

Sides and extras

Bowl of chips 🟢 964 kcal (Add: Spicy seasoning 🟢 (7 kcal) 34p)	4.23
Small bowl of chips 🟢 602 kcal	2.48
Five chicken wings 🟢 407 kcal	3.34
NEW Five chicken breast bites 161 kcal	2.99
Eight Whitby breaded scampi 464 kcal	4.99
Grilled halloumi-style cheese 🟢 447 kcal	1.97
Peas 🟢 133 kcal	94p
Mushy peas 🟢 248 kcal	94p
Side salad 🟢 91 kcal	2.29
Mediterranean side salad 🟢 198 kcal	3.22
Roasted vegetables 🟢 135 kcal	1.53
Coleslaw 🟢 399 kcal	1.40
Sliced chillies 🟢 3 kcal	88p
Chicken gravy 50 kcal	94p
Onion rings 🟢	Six 269 kcal 2.33 Twelve 538 kcal 3.50
Garlic pizza bread 🟢	8" 386 kcal 4.40 11" 772 kcal 5.57
With cheese 🟢	8" 473 kcal 4.98 11" 922 kcal 6.44

Desserts

NEW Salted caramel sticky toffee pudding 🟢	5.22
Vanilla ice cream 877 kcal or custard 741 kcal	
NEW Millionaire's shortbread 🟢 🟠 409 kcal	2.27
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream 🟢 🟠 334 kcal	1.91
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch 🟢 🟠 364 kcal	1.91
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie 🟢 🟠 435 kcal	3.13
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich 🟢 🟠 431 kcal	3.13
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes 🟢 🟠 412 kcal	3.72
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit 🟢 🟠 470 kcal	4.79
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake 🟢 909 kcal. Vanilla ice cream	5.57
Warm chocolate brownie 🟢 736 kcal	5.57
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich 🟢 727 kcal	5.57
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble 🟢	5.84
Vanilla ice cream 673 kcal or custard 🟠 537 kcal	
American-style pancakes 🟢 🟠 689 kcal	5.22
Four pancakes, maple-flavour syrup, vanilla ice cream	

Add: Custard 🟢 (134 kcal) 1.23, Vanilla ice cream scoop 🟢 (135 kcal) 94p
Belgian chocolate sauce 🟢 (61 kcal) 42p; Toffee sauce 🟢 (66 kcal) 42p
Banana 🟢 (110 kcal) 62p; Strawberries 🟢 (27 kcal) 62p; Blueberries 🟢 (17 kcal) 62p

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

🟢 = Very mild **🟡** = Mild **🟠** = Medium hot **🔴** = Very hot
🔴🔴🔴 = Extremely hot

🟢 Vegetarian **🟠** Vegan **5%** 5% fat or less **🟠 500** Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.⁸

BREAKFAST

Large breakfast 1343 kcal	7.09
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	5.41
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast 🟠 435 kcal	4.84
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	4.84
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 🟢 1129 kcal	7.09
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 🟢 786 kcal	5.41
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast 🟢 🟠 291 kcal	4.84
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast 🟢 642 kcal	5.01
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
American breakfast 1258 kcal	7.09
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	5.22
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Porridge 🟢 🟠 252 kcal (plain)	2.09
Add: Banana 🟢 (110 kcal) 62p; Maple-flavour syrup 🟢 (125 kcal) 34p	
Strawberries 🟢 (27 kcal) 62p; Blueberries 🟢 (17 kcal) 62p	
Honey 🟢 (91 kcal) 34p; Sliced apple 🟢 (46 kcal) 62p	

Breakfast extras

Add any of the following:							
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans 🟢 126 kcal	93p		
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms 🟢 100 kcal	93p		
Vegan sausage 🟢 82 kcal	1.05	Two scrambled eggs 🟢 136 kcal	1.63	Two grilled tomato halves 🟢 16 kcal	52p		
Slice of toast 🟢 225 kcal	1.13	Fried egg 🟢 56 kcal	93p	Grilled halloumi-style cheese 🟢 447 kcal	1.97		
Hash brown 🟢 82 kcal	46p	Poached egg 🟢 63 kcal	93p				

