

## Sides and extras

<b>Bowl of chips</b> 🍷 964 kcal (Add: Spicy seasoning 🍷 (7 kcal) 34p)	<b>4.23</b>
<b>Small bowl of chips</b> 🍷 602 kcal	<b>2.48</b>
<b>Five chicken wings</b> 🍷🍷🍷 407 kcal	<b>3.34</b>
<b>NEW Five chicken breast bites</b> 161 kcal	<b>2.99</b>
<b>Eight Whitby breaded scampi</b> 464 kcal	<b>4.99</b>
<b>Grilled halloumi-style cheese</b> 🍷 447 kcal	<b>1.97</b>
<b>Peas</b> 🍷 133 kcal	<b>94p</b>
<b>Mushy peas</b> 🍷 248 kcal	<b>94p</b>
<b>Side salad</b> 🍷 91 kcal	<b>2.29</b>
<b>Mediterranean side salad</b> 🍷 198 kcal	<b>3.22</b>
<b>Roasted vegetables</b> 🍷 135 kcal	<b>1.53</b>
<b>Coleslaw</b> 🍷 399 kcal	<b>1.40</b>
<b>Sliced chillies</b> 🍷🍷🍷🍷 3 kcal	<b>88p</b>
<b>Chicken gravy</b> 50 kcal	<b>94p</b>
<b>Onion rings</b> 🍷 <b>Six</b> 269 kcal <b>2.33</b> <b>Twelve</b> 538 kcal <b>3.50</b>	
<b>Garlic pizza bread</b> 🍷 <b>8"</b> 386 kcal <b>4.40</b> <b>11"</b> 772 kcal <b>5.57</b>	
<b>With cheese</b> 🍷 <b>8"</b> 473 kcal <b>4.98</b> <b>11"</b> 922 kcal <b>6.44</b>	

## Desserts

<b>NEW Salted caramel sticky toffee pudding</b> 🍷	<b>4.99</b>
Vanilla ice cream 877 kcal or custard 741 kcal	
<b>NEW Millionaire's shortbread</b> 🍷 409 kcal	<b>2.17</b>
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
<b>Vanilla ice cream</b> 🍷 334 kcal	<b>1.82</b>
Two scoops, toffee sauce, Belgian chocolate sauce	
<b>Cookie crunch</b> 🍷 364 kcal	<b>1.82</b>
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
<b>Mini warm chocolate brownie</b> 🍷 435 kcal	<b>2.98</b>
Belgian chocolate sauce, vanilla ice cream	
<b>Mini warm cookie dough sandwich</b> 🍷 431 kcal	<b>2.98</b>
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>Mini American-style pancakes</b> 🍷 412 kcal	<b>3.54</b>
Two pancakes, maple-flavour syrup, vanilla ice cream	
<b>Fresh fruit</b> 🍷 470 kcal	<b>4.56</b>
Apple, banana, blueberries, strawberries, vanilla ice cream	
<b>Warm chocolate fudge cake</b> 🍷 909 kcal. Vanilla ice cream	<b>5.33</b>
<b>Warm chocolate brownie</b> 🍷 736 kcal	<b>5.33</b>
Belgian chocolate sauce, vanilla ice cream	
<b>Warm cookie dough sandwich</b> 🍷 727 kcal	<b>5.33</b>
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>British Bramley apple crumble</b> 🍷	<b>5.62</b>
Vanilla ice cream 673 kcal or custard 537 kcal	
<b>American-style pancakes</b> 🍷 689 kcal	<b>4.99</b>
Four pancakes, maple-flavour syrup, vanilla ice cream	
<b>Add: Custard</b> 🍷 (134 kcal) <b>1.23</b> . <b>Vanilla ice cream scoop</b> 🍷 (135 kcal) <b>94p</b>	
<b>Belgian chocolate sauce</b> 🍷 (61 kcal) <b>42p</b> . <b>Toffee sauce</b> 🍷 (66 kcal) <b>42p</b>	
<b>Banana</b> 🍷 (110 kcal) <b>62p</b> . <b>Strawberries</b> 🍷 (27 kcal) <b>62p</b> . <b>Blueberries</b> 🍷 (17 kcal) <b>62p</b>	

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

🍷 = Very mild 🍷🍷 = Mild 🍷🍷🍷 = Medium hot 🍷🍷🍷🍷 = Very hot  
 🍷🍷🍷🍷🍷 = Extremely hot  
 🍷 = Vegetarian 🍷 = Vegan 5% = 5% fat or less UNDER 500 = Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>8</sup>

