

Sides and extras

| | | | | |
|-------------------------------|---------------------------------|----------|-----------------|------|
| Bowl of chips | 964 kcal (Add: Spicy seasoning) | (7 kcal) | 34p | 4.23 |
| Small bowl of chips | 602 kcal | | | 2.48 |
| Five chicken wings | 407 kcal | | | 3.34 |
| NEW Five chicken breast bites | 161 kcal | | | 2.99 |
| Eight Whitby breaded scampi | 464 kcal | | | 4.99 |
| Grilled halloumi-style cheese | 447 kcal | | | 1.97 |
| Peas | 133 kcal | | | 94p |
| Mushy peas | 248 kcal | | | 94p |
| Side salad | 91 kcal | | | 2.29 |
| Mediterranean side salad | 198 kcal | | | 3.22 |
| Roasted vegetables | 135 kcal | | | 1.53 |
| Colestlaw | 399 kcal | | | 1.40 |
| Sliced chillies | 3 kcal | | | 88p |
| Chicken gravy | 50 kcal | | | 94p |
| Onion rings | Six 269 kcal | 2.33 | Twelve 538 kcal | 3.50 |
| Garlic pizza bread | 8* 386 kcal | 4.40 | 11* 772 kcal | 5.57 |
| With cheese | 8* 473 kcal | 4.98 | 11* 922 kcal | 6.44 |

Desserts

| | |
|---|--|
| NEW Salted caramel sticky toffee pudding | 4.99 |
| Vanilla ice cream | 877 kcal or custard 741 kcal |
| NEW Millionaire's shortbread | 409 kcal |
| Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce | |
| Vanilla ice cream | 334 kcal |
| Two scoops, toffee sauce, Belgian chocolate sauce | |
| Cookie crunch | 364 kcal |
| Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce | |
| Mini warm chocolate brownie | 435 kcal |
| Belgian chocolate sauce, vanilla ice cream | |
| Mini warm cookie dough sandwich | 431 kcal |
| Salted caramel filling, toffee sauce, vanilla ice cream | |
| Mini American-style pancakes | 412 kcal |
| Two pancakes, maple-flavour syrup, vanilla ice cream | |
| Fresh fruit | 470 kcal |
| Apple, banana, blueberries, strawberries, vanilla ice cream | |
| Warm chocolate fudge cake | 909 kcal. Vanilla ice cream |
| Warm chocolate brownie | 736 kcal |
| Belgian chocolate sauce, vanilla ice cream | |
| Warm cookie dough sandwich | 727 kcal |
| Salted caramel filling, toffee sauce, vanilla ice cream | |
| British Bramley apple crumble | 537 kcal |
| Vanilla ice cream | |
| American-style pancakes | 689 kcal |
| Four pancakes, maple-flavour syrup, vanilla ice cream | |
| Add: Custard | (134 kcal) 1.23. Vanilla ice cream scoop |
| (135 kcal) 94p | |
| Belgian chocolate sauce | (61 kcal) 42p. Toffee sauce |
| (66 kcal) 42p | |
| Banana | (110 kcal) 62p. Strawberries |
| (27 kcal) 62p. Blueberries | (17 kcal) 62p |

BREAKFAST

| | | |
|---|-------------------------------------|----------------|
| Large breakfast | 1343 kcal | 6.59 |
| Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast | | |
| Traditional breakfast | 807 kcal | 4.99 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast | | |
| Small breakfast | 435 kcal | 4.45 |
| Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown | | |
| Add: Black pudding | (178 kcal) 75p | |
| Freedom breakfast | 586 kcal | 4.45 |
| Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato | | |
| Large vegetarian breakfast | 1129 kcal | 6.59 |
| Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast | | |
| Vegetarian breakfast | 786 kcal | 4.99 |
| Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast | | |
| Small vegetarian breakfast | 291 kcal | 4.45 |
| Fried egg, vegan sausage, baked beans, hash brown, tomato | | |
| Vegan breakfast | 642 kcal | 4.61 |
| Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread | | |
| American breakfast | 1258 kcal | 6.85 |
| Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup | | |
| Small American breakfast | 629 kcal | 4.99 |
| Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup | | |
| Porridge | 252 kcal (plain) | 2.09 |
| Add: Banana | (110 kcal) 62p. Maple-flavour syrup | (125 kcal) 34p |
| Strawberries | (27 kcal) 62p. Blueberries | (17 kcal) 62p |
| Honey | (91 kcal) 34p. Sliced apple | (46 kcal) 62p |

Breakfast extras

| | | | | |
|---------------------------|----------|------|-----------------------------------|---------------|
| Add any of the following: | | | | |
| Black pudding | 178 kcal | 75p | Two rashers of back bacon | 131 kcal 1.57 |
| Lincolnshire sausage | 168 kcal | 1.05 | Four rashers of maple-cured bacon | 91 kcal 1.52 |
| Vegan sausage | 82 kcal | 1.05 | Two scrambled eggs | 136 kcal 1.63 |
| Slice of toast | 225 kcal | 1.13 | Fried egg | 56 kcal 93p |
| Hash brown | 82 kcal | 46p | Poached egg | 63 kcal 93p |

Breakfast butties and wraps

| | | |
|---|--|------|
| Bacon butty | 574 kcal. Three rashers of bacon, buttered white bloomer bread | 3.88 |
| Sausage butty | 714 kcal | 3.88 |
| Two Lincolnshire sausages, buttered white bloomer bread | | |
| Vegetarian sausage butty | 541 kcal | 3.88 |
| Two vegan sausages, buttered white bloomer bread | | |
| NEW Vegan option available with vegan spread | 435 kcal | |

Breakfast muffin deal

| | |
|---|-----------------------------|
| Includes tea, coffee or hot chocolate. Free refills* | |
| Egg & cheese muffin | 249 kcal 3.31 |
| Fried egg, American-style cheese, in an English muffin | |
| Egg & bacon muffin | 314 kcal 3.77 |
| Fried egg, bacon, American-style cheese, in an English muffin | |
| Egg & sausage muffin | 417 kcal 3.77 |
| Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin | |
| Egg & vegetarian sausage muffin | 330 kcal 3.77 |
| Fried egg, vegan sausage, American-style cheese, in an English muffin | |
| Breakfast muffin | 482 kcal 4.01 |
| Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin | |
| Smashed avocado muffin | 271 kcal 4.01 |
| Guacamole, pico de gallo, on an English muffin, rocket | |
| Add: Maple-cured bacon | (91 kcal) 1.52. Poached egg |
| (63 kcal) 93p | |
| Grilled halloumi-style cheese | (447 kcal) 1.97 |
| Add: Hash brown | (82 kcal) 46p |

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com

*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. **Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. **Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am - 12 noon

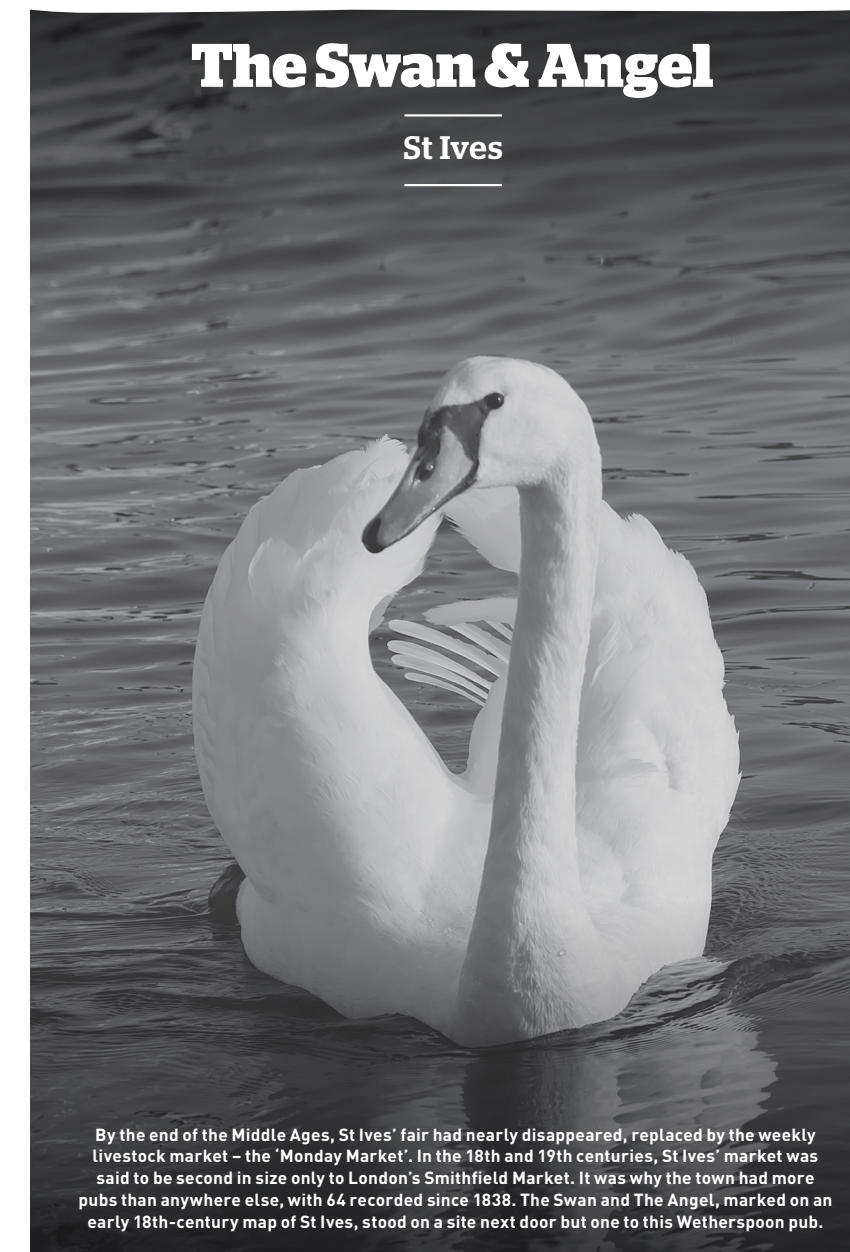
| | |
|--|---------------|
| NEW Fiesta brunch | 659 kcal 3.88 |
| Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa | |
| Eggs Benedict | 725 kcal 5.14 |
| Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket | |
| Mushroom Benedict | 638 kcal 5.14 |
| Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket | |
| Miner's Benedict | 939 kcal 5.14 |
| Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket | |
| American-style pancakes | |
| NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup | 708 kcal 4.99 |
| Four pancakes, maple-cured bacon, maple-flavour syrup | 645 kcal 4.99 |
| Four pancakes, maple-flavour syrup | 554 kcal 4.30 |
| Small American-style pancakes | |
| Two pancakes, maple-cured bacon, maple-flavour syrup | 322 kcal 3.54 |
| Two pancakes, maple-flavour syrup | 277 kcal 3.25 |
| Scrambled egg on toast | 570 kcal 3.77 |
| Three eggs, buttered white bloomer toast | |
| Beans on toast | 566 kcal 3.66 |
| Buttered white bloomer toast | |
| NEW Vegan option available with vegan spread | 460 kcal 2.62 |
| Small beans on toast | 252 kcal 2.62 |
| Buttered white bloomer toast | |
| Two slices of toast with jam or marmalade | 524 kcal 2.47 |
| White bloomer bread | |
| Fresh fruit | 200 kcal 3.66 |
| Apple, banana, blueberries, strawberries | |
| NEW Fresh fruit and yoghurt | 334 kcal 4.45 |
| Apple, banana, blueberries, strawberries, Greek-style honey yoghurt | |

| | |
|-------------------------------|---------------|
| Baked beans | 126 kcal 93p |
| Two mushrooms | 100 kcal 93p |
| Two grilled tomato halves | 16 kcal 52p |
| Grilled halloumi-style cheese | 447 kcal 1.97 |

| | |
|--|---------------|
| Breakfast wrap | 724 kcal 4.36 |
| Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese | |
| Vegetarian breakfast wrap | 735 kcal 4.36 |
| Fried egg, two vegan sausages, two hash browns, Cheddar cheese | |

FOOD

Main menu 11.30am - 11pm. Children's menu available.



By the end of the Middle Ages, St Ives' fair had nearly disappeared, replaced by the weekly livestock market - the 'Monday Market'. In the 18th and 19th centuries, St Ives' market was said to be second in size only to London's Smithfield Market. It was why the town had more pubs than anywhere else, with 64 recorded since 1838. The Swan and The Angel, marked on an early 18th-century map of St Ives, stood on a site next door but one to this Wetherspoon pub.

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

FOOD HYGIENE RATING

1 2 3 4 5

Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.

100% UK AND IRISH BEEF

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£4.99

Tea, coffee and hot chocolate
Free refills
£1.56 each

Deli Deals
INCLUDES A DRINK
Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink
£3.08
soft drink* **£4.11** alcoholic drink* **£5.64**

Burger meals
INCLUDES A DRINK
Featuring 3oz American burger
soft drink* **£5.44** alcoholic drink* **£6.97**

Afternoon deals
INCLUDES A DRINK
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* **£6.09** alcoholic drink* **£7.62**

Steak Club
INCLUDES A DRINK
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* **£9.67** alcoholic drink* **£11.20**

Curry Club
INCLUDES A DRINK
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* **£7.91** alcoholic drink* **£9.44**

INCLUDES A DRINK
Choose from over 150 drinks

LAVAZZA

TORINO, ITALIA, 1895

100% ARABICA BEANS

Coffee

The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

AWARD-WINNING CHILDREN'S MENU

Best children's meals (first place) Independently run 'secret diner' survey.

OUT TO LUNCH SOIL ASSOCIATION

FOOD MILE GOOD

2024 - 2026

Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

/ = Very mild // = Mild /// = Medium hot //// = Very hot ///// = Extremely hot

V Vegetarian V Vegan 5% 5% fat or less UNDER 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.‡

for the facts
drinkaware.co.uk

jdwetherspoon.com

STDCUBTRIAL

MENU 7140

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.‡

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

wetherspoon hotels
Over 50 hotels in England, Ireland, Scotland and Wales
Book direct for the best rates*
at jdwwetherspoon.com, on our app or by phone.

UNLIMITED FREE Wi-Fi

Small plates | Any 3 for **£14.93**

8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.

| | |
|--|-------------|
| Margherita V <small>USDA 500</small> 467 kcal. Mozzarella, basil | 5.91 |
| Pepperoni P/P 575 kcal. Mozzarella, pepperoni | 6.51 |
| Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket | 6.51 |
| BBQ chicken 555 kcal | 6.51 |
| Mozzarella, BBQ sauce, chicken breast, red onion, rocket | |
| Roasted vegetable V 514 kcal | 6.51 |
| Mozzarella, mushroom, roasted pepper, courgette, onion, basil | |
| Vegan roasted vegetable V <small>USDA 500</small> 355 kcal | 6.51 |
| Mushroom, roasted pepper, courgette, onion, basil | |
| Spicy meat feast P/P/P 615 kcal | 7.09 |
| Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | |

| | |
|---|-------------|
| NEW Char-grilled halloumi-style cheese V 514 kcal | 4.96 |
| Rocket, roasted pepper, courgette, onion, salsa | |
| 11" garlic pizza bread V 772 kcal | 5.57 |
| Nachos P/P/P V 695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies | 5.81 |
| Bowl of chips V 964 kcal | 4.23 |
| Bowl of chips with curry sauce V 1082 kcal | 5.58 |
| Cheesy chips V 1256 kcal | 5.41 |
| Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream | 6.03 |
| Tomato & basil soup V <small>USDA 500</small> 374 kcal. White bloomer bread | 4.23 |

NEW Vegan option available with vegan spread **V** USDA 500 285 kcal

With any of the small plates below, choose one dip:

| | |
|--|-------------|
| Sweet chilli P/P V 37 kcal; Sticky soy V 100 kcal; Naga chilli P/P/P V 136 kcal | |
| Jack Daniel's® Tennessee Honey glaze V 87 kcal; Chipotle mayo P/P/P V 150 kcal | |
| Blue cheese V 270 kcal; BBQ sauce V 83 kcal | |
| Halloumi-style fries V <small>USDA 500</small> 396 kcal | 4.96 |
| Chicken bites <small>USDA 500</small> 322 kcal. Ten battered chicken breast pieces | 6.09 |
| Southern-fried chicken strips <small>USDA 500</small> 459 kcal. Five chicken breast strips | 6.09 |
| Chicken wings P/P/P 813 kcal. Ten spicy chicken wings | 6.75 |
| Quorn™ nuggets V <small>USDA 500</small> 331 kcal. Eight coated pieces | 5.19 |

Deli Deals **INCLUDES A DRINK** **V**

All wraps and paninis are freshly made to order.

| | |
|---|------------------------------|
| NEW 10" wraps A smaller wrap and filling. | |
| Small brunch wrap 559 kcal | just-a-wrap, without a drink |
| Fried egg, bacon, Lincolnshire sausage, Cheddar cheese | 3.08 each |
| Small vegetarian brunch wrap V 545 kcal | |
| Fried egg, two vegan sausages, Cheddar cheese | |
| Small shawarma chicken P/P/P 502 kcal | soft drink* |
| Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint | 4.11 each |
| Small Quorn™ nuggets V <small>USDA 500</small> 310 kcal | |
| Salad leaves, tomato, cucumber, salsa | alcoholic drink* |
| Small southern-fried chicken P/P/P <small>USDA 500</small> 399 kcal | 5.64 each |
| Salad leaves, smoky chipotle mayo | |
| Small cold chicken breast P/P <small>USDA 500</small> 277 kcal | |
| Salad leaves, sweet chilli sauce | |
| Small fried halloumi-style cheese P/P V <small>USDA 500</small> 391 kcal | |
| Salad leaves, sweet chilli sauce, tomato, cucumber | |
| Add: Small side salad V (46 kcal); Small portion of chips V (329 kcal) | 1.03 each |

12" wraps

NEW Shawarma chicken **P/P/P** 719 kcal
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

| | |
|--|------------------|
| Quorn™ nuggets V <small>USDA 500</small> 508 kcal. Tomato, cucumber, salsa | |
| Southern-fried chicken P/P/P 609 kcal | |
| Salad leaves, smoky chipotle mayo | |
| Cold chicken breast P/P <small>USDA 500</small> 479 kcal | soft drink* |
| Salad leaves, sweet chilli sauce | 5.70 each |
| Fried halloumi-style cheese P/P V 707 kcal | |
| Salad leaves, sweet chilli sauce, tomato, cucumber | |
| Paninis | alcoholic drink* |
| Tuna mayo and Cheddar cheese 590 kcal | 7.23 each |

| | |
|--|--|
| Cheddar cheese and tomato V 527 kcal | |
| Wiltshire cured ham and Cheddar cheese 508 kcal | |
| BBQ chicken, bacon and Cheddar cheese 586 kcal | |

8" pizzas on a freshly baked sourdough base
Choose any **8" pizza** from the small plates section.

Add: Side salad **V** (91 kcal); Tomato & basil soup **V** (150 kcal)
Spicy rice **V** (208 kcal); Chips **V** (602 kcal) **1.44** each

Adults need around 2000 kcal a day.⁹

Burgers **INCLUDES A DRINK** **V**

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

| | |
|--|-----------------------------------|
| Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below). | |
| American burger 696 kcal | |
| Red onion, gherkin, ketchup, American-style mustard | |
| Classic beef burger 677 kcal | soft drink* 5.44 each |
| Iceberg lettuce, tomato, red onion | alcoholic drink* 6.97 each |
| Skinny beef burger <small>USDA 500</small> 375 kcal | |
| Iceberg lettuce, tomato, red onion, with a side salad, instead of chips | |
| American cheese burger 730 kcal | soft drink* 6.04 |
| American-style cheese, red onion, gherkin, ketchup, American-style mustard | alcoholic drink* 7.57 |

Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).

| | |
|---|-----------------------------------|
| Double American burger 1138 kcal | |
| Red onion, gherkin, ketchup, American-style mustard | |
| Double classic beef burger 1119 kcal | soft drink* 7.73 each |
| Iceberg lettuce, tomato, red onion | alcoholic drink* 9.26 each |

| | |
|--|------------------------------|
| Double American cheese burger 1207 kcal | soft drink* 8.30 |
| American-style cheese, red onion, gherkin, ketchup, American-style mustard | alcoholic drink* 9.83 |

Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

| | |
|--|------------------------------------|
| Ultimate burger 1656 kcal | |
| Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin | |
| Tennessee burger | |
| Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze | |
| Choose: Beef (two 3oz beef patties) 1567 kcal; Char-grilled chicken breast 1417 kcal | |
| Fried buttermilk chicken 1703 kcal | soft drink* 9.93 each |
| BBQ burger | |
| Maple-cured bacon, Cheddar cheese, BBQ sauce | |
| Choose: Beef (two 3oz beef patties) 1644 kcal | |
| Char-grilled chicken breast 1494 kcal | alcoholic drink* 11.46 each |
| Fried buttermilk chicken 1780 kcal | |
| Heatwave burger P/P/P | |
| Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing | |
| Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal | |
| Fiesta burger V 1380 kcal | |
| BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion | |

| | |
|---|-------------------------------|
| Triple American cheese & bacon burger 1770 kcal | soft drink* 11.38 |
| Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard | alcoholic drink* 12.91 |

Curries **INCLUDES A DRINK** **V**

Classic curries With basmati pilau rice, plain naan and poppadums. **Mangalorean roasted cauliflower & spinach curry** **P/P** **V** USDA 500 927 kcal

| | |
|---|------------------------------------|
| Chicken tikka masala P/P 1190 kcal | |
| Chicken jalfrezi P/P/P <small>USDA 500</small> 935 kcal | soft drink* 9.84 each |
| Beef Madras P/P/P/P 1043 kcal | alcoholic drink* 11.37 each |

NEW Sri Lankan prawn & fish curry **P/P/P** USDA 500 1045 kcal

Change your plain naan to a garlic naan **V** (add 92 kcal) **47p**

| | |
|---|-----------------------------------|
| Simple curries With basmati pilau rice or chips. | |
| Simple Mangalorean roasted cauliflower & spinach curry P/P V | |
| Choose: Basmati pilau rice <small>USDA 500</small> 568 kcal; Chips 970 kcal | |
| Simple chicken tikka masala P/P | |
| Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal | soft drink* 7.62 each |
| Simple chicken jalfrezi P/P/P | alcoholic drink* 9.15 each |
| Choose: Basmati pilau rice <small>USDA 500</small> 575 kcal; Chips 977 kcal | |
| Simple beef Madras P/P/P/P | |
| Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal | |
| Add: One vegetable samosa and two onion bhajis P/P V (293 kcal) 1.76 | |
| Two plain poppadums V (86 kcal) 47p | |
| NEW Bombay potatoes P/P (318 kcal) 2.18 | |

| | |
|---|------------------------------------|
| Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander. | |
| Katsu grilled chicken curry <small>USDA 500</small> 542 kcal. Sliced char-grilled chicken breast | |
| Katsu Quorn™ nugget curry V 686 kcal | soft drink* 8.73 each |
| Eight coated pieces | alcoholic drink* 10.26 each |
| Katsu chicken curry 828 kcal | |
| Sliced whole breaded chicken breast fillet | |

NEW Malaysian chicken & baby sweetcorn curry **P/P** USDA 500 678 kcal

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).

| | |
|--|------------------------------|
| Crunchy chicken strip burger P/P 776 kcal | soft drink* 5.44 |
| Two southern-fried chicken strips, iceberg lettuce, mayonnaise | alcoholic drink* 6.97 |

Served with chips (602 kcal, included in Calories below).

| | |
|--|-----------------------------------|
| Fried buttermilk chicken burger 1255 kcal | soft drink* 7.73 each |
| Breaded whole chicken breast fillet | alcoholic drink* 9.26 each |

| | |
|--|--|
| Char-grilled chicken breast burger 970 kcal | |
| Skinny chicken burger <small>USDA 500</small> 394 kcal | |
| Char-grilled chicken breast, with a side salad, instead of chips | |

Meat-free burgers

Served with chips (602 kcal, included in Calories below).

| | |
|--|-----------------------------------|
| Beyond Burger™ V 1043 kcal | soft drink* 7.73 each |
| BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce | alcoholic drink* 9.26 each |

Breaded vegetable burger **V** 1039 kcal
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese

Fried halloumi-style cheese burger **P/P** **V** 1118 kcal
Sweet chilli sauce

Just-a-burger

Served on its own, without chips or a drink.

American burger USDA 500 367 kcal
Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger **P/P** USDA 500 447 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

| | |
|--|-------------|
| Additional toppings and burger patties | |
| Maple-cured bacon with Cheddar cheese 173 kcal | 2.14 |
| Maple-cured bacon with American-style cheese 160 kcal | 2.14 |
| Cheddar cheese V 82 kcal | 1.52 |
| American-style cheese V 69 kcal | 1.52 |
| Maple-cured bacon 91 kcal | 1.52 |
| Crunchy chicken strip P/P 92 kcal | 1.50 |

| | |
|--|------------------|
| 3oz beef patty 168 kcal | |
| Char-grilled chicken breast 187 kcal | |
| Fried buttermilk chicken 473 kcal | each 1.97 |
| Breaded vegetable patty V 257 kcal | |
| Fried halloumi-style cheese V 298 kcal | |
| BEYOND MEAT patty V 184 kcal | |

Chicken **INCLUDES A DRINK** **V**

Chicken on the bone is marinated, slow cooked and finished on the char-grill.

| | |
|---|------------------------------------|
| Peri-peri char-grilled half chicken | |
| Lemon and herb P/P Char-grilled in a lemon & herb glaze | |
| Coleslaw, garlic & herb dip | soft drink* 10.83 each |
| Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal | |
| Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal | |
| Hot and spicy P/P/P Char-grilled in a Naga chilli & citrus glaze | alcoholic drink* 12.36 each |
| Coleslaw, Naga chilli dip | |
| Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal | |
| Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal | |
| Char-grilled half chicken, mash and gravy 818 kcal | |
| Lemon & herb chicken, peas, chicken gravy | |

Chicken baskets

Chicken wing basket **P/P/P** Eight wings, coleslaw, Naga chilli dip
Choose: Side salad 987 kcal; **Spicy rice** 1127 kcal; **Chips** 1522 kcal

Boneless basket **P/P**
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce
Choose: Side salad 720 kcal; **Spicy rice** 861 kcal; **Chips** 1255 kcal

| | |
|--|------------------------------------|
| Chicken bites basket | soft drink* 8.68 each |
| Ten battered chicken breast pieces, coleslaw, sticky soy sauce | |
| Choose: Side salad 623 kcal; Spicy rice <small>USDA 500</small> 763 kcal; Chips 1157 kcal | |
| Southern-fried chicken strips basket P/P | alcoholic drink* 10.21 each |
| Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze | |
| Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal | |
| Quorn™ 'no chicken' nuggets basket P/P V | |
| Eight coated pieces, coleslaw, sweet chilli sauce | |
| Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal | |

Add: Chicken gravy (50 kcal) **94p**

11" pizzas **INCLUDES A DRINK** **V**

Sourdough base – proved, stretched, topped and freshly baked to order.

| | | |
|--|-------------------------|------------------------------------|
| Margherita V 934 kcal. Mozzarella, basil | soft drink* 8.68 | alcoholic drink* 10.21 |
| Pepperoni P/P 1151 kcal. Mozzarella, pepperoni | | |
| Ham and mushroom 1011 kcal | | soft drink* 9.84 each |
| Mozzarella, ham, mushroom, rocket | | |
| BBQ chicken 1097 kcal | | alcoholic drink* 11.37 each |
| Mozzarella, BBQ sauce, chicken breast, red onion, rocket | | |
| Roasted vegetable V 1028 kcal | | |
| Mozzarella, mushroom, roasted pepper, courgette, onion, basil | | |
| Vegan roasted vegetable V <small>USDA 500</small> 709 kcal | | |
| Mushroom, roasted pepper, courgette, onion, basil | | |

| | | |
|---|--------------|--------------|
| Spicy meat feast P/P/P 1214 kcal | 11.02 | 12.55 |
| Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket | | |

Additional toppings

Red onion **V** 10 kcal; **Sliced chillies** **P/P/P/P/P** **V** 3 kcal; **Mushroom** **V** 4 kcal each **88p**
Garlic & herb dip **V** 180 kcal; **Mozzarella** **V** 150 kcal; **Ham** 71 kcal
Chicken breast 94 kcal; **Maple-cured bacon** 91 kcal each **1.15**

Pepperoni **P/P** 109 kcal; **Roasted vegetables** **V** 90 kcal each **1.53**

Small pub classics **INCLUDES A DRINK** **V**

| | | |
|--|-------------------------|------------------------------|
| Fish and chips | soft drink* 7.84 | alcoholic drink* 9.37 |
| Small freshly battered cod and chips V | | |
| Peas 681 kcal or mushy peas 739 kcal | | |
| Small Whitby breaded scampi | 7.84 | 9.37 |
| Chips, peas 629 kcal or mushy peas 686 kcal. | | |
| Four Whitby breaded scampi | | |
| Add: Two slices of bread V (404 kcal) 1.34 | | |
| Chip shop-style curry sauce V (118 kcal) 1.46 | | |

| | | |
|--|-------------|-------------|
| Small Wiltshire cured ham, egg and chips <small>USDA 500</small> 455 kcal | 6.61 | 8.14 |
| Ham, slice of Wiltshire cured ham, fried egg | | |
| Small all-day brunch 681 kcal | 6.91 | 8.44 |
| Lincolnshire sausage, bacon, fried egg, baked beans, chips | | |
| Add: Black pudding (178 kcal) 75p | | |
| Small vegetarian all-day brunch V 611 kcal | 6.91 | 8.44 |
| Two vegan sausages, fried egg, baked beans, chips | | |

| | | |
|--|-------------------------|------------------------------|
| Afternoon deal Mon – Fri, 2pm – 5pm Choose from the above small pub classic meals. | soft drink* 6.09 | alcoholic drink* 7.62 |
|--|-------------------------|------------------------------|

Pub classics **INCLUDES A DRINK** **V**

| | | |
|--|--------------------------|-------------------------------|
| Fish and chips | soft drink* 10.08 | alcoholic drink* 11.61 |
| Freshly battered cod and chips V | | |
| Peas 1240 kcal or mushy peas 1298 kcal | | |
| Whitby breaded scampi | 10.08 | 11.61 |
| Chips, peas 1135 kcal or mushy peas 1192 kcal. | | |
| Eight Whitby breaded scampi | | |
| Add: Two slices of bread V (404 kcal) 1.34 | | |
| Chip shop-style curry sauce V (118 kcal) 1.46 | | |
| All-day brunch 1245 kcal | 9.72 | 11.25 |
| Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips | | |
| Add: Black pudding (178 kcal) 75p | | |
| Vegetarian all-day brunch V 1023 kcal | 9.72 | 11.25 |
| Two fried eggs, three vegan sausages, baked beans, chips | | |
| Steak & kidney pudding Peas, onion & red wine gravy | 8.32 | 9.85 |
| Choose: Mashed potato 963 kcal; Chips 1279 kcal | | |
| Bangers and mash 894 kcal | 8.32 | 9.85 |
| Three Lincolnshire sausages, peas, onion & red wine gravy | | |
| Vegetarian bangers and mash V 635 kcal | 8.32 | 9.85 |
| Three vegan sausages, peas, onion & red wine gravy | | |
| Wiltshire cured ham, eggs and chips 856 kcal | 7.73 | 9.26 |
| Two slices of Wiltshire cured ham, two fried eggs | | |
| Sausages, chips and beans 1170 kcal | 7.73 | 9.26 |
| Three Lincolnshire sausages | | |
| Vegan sausages, chips and beans V 910 kcal | 7.73 | 9.26 |
| Three vegan sausages | | |
| NEW Chilli bean non-carne P/P <small>USDA 500</small> 635 kcal | 8.32 | 9.85 |
| Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips | | |

| | | |
|--|-------------------------|------------------------------|
| Afternoon deal Mon – Fri, 2pm – 5pm Choose from the above pub classic meals. | soft drink* 7.27 | alcoholic drink* 8.80 |
|--|-------------------------|------------------------------|

Steaks and grills **INCLUDES A DRINK** **V**</