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.08
Sausage butty 714 kcal	4.08
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 🟢 541 kcal	4.08
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 🟢 🟠 435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin 🟢 🟠 249 kcal	3.47
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin 🟢 🟠 314 kcal	3.96
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin 🟢 🟠 417 kcal	3.96
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin 🟢 🟠 330 kcal	3.96
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 🟠 482 kcal	4.20
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Smashed avocado muffin 🟢 🟠 271 kcal	4.20
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg 🟢 (63 kcal) 93p	
Grilled halloumi-style cheese 🟢 (447 kcal) 1.97	
Add: Hash brown 🟢 (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 7am - 12 noon

NEW Fiesta brunch 🟢 659 kcal	4.08
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal	5.57
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict 🟢 638 kcal	5.57
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	5.57
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
American-style pancakes	
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 🟢 🟠 708 kcal	5.22
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	
Four pancakes, maple-flavour syrup. 🟢 🟠 554 kcal	5.22
Small American-style pancakes	3.72
Two pancakes, maple-cured bacon, maple-flavour syrup. 🟠 322 kcal	
Two pancakes, maple-flavour syrup. 🟢 🟠 277 kcal	3.41
Scrambled egg on toast 🟢 570 kcal	3.96
Three eggs, buttered white bloomer toast	
Beans on toast 🟢 🟠 566 kcal. Buttered white bloomer toast	3.84
NEW Vegan option available with vegan spread 🟢 🟠 460 kcal	
Small beans on toast 🟢 🟠 252 kcal	2.74
Buttered white bloomer toast	
Two slices of toast with jam or marmalade 🟢 524 kcal	2.69
White bloomer bread	
Fresh fruit 🟢 🟠 200 kcal	3.84
Apple, banana, blueberries, strawberries	
NEW Fresh fruit and yoghurt 🟢 🟠 334 kcal	4.84
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Breakfast wrap 724 kcal	4.56
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 🟢 735 kcal	4.56
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Tea, coffee and hot chocolate