# BREAKFAST

<b>Large breakfast</b> 1343 kcal	<b>6.59</b>
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 807 kcal	<b>4.99</b>
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
<b>Small breakfast</b> 435 kcal	<b>4.45</b>
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
<b>Add: Black pudding</b> (178 kcal) <b>75p</b>	
<b>Freedom breakfast</b> 586 kcal	<b>4.45</b>
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
<b>Large vegetarian breakfast</b> 🍷 1129 kcal	<b>6.59</b>
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
<b>Vegetarian breakfast</b> 🍷 786 kcal	<b>4.99</b>
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
<b>Small vegetarian breakfast</b> 🍷 291 kcal	<b>4.45</b>
Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast</b> 🍷 642 kcal	<b>4.61</b>
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
<b>American breakfast</b> 1258 kcal	<b>6.85</b>
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
<b>Small American breakfast</b> 629 kcal	<b>4.99</b>
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
<b>Porridge</b> 🍷 252 kcal (plain)	<b>2.09</b>
<b>Add: Banana</b> 🍷 (110 kcal) <b>62p</b> . <b>Maple-flavour syrup</b> 🍷 (125 kcal) <b>34p</b>	
<b>Strawberries</b> 🍷 (27 kcal) <b>62p</b> . <b>Blueberries</b> 🍷 (17 kcal) <b>62p</b>	
<b>Honey</b> 🍷 (91 kcal) <b>34p</b> . <b>Sliced apple</b> 🍷 (46 kcal) <b>62p</b>	

## Breakfast extras

<b>Add any of the following:</b>					
<b>Black pudding</b> 178 kcal	<b>75p</b>	<b>Two rashers of back bacon</b> 131 kcal	<b>1.57</b>	<b>Baked beans</b> 🍷 126 kcal	<b>93p</b>
<b>Lincolnshire sausage</b> 168 kcal	<b>1.05</b>	<b>Four rashers of maple-cured bacon</b> 91 kcal	<b>1.52</b>	<b>Two mushrooms</b> 🍷 100 kcal	<b>93p</b>
<b>Vegan sausage</b> 🍷 82 kcal	<b>1.05</b>	<b>Two scrambled eggs</b> 🍷 136 kcal	<b>1.63</b>	<b>Two grilled tomato halves</b> 🍷 16 kcal	<b>52p</b>
<b>Slice of toast</b> 🍷 225 kcal	<b>1.13</b>	<b>Fried egg</b> 🍷 56 kcal	<b>93p</b>	<b>Grilled halloumi-style cheese</b> 🍷 447 kcal	<b>1.97</b>
<b>Hash brown</b> 🍷 82 kcal	<b>46p</b>	<b>Poached egg</b> 🍷 63 kcal	<b>93p</b>		

## Breakfast butties and wraps

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	<b>3.88</b>
<b>Sausage butty</b> 714 kcal	<b>3.88</b>
Two Lincolnshire sausages, buttered white bloomer bread	
<b>Vegetarian sausage butty</b> 🍷 541 kcal	<b>3.88</b>
Two vegan sausages, buttered white bloomer bread	
<b>NEW</b> Vegan option available with vegan spread 🍷 435 kcal	

## Breakfast muffin deal

<b>Includes tea, coffee or hot chocolate. Free refills*</b>	
<b>Egg &amp; cheese muffin</b> 🍷 249 kcal	<b>3.31</b>
Fried egg, American-style cheese, in an English muffin	
<b>Egg &amp; bacon muffin</b> 🍷 314 kcal	<b>3.77</b>
Fried egg, bacon, American-style cheese, in an English muffin	
<b>Egg &amp; sausage muffin</b> 🍷 417 kcal	<b>3.77</b>
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
<b>Egg &amp; vegetarian sausage muffin</b> 🍷 330 kcal	<b>3.77</b>
Fried egg, vegan sausage, American-style cheese, in an English muffin	
<b>Breakfast muffin</b> 482 kcal	<b>4.01</b>
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
<b>Smashed avocado muffin</b> 🍷 271 kcal	<b>4.01</b>
Guacamole, pico de gallo, on an English muffin, rocket	
<b>Add: Maple-cured bacon</b> (91 kcal) <b>1.52</b> . <b>Poached egg</b> 🍷 (63 kcal) <b>93p</b>	
<b>Grilled halloumi-style cheese</b> 🍷 (447 kcal) <b>1.97</b>	
<b>Add: Hash brown</b> 🍷 (82 kcal) <b>46p</b>	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com  
 \*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. \*Statement of daily Calorie needs from the Department of Health & Social Care. \*\*Excluding decaffeinated. \*Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

