

## Sides and extras

<b>Bowl of chips</b> 964 kcal (Add: Spicy seasoning  (8 kcal) 34p)	<b>4.23</b>
<b>Small bowl of chips</b> 602 kcal	<b>2.48</b>
<b>Five chicken wings</b> 402 kcal	<b>3.34</b>
<b>Eight Whitby breaded scampi</b> 527 kcal	<b>4.99</b>
<b>Grilled halloumi-style cheese</b> 446 kcal	<b>1.97</b>
<b>Peas</b> 130 kcal	<b>94p</b>
<b>Mushy peas</b> 248 kcal	<b>94p</b>
<b>Side salad</b> 87 kcal	<b>2.29</b>
<b>Mediterranean side salad</b> 198 kcal	<b>3.22</b>
<b>Roasted vegetables</b> 135 kcal	<b>1.53</b>
<b>Coleslaw</b> 399 kcal	<b>1.40</b>
<b>Sliced chillies</b> 3 kcal	<b>88p</b>
<b>Onion rings</b>	<b>Six 269 kcal 2.33 Twelve 538 kcal 3.50</b>
<b>Garlic pizza bread</b>	<b>8' 386 kcal 4.40 11' 772 kcal 5.57</b>
<b>With cheese</b>	<b>8' 461 kcal 4.98 11' 922 kcal 6.44</b>

## Desserts

<b>Vanilla ice cream</b> 338 kcal	<b>1.82</b>
Two scoops, toffee sauce, Belgian chocolate sauce	
<b>Cookie crunch</b> 365 kcal	<b>1.82</b>
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
<b>Mini warm chocolate brownie</b> 435 kcal	<b>2.98</b>
Belgian chocolate sauce, vanilla ice cream	
<b>Mini warm cookie dough sandwich</b> 435 kcal	<b>2.98</b>
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>Fresh fruit</b> 447 kcal	<b>4.56</b>
Apple, banana, blueberries, strawberries, vanilla ice cream	
<b>Warm chocolate fudge cake</b> 913 kcal. Vanilla ice cream	<b>5.33</b>
<b>Warm chocolate brownie</b> 736 kcal	<b>5.33</b>
Belgian chocolate sauce, vanilla ice cream	
<b>Warm cookie dough sandwich</b> 735 kcal	<b>5.33</b>
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>British Bramley apple crumble</b> 830 kcal	<b>5.62</b>
Vanilla ice cream	
Add:	
<b>Vanilla ice cream scoop</b> (135 kcal) <b>94p</b>	
<b>Belgian chocolate sauce</b> (61 kcal) <b>42p</b>	
<b>Toffee sauce</b> (74 kcal) <b>42p</b>	
<b>Banana</b> (101 kcal) <b>62p</b>	
<b>Strawberries</b> (14 kcal) <b>62p</b>	
<b>Blueberries</b> (17 kcal) <b>62p</b>	

# BREAKFAST

Served  
8am - 12 noon

<b>Large breakfast</b> 1286 kcal	<b>6.59</b>	<b>Eggs Benedict</b> 725 kcal	<b>5.14</b>
Two fried eggs, bacon, two sausages, baked beans, three hash browns, mushroom, two slices of toast		Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
<b>Traditional breakfast</b> 742 kcal	<b>4.99</b>	<b>Mushroom Benedict</b> 629 kcal	<b>5.14</b>
Fried egg, bacon, sausage, baked beans, two hash browns, slice of toast		Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
<b>Small breakfast</b> 419 kcal	<b>4.45</b>	<b>Miner's Benedict</b> 939 kcal	<b>5.14</b>
Fried egg, bacon, sausage, baked beans, hash brown		Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
Add: Two slices of black pudding (355 kcal) <b>1.51</b>			
<b>Large vegetarian breakfast</b> 1206 kcal	<b>6.59</b>	<b>Scrambled egg on toast</b> 570 kcal	<b>3.77</b>
Two fried eggs, three Quorn sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		Three eggs, buttered white bloomer toast	
<b>Vegetarian breakfast</b> 816 kcal	<b>4.99</b>	<b>Beans on toast</b> 566 kcal. Buttered white bloomer toast	<b>3.66</b>
Two fried eggs, two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		<b>Two slices of toast with jam or marmalade</b> 496 kcal	<b>2.47</b>
<b>Small vegetarian breakfast</b> 313 kcal	<b>4.45</b>	<b>Fresh fruit</b> 177 kcal	<b>3.66</b>
Fried egg, Quorn sausage, baked beans, hash brown, tomato		Apple, banana, blueberries, strawberries	
<b>Vegan breakfast</b> 786 kcal	<b>4.61</b>	<b>Porridge</b> 252 kcal (plain)	<b>2.09</b>
Two Quorn sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		Add: <b>Banana</b> (101 kcal) <b>62p</b>	
<b>Freedom breakfast</b> 545 kcal	<b>4.45</b>	<b>Strawberries</b> (14 kcal) <b>62p</b>	
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		<b>Blueberries</b> (17 kcal) <b>62p</b>	
		<b>Honey</b> (91 kcal) <b>34p</b>	

