


























Desserts

NEW Giant profiterole   433 kcal	5.91
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry Vanilla ice cream	
NEW Salted caramel sticky toffee pudding  877 kcal	5.57
Vanilla ice cream	
NEW Millionaire's shortbread   409 kcal	2.46
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream   334 kcal	2.11
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch   364 kcal	2.11
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie   435 kcal	3.28
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich   431 kcal	3.28
Salted caramel filling, toffee sauce, vanilla ice cream	
Fresh fruit   470 kcal	5.16
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake  909 kcal	5.91
Vanilla ice cream	
Warm chocolate brownie  736 kcal	5.91
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich  727 kcal	5.91
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble  673 kcal	6.22
Vanilla ice cream	

Add: Vanilla ice cream scoop  (135 kcal) 94p ; Toffee sauce  (66 kcal) 42p	
Belgian chocolate sauce  (61 kcal) 42p ; Banana  (110 kcal) 62p	
Strawberries  (27 kcal) 62p ; Blueberries  (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

-  = Very mild
-  = Mild
-  = Medium hot
-  = Very hot
-  = Extremely hot
-  = Vegetarian
-  = Vegan
-  = 5% fat or less
-  = Dish under 500 Calories
-  = Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.⁸

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








BREAKFAST







Served
7am - 12 noon

Large breakfast 1343 kcal	7.43
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	5.75
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast  435 kcal	5.19
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	




Add: Black pudding (178 kcal) 75p	

Freedom breakfast 586 kcal	5.19
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast  1129 kcal	7.43
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast  786 kcal	5.75
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast   291 kcal	5.19
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast  642 kcal	5.36
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge   252 kcal (plain)	2.09
Add: Banana  (110 kcal) 62p ; Strawberries  (27 kcal) 62p	
Blueberries  (17 kcal) 62p ; Honey  (91 kcal) 34p	
Sliced apple  (46 kcal) 62p	

Breakfast extras

Add any of the following:	
Black pudding 178 kcal	75p
Lincolnshire sausage 168 kcal	1.05
Vegan sausage  82 kcal	1.05
Slice of toast  225 kcal	1.13
Hash brown  82 kcal	46p
Two rashers of back bacon 131 kcal	1.57
Four rashers of maple-cured bacon 91 kcal	1.52
Two scrambled eggs  136 kcal	1.63
Fried egg  56 kcal	93p
Poached egg  63 kcal	93p

Breakfast butties and wraps















Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.36
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	4.36
Vegetarian sausage butty  541 kcal Two vegan sausages, buttered white bloomer bread	4.36
NEW Vegan option available with vegan spread   435 kcal	





Breakfast muffin deal


Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin   249 kcal	3.77
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin  314 kcal	4.23
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin  417 kcal	4.23
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin   330 kcal	4.23
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin  482 kcal	4.47
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	

Add: Hash brown  (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

NEW Fiesta brunch  659 kcal	4.36
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal	5.92
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict  638 kcal	5.92
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	5.92
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
Scrambled egg on toast  570 kcal	4.36
Three eggs, buttered white bloomer toast	
Beans on toast   566 kcal. Buttered white bloomer toast	3.77
NEW Vegan option available with vegan spread   460 kcal	
Small beans on toast   252 kcal	2.62
Buttered white bloomer toast	
Two slices of toast with jam or marmalade  524 kcal	2.58
White bloomer bread	
Fresh fruit   200 kcal	3.77
Apple, banana, blueberries, strawberries	
NEW Fresh fruit and yoghurt   334 kcal	5.19
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Baked beans  126 kcal	93p
Two mushrooms  100 kcal	93p
Two grilled tomato halves  16 kcal	52p
Grilled halloumi-style cheese  447 kcal	1.97


Breakfast wrap 724 kcal	4.93
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap  735 kcal	4.93
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Tea, coffee and hot chocolate


FREE REFILLS*


TEA, COFFEE AND HOT CHOCOLATE


— ALL DAY EVERY DAY —





£1.56 each


Flat white  92 kcal


Cappuccino  102 kcal


Latte  113 kcal


Mocha  147 kcal


Espresso  6 kcal

Black coffee  6 kcal

White coffee  24 kcal


Hot chocolate  169 kcal


Tea with semi-skimmed milk  14 kcal


Dairy alternative: oat sachet  4 kcal


Decaffeinated tea and coffee available.

Biscuits

Walkers shortbread  151 kcal **71p**

Stem ginger biscuit  123 kcal **71p**

Belgian chocolate biscuit  129 kcal **71p**

Salted caramel brownie bar  316 kcal **1.64**

for the facts
drinkaware.co.uk
jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



The Troll Cart

Great Yarmouth

This modern development stands near the site of the Theatre Gate, in the medieval town wall which surrounded Great Yarmouth on three sides. The west side was protected by the River Yare. Thousands of people lived within the old walls, in cramped, narrow lanes known as 'The Rows', where goods were carried on specially made troll carts. Many of the rows were destroyed by bombing in World War II. Others were demolished to make way for new developments.





Table service



Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING

1 2 3 4 5

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

100% UK AND IRISH BEEF

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
7am - 12 noon

Traditional breakfast
£5.75

Tea, coffee and hot chocolate

Free refills



£1.56 each

Deli Deals
INCLUDES A DRINK  

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£4.22

soft drink*	alcoholic drink*
£5.25	£6.78

Burger meals
INCLUDES A DRINK  

Featuring 3oz American burger

soft drink*	alcoholic drink*
£6.61	£8.14

Afternoon deals
INCLUDES A DRINK  

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink*	alcoholic drink*
£7.27	£8.80

Steak Club
INCLUDES A DRINK  

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink*	alcoholic drink*
£10.83	£12.36

Curry Club
INCLUDES A DRINK  

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink*	alcoholic drink*
£9.07	£10.60

INCLUDES A DRINK  

Choose from over 150 drinks

LAVAZZA Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

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UNLIMITED
FREE Wi-Fi

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

MENU_210

SIM