FREE REFILLS*

TEA, COFFEE AND HOT CHOCOLATE - ALL DAY EVERY DAY -

LAVAZZA TORINO, ITALIA 1895

100% ARABICA BEANS

100% UK AND IRISH BEEF

£1.56 each

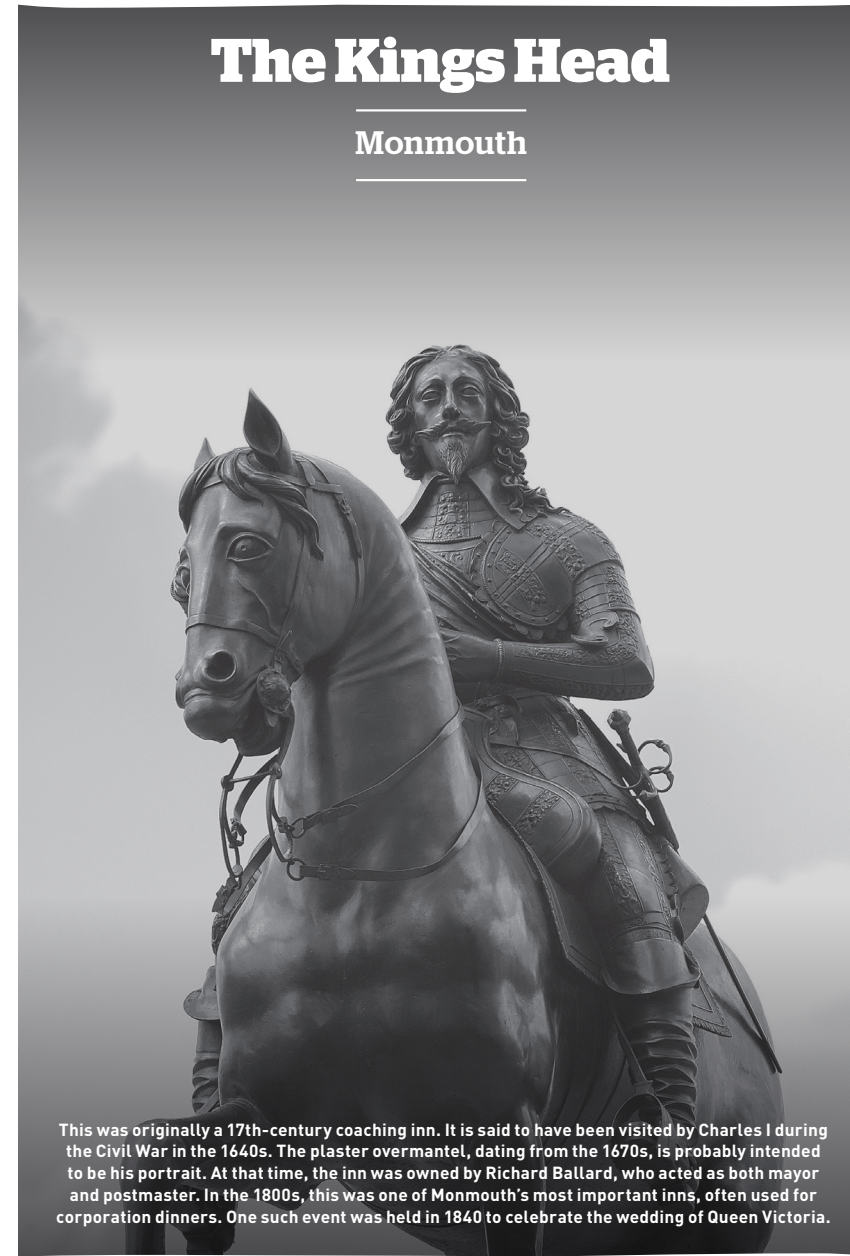
- Flat white 🟢 92 kcal
- Cappuccino 🟢 102 kcal
- Latte 🟢 113 kcal
- Mocha 🟢 147 kcal
- Espresso 🟢 6 kcal
- Black coffee 🟢 6 kcal
- White coffee 🟢 24 kcal
- Hot chocolate 🟢 169 kcal
- Tea with semi-skimmed milk 🟢 14 kcal
- Dairy alternative: oat sachet 🟢 4 kcal
- Decaffeinated tea and coffee available.

Biscuits
Walkers shortbread 🟢 151 kcal 71p
Stem ginger biscuit 🟢 123 kcal 71p
Belgian chocolate biscuit 🟢 129 kcal 71p
Salted caramel brownie bar 🟢 316 kcal 1.64

for the facts **drinkaware.co.uk**
jdetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



This was originally a 17th-century coaching inn. It is said to have been visited by Charles I during the Civil War in the 1640s. The plaster overmantel, dating from the 1670s, is probably intended to be his portrait. At that time, the inn was owned by Richard Ballard, who acted as both mayor and postmaster. In the 1800s, this was one of Monmouth's most important inns, often used for corporation dinners. One such event was held in 1840 to celebrate the wedding of Queen Victoria.

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING 5 (out of 5)

Food hygiene rating
We have been awarded the maximum food hygiene rating of 5 in our pub.

Sustainable fish
The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

Free-range eggs
100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

100% UK and Irish beef
From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Breakfast 7am - 12 noon	Traditional breakfast £5.41
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Tea, coffee and hot chocolate Free refills	£1.56 each
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Deli Deals

INCLUDES A DRINK 🟢 🟠

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£3.97

soft drink* | alcoholic drink*
£5.00 | **£6.53**

Burger meals

INCLUDES A DRINK 🟢 🟠

Featuring 3oz American burger

soft drink* | alcoholic drink*
£6.33 | **£7.86**

Afternoon deals

INCLUDES A DRINK 🟢 🟠

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink* | alcoholic drink*
£7.00 | **£8.53**

Steak Club

INCLUDES A DRINK 🟢 🟠

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink* | alcoholic drink*
£10.76 | **£12.29**

Curry Club

INCLUDES A DRINK 🟢 🟠

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink* | alcoholic drink*
£8.91 | **£10.44**

INCLUDES A DRINK 🟢 🟠

Choose from over 150 drinks

LAVAZZA TORINO, ITALIA, 1895
100% ARABICA BEANS

Coffee
The freshly ground 100% Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu
Best children's meals (first place) Independently run 'secret diner' survey.

Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.












wetherspoon hotels
Over 50 hotels in England, Ireland, Scotland and Wales








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

UNLIMITED FREE Wi-Fi

Small plates | Any 3 for £14.93



















8" pizzas. **Sourdough base – proved, stretched, topped and freshly baked to order.**

Margherita   467 kcal. Mozzarella, basil	6.04
Pepperoni   575 kcal. Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.61
BBQ chicken 555 kcal	6.61
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable  514 kcal	6.61
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Vegan roasted vegetable    355 kcal	6.61
Mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast    615 kcal	7.20
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	

NEW Char-grilled halloumi-style cheese  514 kcal	5.19
Rocket, roasted pepper, courgette, onion, salsa	
11" garlic pizza bread  772 kcal	5.57
Nachos    695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	6.09
Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.85
Cheesy chips  1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.31
Tomato & basil soup    374 kcal. White bloomer bread	4.23




















NEW Vegan option available with vegan spread    285 kcal

With any of the small plates below, choose one dip.

Sweet chilli   37 kcal; Sticky soy  100 kcal; Naga chilli    136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo    150 kcal	
Blue cheese  270 kcal; BBQ sauce  83 kcal	
Halloumi-style fries   396 kcal	5.19
Chicken bites  322 kcal. Ten battered chicken breast pieces	6.31
Southern-fried chicken strips   459 kcal. Five chicken breast strips	6.31
Chicken wings    813 kcal. Ten spicy chicken wings	6.99
Quorn™ nuggets   331 kcal. Eight coated pieces	5.19

Deli Deals INCLUDES A DRINK












All wraps and paninis are freshly made to order.

NEW 10" wraps A smaller wrap and filling.	
Small brunch wrap 559 kcal	
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink 3.97 each
Small vegetarian brunch wrap  545 kcal	
Fried egg, two vegan sausages, Cheddar cheese	soft drink* 5.00 each
Small shawarma chicken    502 kcal	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink* 6.53 each
Small Quorn™ nuggets   310 kcal	
Salad leaves, tomato, cucumber, salsa	
Small southern-fried chicken    399 kcal	
Salad leaves, smoky chipotle mayo	
Small cold chicken breast     277 kcal	
Salad leaves, sweet chilli sauce	
Small fried halloumi-style cheese     391 kcal	
Salad leaves, sweet chilli sauce, tomato, cucumber	
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) 1.03 each	

12" wraps


NEW Shawarma chicken    719 kcal

Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

Quorn™ nuggets    508 kcal. Tomato, cucumber, salsa	
Southern-fried chicken    609 kcal	
Salad leaves, smoky chipotle mayo	
Cold chicken breast    479 kcal	soft drink* 6.58 each
Salad leaves, sweet chilli sauce	
Fried halloumi-style cheese    707 kcal	alcoholic drink* 8.11 each
Salad leaves, sweet chilli sauce, tomato, cucumber	

Paninis

Tuna mayo and Cheddar cheese 590 kcal

Cheddar cheese and tomato  527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal

BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.


Add: Side salad  (91 kcal); Tomato & basil soup  (150 kcal)

Spicy rice  (208 kcal); Chips  (602 kcal) **1.44** each

Adults need around 2000 kcal a day.⁸

Burgers INCLUDES A DRINK



Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	
American burger 696 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Classic beef burger 677 kcal	
Iceberg lettuce, tomato, red onion	soft drink* 6.33 each alcoholic drink* 7.86 each
Skinny beef burger  375 kcal	
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	
American cheese burger 730 kcal	
American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 6.93 alcoholic drink* 8.46

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	
Double American burger 1138 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Double classic beef burger 1119 kcal	
Iceberg lettuce, tomato, red onion	soft drink* 8.71 each alcoholic drink* 10.24 each







Double American cheese burger 1207 kcal	
American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink* 9.31 alcoholic drink* 10.84

Chicken burgers	
Served with a small portion of chips (329 kcal, included in the Calories below).	
Crunchy chicken strip burger  776 kcal	soft drink* 6.33
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink* 7.86