## Breakfast extras

Add any of the following:					
<b>Two slices of black pudding</b> 355 kcal	<b>1.51</b>	<b>Two rashers of back bacon</b> 99 kcal	<b>1.57</b>	<b>Two mushrooms</b> 91 kcal	<b>93p</b>
<b>Sausage</b> 168 kcal	<b>1.05</b>	<b>Two scrambled eggs</b> 136 kcal	<b>1.63</b>	<b>Two grilled tomato halves</b> 16 kcal	<b>52p</b>
<b>Quorn™ sausage</b> 116 kcal	<b>1.05</b>	<b>Fried egg</b> 56 kcal	<b>93p</b>	<b>Slice of toast</b> 191 kcal	<b>1.13</b>
<b>Grilled halloumi-style cheese</b> 396 kcal	<b>1.97</b>	<b>Poached egg</b> 63 kcal	<b>93p</b>		
<b>Baked beans</b> 126 kcal	<b>93p</b>	<b>Hash brown</b> 82 kcal	<b>46p</b>		

## Breakfast butties and wraps

<b>Bacon butty</b> 525 kcal. Three rashers of bacon, buttered white bloomer bread	<b>3.88</b>	<b>Breakfast wrap</b> 739 kcal	<b>4.36</b>
<b>Sausage butty</b> 713 kcal. Two sausages, buttered white bloomer bread	<b>3.88</b>	Fried egg, bacon, sausage, hash brown, Cheddar cheese	
<b>Quorn™ sausage butty</b> 609 kcal	<b>3.88</b>	<b>Vegetarian breakfast wrap</b> 835 kcal	<b>4.36</b>
Two Quorn sausages, buttered white bloomer bread		Fried egg, two Quorn sausages, two hash browns, Cheddar cheese	

## Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills

<b>Egg &amp; cheese muffin</b> 249 kcal	<b>3.31</b>
Fried egg, American-style cheese, in an English muffin	
<b>Egg &amp; bacon muffin</b> 298 kcal	<b>3.77</b>
Fried egg, bacon, American-style cheese, in an English muffin	
<b>Egg &amp; sausage muffin</b> 417 kcal	<b>3.77</b>
Fried egg, sausage, American-style cheese, in an English muffin	
<b>Egg &amp; Quorn™ sausage muffin</b> 364 kcal	<b>3.77</b>
Fried egg, Quorn sausage, American-style cheese, in an English muffin	
<b>Breakfast muffin</b> 466 kcal	<b>4.01</b>
Fried egg, sausage, bacon, American-style cheese, in an English muffin	

Add: Hash brown (82 kcal) **46p**

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. All prices are in pounds sterling and include VAT. Pricing may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J.D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: [jdwetherspoon.com](http://jdwetherspoon.com) \*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on the telephone, our website and our app. †Statement of daily calorie needs from the Department of Health & Social Care. †Excluding decaffeinated. †Drinks exclude bottled wine, sparkling wine, Prosecco, cocktails, spirits, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

## Tea, coffee and hot chocolate

**FREE REFILLS**  
TEA, COFFEE AND HOT CHOCOLATE  
— ALL DAY EVERY DAY —

**LAVAZZA**

**£1.56** each

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**Biscuits**

**Walkers shortbread** 151 kcal **71p**

**Stem ginger biscuit** 123 kcal **71p**

**Belgian chocolate biscuit** 129 kcal **71p**

**Salted caramel brownie bar** 316 kcal **1.64**

for the facts  
[drinkaware.co.uk](http://drinkaware.co.uk)

[jdwetherspoon.com](http://jdwetherspoon.com)

SWSEA

MENU\_5639

# FOOD

Main menu 11.30am - 11pm. Children's menu available.

**INCLUDES A DRINK\***

**Choose from over 150 drinks**

## The Gary Cooper

Dunstable



Frank Cooper attended the grammar school next door to Grove House during 1910-13, before leaving for the United States, aged 12. His film career began as an 'extra', before he was contracted to Paramount in 1927, having changed his name from Frank to Gary. By the end of the 1930s, Gary Cooper was reputedly the highest-paid film star in America. His most outstanding film performance was in 1952 as the town marshal in High Noon.



**Food hygiene rating**

We have been awarded the maximum food hygiene rating of 5 in our pub.



**100% UK and Irish beef**  
Sourced from farms in the UK and Ireland. Traceable from farm to fork.



**Sustainable fish**

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standards for well-managed and sustainable fisheries.



**Free-range eggs**

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

**Breakfast**  
8am - 12 noon

Traditional breakfast  
**£4.99**

**Tea, coffee and hot chocolate**  
Free refills

**£1.56**  
each

## Burger meals

**INCLUDES A DRINK\***

Featuring 3oz American burger soft drink\* | alcoholic drink\*  
**£5.44** | **£6.97**

## Afternoon deals

**INCLUDES A DRINK\***

Mon - Fri, 2pm - 5pm  
Featuring small freshly battered fish and chips soft drink\* | alcoholic drink\*  
**£6.09** | **£7.62**

## Steak Club®

**INCLUDES A DRINK\***

Tuesday 11.30am - 11pm  
Featuring classic 8oz sirloin soft drink\* | alcoholic drink\*  
**£9.67** | **£11.20**

## Curry Club®

**INCLUDES A DRINK\***

Thursday 11.30am - 11pm  
Featuring the katsu curry range soft drink\* | alcoholic drink\*  
**£7.91** | **£9.44**

**How to order from your table**



Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.



**Coffee**

The freshly ground 100% Arabica Lavazza coffee† we serve is from Rainforest Alliance-certified farms.

**Tea**

The Tetley tea we serve also comes from Rainforest Alliance-certified farms.

Tetley is a member of the Ethical Tea Partnership (ETP), aiming to improve tea sustainability.

wetherspoon **hotels**

**57** in England, Ireland, Scotland and Wales  
**HOTELS**  
Book direct for the best rates\* [jdwetherspoon.com](http://jdwetherspoon.com) or on our app



**goodfoodtalks**  
opening menus for everybody  
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.†