## Served 8am - 12 noon

<b>NEW Fiesta brunch</b> 🍷 659 kcal	<b>3.88</b>
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
<b>Eggs Benedict</b> 725 kcal	<b>5.14</b>
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
<b>Mushroom Benedict</b> 🍷 638 kcal	<b>5.14</b>
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
<b>Miner's Benedict</b> 939 kcal	<b>5.14</b>
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
<b>American-style pancakes</b>	
<b>NEW</b> Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. 🍷 708 kcal	<b>4.99</b>
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	<b>4.99</b>
Four pancakes, maple-flavour syrup. 🍷 554 kcal	<b>4.30</b>
<b>Small American-style pancakes</b>	
Two pancakes, maple-cured bacon, maple-flavour syrup. 🍷 322 kcal	<b>3.54</b>
Two pancakes, maple-flavour syrup. 🍷 277 kcal	<b>3.25</b>
<b>Scrambled egg on toast</b> 🍷 570 kcal	<b>3.77</b>
Three eggs, buttered white bloomer toast	
<b>Beans on toast</b> 🍷 566 kcal. Buttered white bloomer toast	<b>3.66</b>
<b>NEW</b> Vegan option available with vegan spread 🍷 460 kcal	
<b>Small beans on toast</b> 🍷 252 kcal	<b>2.62</b>
Buttered white bloomer toast	
<b>Two slices of toast with jam or marmalade</b> 🍷 524 kcal	<b>2.47</b>
White bloomer bread	
<b>Fresh fruit</b> 🍷 200 kcal	<b>3.66</b>
Apple, banana, blueberries, strawberries	
<b>NEW</b> <b>Fresh fruit and yoghurt</b> 🍷 334 kcal	<b>4.45</b>
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

<b>Breakfast wrap</b> 724 kcal	<b>4.36</b>
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
<b>Vegetarian breakfast wrap</b> 🍷 735 kcal	<b>4.36</b>
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

## Tea, coffee and hot chocolate

**FREE REFILLS\***

**TEA, COFFEE AND HOT CHOCOLATE**

— ALL DAY EVERY DAY —

**£1.56** each

**Biscuits**

**Walkers shortbread** 🍷 151 kcal **71p**

**Stem ginger biscuit** 🍷 123 kcal **71p**

**Belgian chocolate biscuit** 🍷 129 kcal **71p**

**Salted caramel brownie bar** 🍷 316 kcal **1.64**

Flat white 🍷 92 kcal

Cappuccino 🍷 102 kcal

Latte 🍷 113 kcal

Mocha 🍷 147 kcal

Espresso 🍷 6 kcal

**Black coffee** 🍷 6 kcal

**White coffee** 🍷 24 kcal

**Hot chocolate** 🍷 169 kcal

**Tea** with semi-skimmed milk 🍷 14 kcal

Dairy alternative: oat sachet 🍷 4 kcal

Decaffeinated tea and coffee available.

for the facts **drinkaware.co.uk**

jdetherspoon.com

# FOOD

Main menu 11.30am - 11pm. Children's menu available.



In July 1970, the almost-complete skeleton of a Stone Age elk was found during building work on a new house on Blackpool Old Road. The skeleton is around 13,500 years old and is particularly important, as barbs were found embedded in its bones – the earliest evidence of hunters this far north. The site of the famous discovery had been the edge of a lake, where the elk is thought to have drowned. The 'Poulton Elk' is now on display in the Harris Museum, in nearby Preston.

## Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

**FOOD HYGIENE RATING**

1 2 3 4 5

**Food hygiene rating**

We have been awarded the maximum food hygiene rating of 5 in our pub.