Served with chips (602 kcal, included in Calories below).	
Fried buttermilk chicken burger 1255 kcal	
Breaded whole chicken breast fillet	
Char-grilled chicken breast burger 970 kcal	
Skinny chicken burger   394 kcal	soft drink* 8.71 each alcoholic drink* 10.24 each
Char-grilled chicken breast, with a side salad, instead of chips	

Meat-free burgers	
Served with chips (602 kcal, included in Calories below).	
Beyond Burger™  1043 kcal	
 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* 8.71 each alcoholic drink* 10.24 each
Breaded vegetable burger  1039 kcal	
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	
Fried halloumi-style cheese burger   1118 kcal. Sweet chilli sauce	
Just-a-burger	
Served on its own, without chips or a drink.	each 3.77
American burger   367 kcal	
Red onion, gherkin, ketchup, American-style mustard	
Crunchy chicken strip burger   447 kcal	
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	

Curries INCLUDES A DRINK

Classic curries With basmati pilau rice, plain naan and poppadums.	
Mangalorean roasted cauliflower & spinach curry    927 kcal	
Chicken tikka masala  1190 kcal	soft drink* 10.95 each alcoholic drink* 12.48 each
Chicken jalfrezi    935 kcal	
Beef Madras     1043 kcal	
Change your plain naan to a garlic naan  (add 92 kcal) 47p	




Simple curries With basmati pilau rice or chips.	
Simple Mangalorean roasted cauliflower & spinach curry   Choose: Basmati pilau rice  568 kcal; Chips 970 kcal	
Simple chicken tikka masala  Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal	soft drink* 8.59 each alcoholic drink* 10.12 each
Simple chicken jalfrezi    Choose: Basmati pilau rice  575 kcal; Chips 977 kcal	
Simple beef Madras     Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal	
Add: One vegetable samosa and two onion bhajis   (293 kcal) 1.76	
Two plain poppadums  (86 kcal) 47p	



Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.	
Katsu grilled chicken curry  542 kcal	
Sliced char-grilled chicken breast	
Katsu Quorn™ nugget curry  686 kcal	soft drink* 9.78 each alcoholic drink* 11.31 each
Eight coated pieces	
Katsu chicken curry 828 kcal	
Sliced whole breaded chicken breast fillet	

Gourmet burgers
Served with chips, six onion rings (871 kcal, included in Calories below).




Ultimate burger 1656 kcal	
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger	
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (two 3oz beef patties) 1567 kcal	
Char-grilled chicken breast 1417 kcal	
Fried buttermilk chicken 1703 kcal	





BBQ burger	
Maple-cured bacon, Cheddar cheese, BBQ sauce	
Choose: Beef (two 3oz beef patties) 1644 kcal	
Char-grilled chicken breast 1494 kcal	
Fried buttermilk chicken 1780 kcal	

Heatwave burger   	
Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing	
Choose: Char-grilled chicken breast 1722 kcal	
Fried buttermilk chicken 2007 kcal	





Fiesta burger  1380 kcal	
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	soft drink* 11.02 each
	alcoholic drink* 12.55 each





Triple American cheese & bacon burger 1770 kcal	soft drink* 12.54
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard	alcoholic drink* 14.07

Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50

3oz beef patty 168 kcal	
Char-grilled chicken breast 187 kcal	
Fried buttermilk chicken 473 kcal	each 1.97
Breaded vegetable patty  257 kcal	
Fried halloumi-style cheese  298 kcal	
 BEYOND MEAT patty  184 kcal	

Chicken INCLUDES A DRINK

Chicken on the bone is marinated, slow cooked and finished on the char-grill.	
Peri-peri char-grilled half chicken	
Lemon and herb  Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	soft drink* 11.99 each
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	
Hot and spicy    Char-grilled in a Naga chilli & citrus glaze	alcoholic drink* 13.52 each
Coleslaw, Naga chilli dip	
Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	
Char-grilled half chicken, mash and gravy 818 kcal	
Lemon & herb chicken, peas, chicken gravy	

Chicken baskets	
Chicken wing basket    Eight wings, coleslaw, Naga chilli dip	
Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal	
Boneless basket  Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	soft drink* 9.71 each
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	
Chicken bites basket	alcoholic drink* 11.24 each
Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice	