






























Desserts

NEW Salted caramel sticky toffee pudding 	4.99
Vanilla ice cream 877 kcal or custard 741 kcal	
NEW Millionaire's shortbread  	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream  	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch  	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie  	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich  	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Mini American-style pancakes  	3.54
Two pancakes, maple-flavour syrup, vanilla ice cream	
Fresh fruit  	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake 	5.33
Vanilla ice cream	
Warm chocolate brownie 	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich 	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble 	5.62
Vanilla ice cream 673 kcal or custard  537 kcal	
American-style pancakes  	4.99
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard  (134 kcal) 1.23. Vanilla ice cream scoop  (135 kcal) 94p	
Belgian chocolate sauce  (61 kcal) 42p. Toffee sauce  (66 kcal) 42p	
Banana  (110 kcal) 62p. Strawberries  (27 kcal) 62p. Blueberries  (17 kcal) 62p	

ALLERGEN AND NUTRITIONAL INFORMATION





This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:


- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

 = Very mild  = Mild  = Medium hot  = Very hot  = Extremely hot















 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.⁸










BREAKFAST

Served
8am - 12 noon

Large Scottish breakfast 1495 kcal	6.59
Two fried eggs, bacon, two sausages, two slices of black pudding, baked beans, potato scone, two slices of toast	
Scottish breakfast 913 kcal	4.99
Fried egg, bacon, sausage, black pudding, baked beans, potato scone, slice of toast	
Small Scottish breakfast  445 kcal	4.45
Fried egg, bacon, sausage, baked beans, potato scone	
Add: Haggis (246 kcal) 1.40. Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast  1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast  786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast   291 kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast  642 kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
American breakfast 1258 kcal	6.85
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
Small American breakfast 629 kcal	4.99
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	
Porridge   252 kcal (plain)	2.09
Add: Banana  (110 kcal) 62p. Maple-flavour syrup  (125 kcal) 34p	
Strawberries  (27 kcal) 62p. Blueberries  (17 kcal) 62p	
Honey  (91 kcal) 34p. Sliced apple  (46 kcal) 62p	

















Breakfast extras

Add any of the following:

Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans  126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms  100 kcal	93p
Vegan sausage  82 kcal	1.05	Two scrambled eggs  136 kcal	1.63	Two grilled tomato halves  16 kcal	52p
Slice of toast  225 kcal	1.13	Fried egg  56 kcal	93p		
Hash brown  82 kcal	46p	Poached egg  63 kcal	93p		

Breakfast deals

Includes tea, coffee or hot chocolate. Free refills

Breakfast roll 3.08	3.08
Choose:	
Bacon  335 kcal; Sausage 540 kcal; Vegetarian sausage   347 kcal	
Fried egg   260 kcal; Haggis  450 kcal; Black pudding 556 kcal	
Egg & cheese muffin   249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin  314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin  417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin   330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin  482 kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Smashed avocado muffin   271 kcal	4.01
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52	
Poached egg  (63 kcal) 93p	
Add: Hash brown  (82 kcal) 46p	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdetherspoon.com
⁸Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. ⁹Statement of daily Calorie needs from the Department of Health & Social Care. ¹⁰Excluding decaffeinated. ¹¹Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).





Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



£1.56 each

Biscuits

Walkers shortbread  151 kcal	71p
Stem ginger biscuit  123 kcal	71p
Belgian chocolate biscuit  129 kcal	71p
Salted caramel brownie bar  316 kcal	1.64

Eggs Benedict 725 kcal 5.14

Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket



Mushroom Benedict  638 kcal 5.14

Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket

Miner's Benedict 939 kcal 5.14

Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket

American-style pancakes 4.99

NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.   708 kcal


Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal 4.99

Four pancakes, maple-flavour syrup.   554 kcal 4.30

Small American-style pancakes

Two pancakes, maple-cured bacon, maple-flavour syrup.  322 kcal 3.54

Two pancakes, maple-flavour syrup.   277 kcal 3.25


Scrambled egg on toast  570 kcal 3.77

Three eggs, buttered white bloomer toast

Beans on toast   566 kcal. Buttered white bloomer toast 3.66

NEW Vegan option available with vegan spread  460 kcal

Small beans on toast   252 kcal. Buttered white bloomer toast 2.62

Two slices of toast with jam or marmalade  524 kcal 2.47

White bloomer bread

Fresh fruit  200 kcal. Apple, banana, blueberries, strawberries 3.66

NEW Fresh fruit and yoghurt   334 kcal 4.45

Apple, banana, blueberries, strawberries, Greek-style honey yoghurt

Breakfast wrap 724 kcal 4.36

Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese

Vegetarian breakfast wrap  735 kcal 4.36

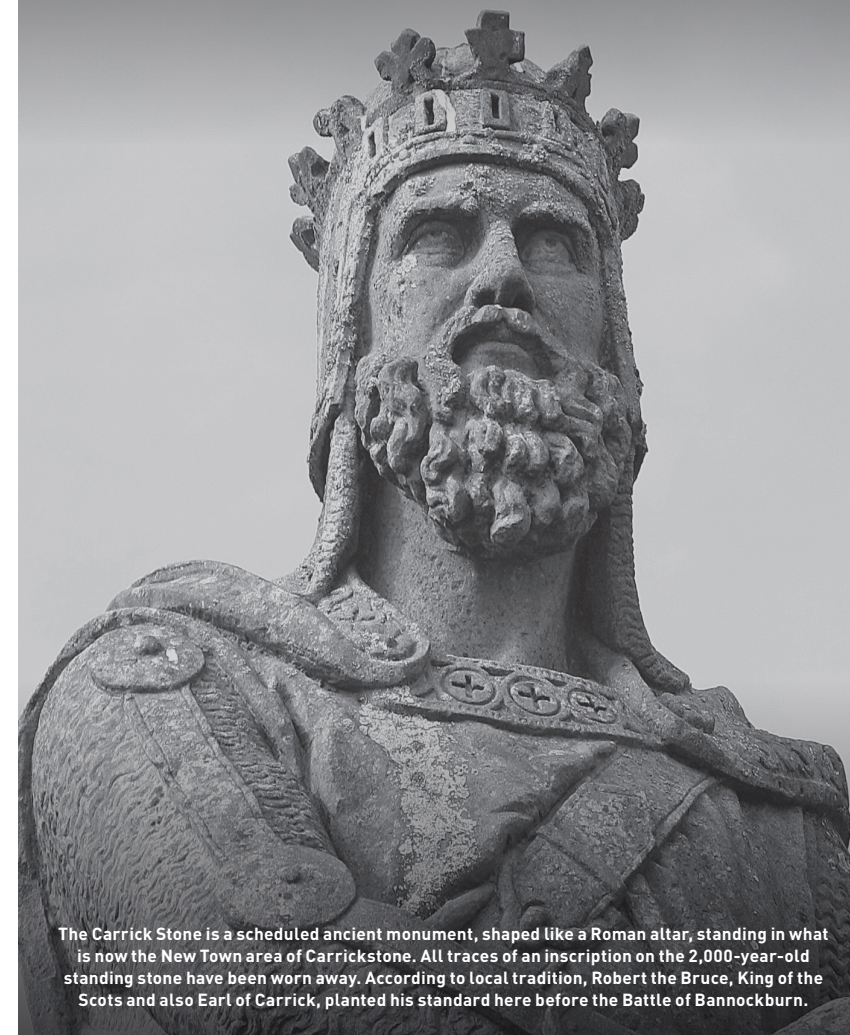
Fried egg, two vegan sausages, two hash browns, Cheddar cheese

FOOD

Main menu 11.30am - 11pm. Children's menu available.

The Carrick Stone

Cumbernauld, Glasgow



The Carrick Stone is a scheduled ancient monument, shaped like a Roman altar, standing in what is now the New Town area of Carrickstone. All traces of an inscription on the 2,000-year-old standing stone have been worn away. According to local tradition, Robert the Bruce, King of the Scots and also Earl of Carrick, planted his standard here before the Battle of Bannockburn.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene information scheme

We have been awarded the food hygiene rating of PASS in our pub.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Coffee

The freshly ground 100% Arabica Lavazza coffee¹ we serve is from Rainforest Alliance-certified farms.



Award-winning children's menu

Best children's meals (first place) Independently run 'secret diner' survey.



Sustainable Restaurant Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

wetherspoon hotels

Over 50 hotels in England, Ireland, Scotland and Wales

Book direct for the best rates* at jdetherspoon.com, on our app or by phone.

Scan to find out more.



for the facts
drinkaware.co.uk

jdetherspoon.com

SCONOGRILL

MENU_650Z

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

goodfoodtalks

opening menus for everybody
The spoken menu app for the visually impaired

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