**100% UK AND IRISH BEEF**

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

**100% UK and Irish beef**

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

**Sustainable fish**

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

**Free-range eggs**

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

**CERTIFIED SUSTAINABLE SEAFOOD MSC**

**RSPCA ASSURED**

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.<sup>8</sup>

**goodfoodtalks**

opening menus for everybody

The spoken menu app for the visually impaired

**Breakfast**

8am - 12 noon

Traditional breakfast

**£4.99**

**Tea, coffee and hot chocolate**

**Free refills**

**£1.56** each

**Deli Deals**

**INCLUDES A DRINK** 🍷

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

**£3.66**

soft drink\* **£4.69** | alcoholic drink\* **£6.22**

**Burger meals**

**INCLUDES A DRINK** 🍷

Featuring **3oz American burger**

soft drink\* **£6.04** | alcoholic drink\* **£7.57**

**Afternoon deals**

**INCLUDES A DRINK** 🍷

**Mon - Fri, 2pm - 5pm**

Featuring small freshly battered fish and chips

soft drink\* **£6.67** | alcoholic drink\* **£8.20**

**Steak Club**

**INCLUDES A DRINK** 🍷

**Tuesday 11.30am - 11pm**

Featuring classic **8oz sirloin**

soft drink\* **£10.26** | alcoholic drink\* **£11.79**

**Curry Club**

**INCLUDES A DRINK** 🍷

**Thursday 11.30am - 11pm**

Featuring the **katsu curry range**

soft drink\* **£8.49** | alcoholic drink\* **£10.02**

**INCLUDES A DRINK** 🍷

**Choose from over 150 drinks**

**LAVAZZA**

TORINO, ITALIA, 1895

100% ARABICA BEANS

**Coffee**

The freshly ground 100% Arabica Lavazza coffee\* we serve is from Rainforest Alliance-certified farms.

**Award-winning children's menu**

Best children's meals (first place) Independently run 'secret diner' survey.

**Sustainable Restaurant Association**

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

**FOOD MILE GOOD**

2024 - 2026

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## Small plates | Any 3 for £14.93

**8" pizzas. Sourdough base – proved, stretched, topped and freshly baked to order.**

<b>Margherita</b> <span><span><span></span></span></span> <small>467 kcal.</small> Mozzarella, basil	<b>5.91</b>
<b>Pepperoni</b> <span><span><span></span></span></span> <small>575 kcal.</small> Mozzarella, pepperoni	<b>6.51</b>
<b>Ham and mushroom</b> <small>505 kcal.</small> Mozzarella, ham, mushroom, rocket	<b>6.51</b>
<b>BBQ chicken</b> <small>555 kcal</small> Mozzarella, BBQ sauce, chicken breast, red onion, rocket	<b>6.51</b>
<b>Roasted vegetable</b> <span><span><span></span></span></span> <small>514 kcal</small> Mozzarella, mushroom, roasted pepper, courgette, onion, basil	<b>6.51</b>
<b>Vegan roasted vegetable</b> <span><span><span></span></span></span> <small>355 kcal</small> Mushroom, roasted pepper, courgette, onion, basil	<b>6.51</b>
<b>Spicy meat feast</b> <span><span><span></span></span></span> <small>615 kcal</small> Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	<b>7.09</b>

<b>NEW Char-grilled halloumi-style cheese</b> <span><span><span></span></span></span> <small>514 kcal</small> Rocket, roasted pepper, courgette, onion, salsa	<b>4.96</b>
<b>11" garlic pizza bread</b> <span><span><span></span></span></span> <small>772 kcal</small>	<b>5.57</b>
<b>Nachos</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>695 kcal.</small> Cheese, guacamole, salsa, sour cream, sliced chillies	<b>5.81</b>
<b>Bowl of chips</b> <span><span><span></span></span></span> <small>964 kcal</small>	<b>4.23</b>
<b>Bowl of chips with curry sauce</b> <span><span><span></span></span></span> <small>1082 kcal</small>	<b>5.58</b>
<b>Cheesy chips</b> <span><span><span></span></span></span> <small>1256 kcal</small>	<b>5.41</b>
<b>Loaded chips</b> <small>1303 kcal.</small> Cheese, maple-cured bacon, sour cream	<b>6.03</b>
<b>Tomato &amp; basil soup</b> <span><span><span></span></span></span> <small>374 kcal.</small> White bloomer bread	<b>4.23</b>
<b>NEW</b> Vegan option available with vegan spread <span><span><span></span></span></span> <small>285 kcal</small>	

With any of the small plates below, choose one dip:

<b>Sweet chilli</b> <span><span><span></span></span></span> <small>37 kcal;</small> <b>Sticky soy</b> <span><span><span></span></span></span> <small>100 kcal;</small> <b>Naga chilli</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>136 kcal</small>	
<b>Jack Daniel's™ Tennessee Honey glaze</b> <span><span><span></span></span></span> <small>87 kcal;</small> <b>Chipotle mayo</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>150 kcal</small>	
<b>Blue cheese</b> <span><span><span></span></span></span> <small>270 kcal;</small> <b>BBQ sauce</b> <span><span><span></span></span></span> <small>83 kcal</small>	
<b>Halloumi-style fries</b> <span><span><span></span></span></span> <small>396 kcal</small>	<b>4.96</b>
<b>Chicken bites</b> <span><span><span></span></span></span> <small>322 kcal.</small> Ten battered chicken breast pieces	<b>6.09</b>
<b>Southern-fried chicken strips</b> <span><span><span></span></span></span> <small>459 kcal.</small> Five chicken breast strips	<b>6.09</b>
<b>Chicken wings</b> <span><span><span></span></span></span> <small>813 kcal.</small> Ten spicy chicken wings	<b>6.75</b>
<b>Quorn™ nuggets</b> <span><span><span></span></span></span> <small>331 kcal.</small> Eight coated pieces	<b>5.19</b>

## Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order.

<b>NEW 10" wraps</b> A smaller wrap and filling. <b>Small brunch wrap</b> <small>559 kcal</small> Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink	<b>3.66</b> each
<b>Small vegetarian brunch wrap</b> <span><span><span></span></span></span> <small>545 kcal</small> Fried egg, two vegan sausages, Cheddar cheese	soft drink*	<b>4.69</b> each
<b>Small shawarma chicken</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>502 kcal</small> Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink*	<b>6.22</b> each
<b>Small Quorn™ nuggets</b> <span><span><span></span></span></span> <small>310 kcal</small> Salad leaves, tomato, cucumber, salsa		
<b>Small southern-fried chicken</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>399 kcal</small> Salad leaves, smoky chipotle mayo		
<b>Small cold chicken breast</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>277 kcal</small> Salad leaves, sweet chilli sauce		
<b>Small fried halloumi-style cheese</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>391 kcal</small> Salad leaves, sweet chilli sauce, tomato, cucumber Add: Small side salad <span><span><span></span></span></span> (46 kcal); Small portion of chips <span><span><span></span></span></span> (329 kcal)		<b>1.03</b> each

### 12" wraps

**NEW Shawarma chicken**   719 kcal  
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint

<b>Quorn™ nuggets</b> <span><span><span></span></span></span> <small>508 kcal.</small> Tomato, cucumber, salsa		
<b>Southern-fried chicken</b> <span><span><span></span></span></span> <small>609 kcal</small> Salad leaves, smoky chipotle mayo		
<b>Cold chicken breast</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>479 kcal</small> Salad leaves, sweet chilli sauce	soft drink*	<b>6.27</b> each
<b>Fried halloumi-style cheese</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>707 kcal</small> Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic drink*	<b>7.80</b> each

### Paninis

<b>Tuna mayo and Cheddar cheese</b> <small>590 kcal</small>	
<b>Cheddar cheese and tomato</b> <span><span><span></span></span></span> <small>527 kcal</small>	
<b>Wiltshire cured ham and Cheddar cheese</b> <small>508 kcal</small>	
<b>BBQ chicken, bacon and Cheddar cheese</b> <small>586 kcal</small>	

**8" pizzas on a freshly baked sourdough base**  
Choose any 8" pizza from the small plates section.

Add: Side salad  (91 kcal); Tomato & basil soup  (150 kcal)  
Spicy rice  (208 kcal); Chips  (602 kcal) **1.44** each

Adults need around 2000 kcal a day.<sup>8</sup>

## Burgers INCLUDES A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.

<b>Beef burgers</b> One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
<b>American burger</b> <small>696 kcal</small> Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
<b>Classic beef burger</b> <small>677 kcal</small> Iceberg lettuce, tomato, red onion	<b>6.04</b> each	<b>7.57</b> each
<b>Skinny beef burger</b> <span><span><span></span></span></span> <small>375 kcal</small> Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
<b>American cheese burger</b> <small>730 kcal</small> American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink*	<b>6.61</b>
	alcoholic drink*	<b>8.14</b>

<b>Double beef burgers</b> Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
<b>Double American burger</b> <small>1138 kcal</small> Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcoholic drink*
<b>Double classic beef burger</b> <small>1119 kcal</small> Iceberg lettuce, tomato, red onion	<b>8.30</b> each	<b>9.83</b> each

<b>Double American cheese burger</b> <small>1207 kcal</small> American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink*	<b>8.88</b>
	alcoholic drink*	<b>10.41</b>

### Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).  
**Crunchy chicken strip burger**  776 kcal  
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

	soft drink*	<b>6.04</b>
	alcoholic drink*	<b>7.57</b>

Served with chips (602 kcal, included in Calories below).  
**Fried buttermilk chicken burger** 1255 kcal  
Breaded whole chicken breast fillet

