sweet chilli sauce, tomato, cucumber	
Add: Small side salad 🍷 (46 kcal); Small portion of chips 🍷 (329 kcal) 1.03 each	

12" wraps	
Shawarma chicken 🔥🔥🔥 719 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Quorn™ nuggets 🍷 UNDER 500 508 kcal. Tomato, cucumber, salsa	
Southern-fried chicken 🔥🔥🔥 609 kcal	soft drink* 5.70 each
Salad leaves, smoky chipotle mayo	
Fried halloumi-style cheese 🔥🔥 ✓ 707 kcal	alcoholic drink* 7.23 each
Salad leaves, sweet chilli sauce, tomato, cucumber	
Paninis	

NEW Roasted vegetable and vegan cheese 🍷 480 kcal

Cheddar cheese and tomato ✓ 527 kcal	
Wiltshire cured ham and Cheddar cheese 508 kcal	
BBQ chicken, bacon and Cheddar cheese 586 kcal	
Add: Side salad 🍷 (91 kcal)	
Spicy rice 🍷 (208 kcal)	
Chips 🍷 (602 kcal)	each 1.44

Adults need around 2000 kcal a day.[§]

Burgers INCLUDES A DRINK 🍷🍷

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 696 kcal		
Red onion, gherkin, ketchup, American-style mustard	soft drink* 5.44 each	alcoholic drink* 6.97 each
Classic beef burger 677 kcal		
Iceberg lettuce, tomato, red onion		
Skinny beef burger UNDER 500 375 kcal		
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
American cheese burger 730 kcal	soft drink* 6.04	alcoholic drink* 7.57
American-style cheese, red onion, gherkin, ketchup, American-style mustard		
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1138 kcal		
Red onion, gherkin, ketchup, American-style mustard	soft drink* 7.73 each	alcoholic drink* 9.26 each
Double classic beef burger 1119 kcal		
Iceberg lettuce, tomato, red onion		
Double American cheese burger 1207 kcal	soft drink* 8.30	alcoholic drink* 9.83
American-style cheese, red onion, gherkin, ketchup, American-style mustard		

Chicken burgers		
Served with a small portion of chips (329 kcal, included in the Calories below).		
Crunchy chicken strip burger 🔥 776 kcal	soft drink* 5.44	alcoholic drink* 6.97
Two southern-fried chicken strips, iceberg lettuce, mayonnaise		

Served with chips (602 kcal, included in Calories below).		
Fried buttermilk chicken burger 1255 kcal		
Breaded whole chicken breast fillet	soft drink* 7.73 each	alcoholic drink* 9.26 each
Char-grilled chicken breast burger 970 kcal		

Skinny chicken burger 🍷 UNDER 500 394 kcal	
Char-grilled chicken breast, with a side salad, instead of chips	

Meat-free burgers		
Served with chips (602 kcal, included in Calories below).		
Beyond Burger™ 🍷 1043 kcal		
🌱 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 7.73 each	alcoholic drink* 9.26 each
Fried halloumi-style cheese burger 🔥🔥 ✓ 1118 kcal. Sweet chilli sauce		

Just-a-burger	
Served on its own, without chips or a drink.	each 3.36
American burger UNDER 500 367 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger 🔥 UNDER 500 447 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Curries INCLUDES A DRINK 🍷🍷

Classic curries		
With basmati pilau rice, plain naan and poppadums.		
Mangalorean roasted cauliflower & spinach curry 🔥🔥 🍷 927 kcal		
Chicken tikka masala 🔥🔥 1190 kcal	soft drink* 9.84 each	alcoholic drink* 11.37 each
Chicken jalfrezi 🔥🔥🔥 🍷 935 kcal		
Beef Madras 🔥🔥🔥🔥 1043 kcal		

Change your plain naan to a garlic naan ✓ (add 92 kcal) 47p	
Add:	
One vegetable samosa and two onion bhajis 🔥🔥 🍷 (293 kcal) 1.76	
Two plain poppadums 🍷 (86 kcal) 47p	

Katsu curries		
With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.		
Katsu grilled chicken curry 🍷 542 kcal		
Sliced char-grilled chicken breast	soft drink* 8.73 each	alcoholic drink* 10.26 each
Katsu Quorn™ nugget curry 🍷 686 kcal		
Eight coated pieces		
Katsu chicken curry 828 kcal		
Sliced whole breaded chicken breast fillet		

Gourmet burgers		
Served with chips, six onion rings (871 kcal, included in Calories below).		
Ultimate burger 1656 kcal		
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin		
Tennessee burger		
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze		
Choose:		
Beef (two 3oz beef patties) 1567 kcal	soft drink* 9.93 each	
Char-grilled chicken breast 1417 kcal		
Fried buttermilk chicken 1703 kcal		
BBQ burger		
Maple-cured bacon, Cheddar cheese, BBQ sauce		
Choose:		
Beef (two 3oz beef patties) 1644 kcal	alcoholic drink* 11.46 each	
Char-grilled chicken breast 1494 kcal		
Fried buttermilk chicken 1780 kcal		
Fiesta burger 🍷 1380 kcal		
🌱 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion		
Triple American cheese & bacon burger 1770 kcal	soft drink* 11.38	
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard		
	alcoholic drink* 12.91	

Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese ✓ 82 kcal	1.52
American-style cheese ✓ 69 kcal	1.52
NEW Vegan cheese 🍷 57 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip 🔥 92 kcal	1.50

3oz beef patty 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
Fried halloumi-style cheese ✓ 298 kcal	
🌱 BEYOND MEAT patty 🍷 184 kcal	

Chicken INCLUDES A DRINK 🍷🍷

Chicken on the bone is marinated, slow cooked and finished on the char-grill.		
Peri-peri char-grilled half chicken		
Lemon and herb 🔥		
Char-grilled in a lemon & herb glaze	soft drink* 10.83 each	
Coleslaw, garlic & herb dip		
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal		
Spicy rice 1059 kcal; Chips 1453 kcal	alcoholic drink* 12.36 each	
Hot and spicy 🔥🔥🔥		
Char-grilled in a Naga chilli & citrus glaze		
Coleslaw, Naga chilli dip		
Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal		
Spicy rice 1029 kcal; Chips 1423 kcal		

Chicken baskets		
Boneless basket 🔥		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal		
Chicken bites basket		
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	soft drink* 8.68 each	
Choose: Side salad 623 kcal; Spicy rice 🍷 763 kcal; Chips 1157 kcal		
Southern-fried chicken strips basket 🔥		
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	alcoholic drink* 10.21 each	
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal		
Quorn™ 'no chicken' nuggets basket 🔥🔥 ✓		
Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal		

Small pub classics INCLUDES A DRINK 🍷🍷		
Fish and chips	soft drink* 7.84	alcoholic drink* 9.37
Small freshly battered cod and chips 🍷		
Peas 681 kcal or mushy peas 739 kcal		
Small Whitby breaded scampi	7.84	9.37
Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi		
Add: Two slices of bread ✓ (404 kcal) 1.34		
Chip shop-style curry sauce 🍷 (118 kcal) 1.46		
Small Wiltshire cured ham, egg and chips UNDER 500 455 kcal	6.61	8.14
One slice of Wiltshire cured ham, fried egg		
Small all-day brunch 681 kcal	6.91	8.44
Lincolnshire sausage, bacon, fried egg, baked beans, chips		
Add: Black pudding (178 kcal) 75p		
Small vegetarian all-day brunch ✓ 611 kcal	6.91	8.44
Two vegan sausages, fried egg, baked beans, chips		
Afternoon deal	soft drink* 6.09	alcoholic drink* 7.62
Mon - Fri, 2pm - 5pm		
Choose from the above small pub classic meals.		

Pub classics INCLUDES A DRINK 🍷🍷

Fish and chips	soft drink* 10.08	alcoholic drink* 11.61
Freshly battered cod and chips 🍷		
Peas 1240 kcal or mushy peas 1298 kcal		
Whitby breaded scampi	10.08	11.61
Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi		
Add: Two slices of bread ✓ (404 kcal) 1.34		
Chip shop-style curry sauce 🍷 (118 kcal) 1.46		

All-day brunch 1245 kcal	9.72	11.25
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips		
Add: Black pudding (178 kcal) 75p		
Vegetarian all-day brunch ✓ 1023 kcal	9.72	11.25
Two fried eggs, three vegan sausages, baked beans, chips		
Steak & kidney pudding 1279 kcal	8.32	9.85
Peas, onion & red wine gravy, chips		
Wiltshire cured ham, eggs and chips 856 kcal	7.73	9.26
Two slices of Wiltshire cured ham, two fried eggs		
Sausages, chips and beans 1170 kcal	7.73	9.26
Three Lincolnshire sausages		
Vegan sausages, chips and beans 🍷 910 kcal	7.73	9.26
Three vegan sausages		
NEW Chilli bean non-carne 🔥 🍷 UNDER 500 635 kcal	8.32	9.85
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips		

Afternoon deal	soft drink* 7.27	alcoholic drink* 8.80
Mon - Fri, 2pm - 5pm		
Choose from the above pub classic meals.		

Jacket potatoes INCLUDES A DRINK 🍷🍷

With side salad and one filling. Extra fillings 1.22 each.		
Coleslaw ✓ 559 kcal		
Cheese ✓ 512 kcal	soft drink* 6.85 each	alcoholic drink* 8.38 each
Baked beans 🍷 UNDER 500 482 kcal		
Chilli bean non-carne 🔥 🍷 UNDER 500 442 kcal		
Roasted vegetables 🍷 UNDER 500 383 kcal		

Steaks and grills INCLUDES A DRINK 🍷🍷

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.

Classic 8oz sirloin steak	soft drink* 11.25 each	alcoholic drink* 12.78 each
Choose: Side salad 526 kcal		
Mediterranean salad 657 kcal; Jacket potato 774 kcal		
Chips 1061 kcal		
Gourmet 8oz sirloin steak	soft drink* 13.59 each	alcoholic drink* 15.12 each
Peas, tomato, mushroom, three onion rings, steak sauce		
Choose: Side salad 785 kcal		
Mediterranean salad 915 kcal; Jacket potato 1032 kcal		
Chips 1320 kcal		
Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal)		
Jack Daniel's® Tennessee Honey glaze ✓ (87 kcal) 1.82 each		

Below meals are served with peas, tomato and mushroom.	soft drink* 10.08	alcoholic drink* 11.61
BBQ chicken melt		
Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce		
Choose: Side salad 🍷 609 kcal; Mediterranean salad 739 kcal		
Jacket potato 🍷 856 kcal; Chips 1143 kcal		
Mixed grill	11.89	13.42
Gammon, pork loin, rump, lamb, Lincolnshire sausage		
Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal		
Jacket potato 1231 kcal; Chips 1519 kcal		
Large mixed grill	13.65	15.18
Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings		
Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal		
Jacket potato 1724 kcal; Chips 2012 kcal		

Noodles, salads and pastas INCLUDES A DRINK 🍷🍷

Ramen noodle bowl 🔥🔥 🍷 UNDER 500 466 kcal	soft drink* 6.99	alcoholic drink* 8.52
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth		
Add: Char-grilled chicken breast (93 kcal) 1.15		
Poached egg ✓ (63 kcal) 93p		
Chicken & maple-cured bacon salad	9.47	11.00
Choose: Char-grilled chicken breast UNDER 500 283 kcal		
Southern-fried chicken breast strips UNDER 500 465 kcal		
Mediterranean salad 🍷 UNDER 500 334 kcal		