<b>Char-grilled chicken breast burger</b> <small>970 kcal</small>	soft drink*	alcoholic drink*
<b>Skinny chicken burger</b> <span><span><span></span></span></span> <small>394 kcal</small> Char-grilled chicken breast, with a side salad, instead of chips	<b>8.30</b> each	<b>9.83</b> each

### Meat-free burgers

Served with chips (602 kcal, included in Calories below).  
**Beyond Burger™**  1043 kcal  
 BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce

	soft drink*	alcoholic drink*
	<b>8.30</b> each	<b>9.83</b> each

**Breaded vegetable burger**  1039 kcal  
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese

**Fried halloumi-style cheese burger**   1118 kcal. Sweet chilli sauce

### Just-a-burger

Served on its own, without chips or a drink. each **3.59**

<b>American burger</b> <span><span><span></span></span></span> <small>367 kcal</small> Red onion, gherkin, ketchup, American-style mustard		
<b>Crunchy chicken strip burger</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>447 kcal</small> Two southern-fried chicken strips, iceberg lettuce, mayonnaise		

## Curries INCLUDES A DRINK

**Classic curries** With basmati pilau rice, plain naan and poppadums.  
**Mangalorean roasted cauliflower & spinach curry**   927 kcal  
Choose: Basmati pilau rice  568 kcal; Chips 970 kcal

<b>Chicken tikka masala</b> <span><span><span></span></span></span> <small>1190 kcal</small>	soft drink*	alcoholic drink*
<b>Chicken jalfrezi</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>935 kcal</small>	<b>10.43</b> each	<b>11.96</b> each

**Beef Madras**   1043 kcal

**Change your plain naan to a garlic naan**  (add 92 kcal) **47p**

**Simple curries** With basmati pilau rice or chips.  
**Simple Mangalorean roasted cauliflower & spinach curry**    
Choose: Basmati pilau rice  568 kcal; Chips 970 kcal

<b>Simple chicken tikka masala</b> <span><span><span></span></span></span> <small>1190 kcal</small>	soft drink*	alcoholic drink*
Choose: Basmati pilau rice <small>830 kcal;</small> Chips 1232 kcal	<b>8.18</b> each	<b>9.71</b> each

**Simple chicken jalfrezi**    
Choose: Basmati pilau rice  575 kcal; Chips 977 kcal

**Simple beef Madras**    
Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal

Add: One vegetable samosa and two onion bhajis   (293 kcal) **1.76**  
Two plain poppadums  (86 kcal) **47p**

**Katsu curries** With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.

<b>Katsu grilled chicken curry</b> <span><span><span></span></span></span> <small>542 kcal</small> Sliced char-grilled chicken breast		
<b>Katsu Quorn™ nugget curry</b> <span><span><span></span></span></span> <small>686 kcal</small> Eight coated pieces	soft drink*	alcoholic drink*
<b>Katsu chicken curry</b> <small>828 kcal</small> Sliced whole breaded chicken breast fillet	<b>9.31</b> each	<b>10.84</b> each

### Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

**Ultimate burger** 1656 kcal  
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

**Tennessee burger**  
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze  
Choose: Beef (two 3oz beef patties) 1567 kcal  
Char-grilled chicken breast 1417 kcal  
Fried buttermilk chicken 1703 kcal

**BBQ burger**  
Maple-cured bacon, Cheddar cheese, BBQ sauce  
Choose: Beef (two 3oz beef patties) 1644 kcal  
Char-grilled chicken breast 1494 kcal  
Fried buttermilk chicken 1780 kcal

**Heatwave burger**   
Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing  
Choose: Char-grilled chicken breast 1722 kcal  
Fried buttermilk chicken 2007 kcal

**Fiesta burger**  1380 kcal  
 BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

**Triple American cheese & bacon burger** 1770 kcal  
Three 3oz beef patties, American-style cheese, maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

<b>Additional toppings and burger patties</b>		
<b>Maple-cured bacon with Cheddar cheese</b> <small>173 kcal</small>		<b>2.14</b>
<b>Maple-cured bacon with American-style cheese</b> <small>160 kcal</small>		<b>2.14</b>
<b>Cheddar cheese</b> <span><span><span></span></span></span> <small>82 kcal</small>		<b>1.52</b>
<b>American-style cheese</b> <span><span><span></span></span></span> <small>69 kcal</small>		<b>1.52</b>
<b>Maple-cured bacon</b> <small>91 kcal</small>		<b>1.52</b>
<b>Crunchy chicken strip</b> <span><span><span></span></span></span> <small>92 kcal</small>		<b>1.50</b>

<b>3oz beef patty</b> <small>168 kcal</small>		
<b>Char-grilled chicken breast</b> <small>187 kcal</small>		
<b>Fried buttermilk chicken</b> <small>473 kcal</small>	each <b>1.97</b>	
<b>Breaded vegetable patty</b> <span><span><span></span></span></span> <small>257 kcal</small>		
<b>Fried halloumi-style cheese</b> <span><span><span></span></span></span> <small>298 kcal</small>		
<span><span><span></span></span></span> BEYOND MEAT patty <span><span><span></span></span></span> <small>184 kcal</small>		

## Chicken INCLUDES A DRINK

**Chicken on the bone is marinated, slow cooked and finished on the char-grill.**

**Peri-peri char-grilled half chicken**  
**Lemon and herb**  Char-grilled in a lemon & herb glaze  
Coleslaw, garlic & herb dip

Choose: Side salad <small>918 kcal;</small> Mediterranean salad <small>1048 kcal</small>	soft drink*	<b>11.42</b> each
Spicy rice <small>1059 kcal;</small> Mashed potato <small>1137 kcal;</small> Chips <small>1453 kcal</small>		
<b>Hot and spicy</b> <span><span><span></span></span></span> Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip	alcoholic drink*	<b>12.95</b> each
Choose: Side salad <small>888 kcal;</small> Mediterranean salad <small>1018 kcal</small>		
Spicy rice <small>1029 kcal;</small> Mashed potato <small>1107 kcal;</small> Chips <small>1423 kcal</small>		
<b>Char-grilled half chicken, mash and gravy</b> <small>818 kcal</small> Lemon & herb chicken, peas, chicken gravy		

### Chicken baskets

**Chicken wing basket**   Eight wings, coleslaw, Naga chilli dip

Choose: Side salad <small>987 kcal;</small> Spicy rice <small>1127 kcal;</small> Chips <small>1522 kcal</small>	soft drink*	<b>9.25</b> each
<b>Boneless basket</b> <span><span><span></span></span></span> Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce		
Choose: Side salad <small>720 kcal;</small> Spicy rice <small>861 kcal;</small> Chips <small>1255 kcal</small>		

**Chicken bites basket**  
Ten battered chicken breast pieces, coleslaw, sticky soy sauce

Choose: Side salad <small>623 kcal;</small> Spicy rice <span><span><span></span></span></span> <small>763 kcal;</small> Chips <small>1157 kcal</small>	soft drink*	<b>9.25</b> each
<b>Southern-fried chicken strips basket</b> <span><span><span></span></span></span> Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	alcoholic drink*	<b>10.78</b> each
Choose: Side salad <small>748 kcal;</small> Spicy rice <small>888 kcal;</small> Chips <small>1282 kcal</small>		
<b>Quorn™ 'no chicken' nuggets basket</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>828 kcal</small> Eight coated pieces, coleslaw, sweet chilli sauce		
Choose: Side salad <small>569 kcal;</small> Spicy rice <small>709 kcal;</small> Chips <small>1104 kcal</small>		

Add: Chicken gravy (50 kcal) **94p**

## 11" pizzas INCLUDES A DRINK

**Sourdough base – proved, stretched, topped and freshly baked to order.**

<b>Margherita</b> <span><span><span></span></span></span> <small>934 kcal.</small> Mozzarella, basil	soft drink*	alcoholic drink*
	<b>9.25</b>	<b>10.78</b>

<b>Pepperoni</b> <span><span><span></span></span></span> <small>1151 kcal.</small> Mozzarella, pepperoni		
<b>Ham and mushroom</b> <small>1011 kcal</small> Mozzarella, ham, mushroom, rocket	soft drink*	<b>10.43</b> each
<b>BBQ chicken</b> <small>1097 kcal</small> Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
<b>Roasted vegetable</b> <span><span><span></span></span></span> <small>1028 kcal</small> Mozzarella, mushroom, roasted pepper, courgette, onion, basil	alcoholic drink*	<b>11.96</b> each
<b>Vegan roasted vegetable</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>709 kcal</small> Mushroom, roasted pepper, courgette, onion, basil		

**Spicy meat feast**   1214 kcal  
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket

<b>Additional toppings</b>		
<b>Red onion</b> <span><span><span></span></span></span> <small>10 kcal;</small> <b>Sliced chillies</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <span><span><span></span></span></span> <span><span><span></span></span></span> <span><span><span></span></span></span> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>3 kcal;</small> <b>Mushroom</b> <span><span><span></span></span></span> <small>4 kcal</small> each <b>88p</b>		
<b>Garlic &amp; herb dip</b> <span><span><span></span></span></span> <small>180 kcal;</small> <b>Mozzarella</b> <span><span><span></span></span></span> <small>150 kcal;</small> <b>Ham</b> <small>71 kcal</small>		
<b>Chicken breast</b> <small>94 kcal;</small> <b>Maple-cured bacon</b> <small>91 kcal</small>	each <b>1.15</b>	
<b>Pepperoni</b> <span><span><span></span></span></span> <small>109 kcal;</small> <b>Roasted vegetables</b> <span><span><span></span></span></span> <small>90 kcal</small>	each <b>1.53</b>	

## Small pub classics INCLUDES A DRINK

<b>Fish and chips</b>	soft drink*	alcoholic drink*
<b>Small freshly battered cod and chips</b> <span><span><span></span></span></span>	<b>8.44</b>	<b>9.97</b>
Peas <small>681 kcal</small> or mushy peas <small>739 kcal</small>		
<b>Small Whitby breaded scampi</b>	<b>8.44</b>	<b>9.97</b>
Chips, peas <small>629 kcal</small> or mushy peas <small>686 kcal.</small> Four Whitby breaded scampi		
Add: Two slices of bread <span><span><span></span></span></span> (404 kcal) <b>1.34</b> Chip shop-style curry sauce <span><span><span></span></span></span> (118 kcal) <b>1.46</b>		

<b>Small Wiltshire cured ham, egg and chips</b> <span><span><span></span></span></span> <small>455 kcal</small> One slice of Wiltshire cured ham, fried egg	<b>7.20</b>	<b>8.73</b>
<b>Small all-day brunch</b> <small>681 kcal</small> Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	<b>7.49</b>	<b>9.02</b>
<b>Small vegetarian all-day brunch</b> <span><span><span></span></span></span> <small>611 kcal</small> Two vegan sausages, fried egg, baked beans, chips	<b>7.49</b>	<b>9.02</b>

**Afternoon deal**  
Mon – Fri, 2pm – 5pm  
Choose from the above small pub classic meals.

## Pub classics INCLUDES A DRINK

<b>Fish and chips</b>	soft drink*	alcoholic drink*
<b>Freshly battered cod and chips</b> <span><span><span></span></span></span>	<b>10.65</b>	<b>12.18</b>
Peas <small>1240 kcal</small> or mushy peas <small>1298 kcal</small>		
<b>Whitby breaded scampi</b>	<b>10.65</b>	<b>12.18</b>
Chips, peas <small>1135 kcal</small> or mushy peas <small>1192 kcal.</small> Eight Whitby breaded scampi		
Add: Two slices of bread <span><span><span></span></span></span> (404 kcal) <b>1.34</b> Chip shop-style curry sauce <span><span><span></span></span></span> (118 kcal) <b>1.46</b>		
<b>All-day brunch</b> <small>1245 kcal</small> Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) <b>75p</b>	<b>10.31</b>	<b>11.84</b>
<b>Vegetarian all-day brunch</b> <span><span><span></span></span></span> <small>1023 kcal</small> Two fried eggs, three vegan sausages, baked beans, chips	<b>10.31</b>	<b>11.84</b>
<b>Steak &amp; kidney pudding</b> Peas, onion & red wine gravy Choose: Mashed potato <small>963 kcal;</small> Chips <small>1279 kcal</small>	<b>8.91</b>	<b>10.44</b>
<b>Bangers and mash</b> <small>894 kcal</small> Three Lincolnshire sausages, peas, onion & red wine gravy	<b>8.91</b>	<b>10.44</b>
<b>Vegetarian bangers and mash</b> <span><span><span></span></span></span> <small>635 kcal</small> Three vegan sausages, peas, onion & red wine gravy	<b>8.91</b>	<b>10.44</b>
<b>Wiltshire cured ham, eggs and chips</b> <small>856 kcal</small> Two slices of Wiltshire cured ham, two fried eggs	<b>8.32</b>	<b>9.85</b>
<b>Sausages, chips and beans</b> <small>1170 kcal</small> Three Lincolnshire sausages	<b>8.32</b>	<b>9.85</b>
<b>Vegan sausages, chips and beans</b> <span><span><span></span></span></span> <small>910 kcal</small> Three vegan sausages	<b>8.32</b>	<b>9.85</b>
<b>NEW Chilli bean non-carne</b> <span><span><span></span></span></span> <span><span><span></span></span></span> <span><span><span></span></span></span> <small>635 kcal</small> Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	<b>8.91</b>	<b>10.44</b>