

Desserts

NEW Giant profiterole 433 kcal	5.33
Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry	
NEW Salted caramel sticky toffee pudding 877 kcal	4.99
Vanilla ice cream	
NEW Millionaire's shortbread 409 kcal	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
Vanilla ice cream 334 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
Cookie crunch 364 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
Mini warm chocolate brownie 435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream	
Mini warm cookie dough sandwich 431 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
Fresh fruit 470 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
Warm chocolate fudge cake 909 kcal	5.33
Vanilla ice cream	
Warm chocolate brownie 736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream	
Warm cookie dough sandwich 727 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
British Bramley apple crumble 673 kcal	5.62
Vanilla ice cream	

Add: Vanilla ice cream scoop 135 kcal) **94p**; Toffee sauce (66 kcal) **42p**
 Belgian chocolate sauce (61 kcal) **42p**; Banana (110 kcal) **62p**
 Strawberries (27 kcal) **62p**; Blueberries (17 kcal) **62p**

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

- 🔥 = Very mild 🔥🔥 = Mild 🔥🔥🔥 = Medium hot 🔥🔥🔥🔥 = Very hot
 - 🔥🔥🔥🔥 = Extremely hot
 - 🌿 = Vegetarian 🌱 = Vegan 5% = 5% fat or less UNDER 500 = Dish under 500 Calories
 - Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org
- Adults need around 2000 kcal a day.³**

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BREAKFAST

Large breakfast 1343 kcal	6.59
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
Traditional breakfast 807 kcal	4.99
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
Small breakfast 435 kcal	4.45
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	4.45
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
Large vegetarian breakfast 1129 kcal	6.59
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
Vegetarian breakfast 786 kcal	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
Small vegetarian breakfast 291 kcal	4.45
Fried egg, vegan sausage, baked beans, hash brown, tomato	
Vegan breakfast 642 kcal	4.61
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
Porridge 252 kcal (plain)	2.09
Add: Banana (110 kcal) 62p ; Strawberries (27 kcal) 62p Blueberries (17 kcal) 62p ; Honey (91 kcal) 34p Sliced apple (46 kcal) 62p	

Breakfast extras

Add any of the following:			
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52
Vegan sausage 82 kcal	1.05	Two scrambled eggs 136 kcal	1.63
Slice of toast 225 kcal	1.13	Fried egg 56 kcal	93p
Hash brown 82 kcal	46p	Poached egg 63 kcal	93p
Baked beans 126 kcal	93p		
Two mushrooms 100 kcal	93p		
Two grilled tomato halves 16 kcal	52p		
Grilled halloumi-style cheese 447 kcal	1.97		

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.42
Sausage butty 714 kcal	3.42
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 541 kcal	3.42
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread 435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin 249 kcal	3.31
Fried egg, American-style cheese, in an English muffin	
Egg & bacon muffin 314 kcal	3.77
Fried egg, bacon, American-style cheese, in an English muffin	
Egg & sausage muffin 417 kcal	3.77
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
Egg & vegetarian sausage muffin 330 kcal	3.77
Fried egg, vegan sausage, American-style cheese, in an English muffin	
Breakfast muffin 482 kcal	4.01
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
Add: Hash brown (82 kcal) 46p	

Tea, coffee and hot chocolate

FREE REFILLS*
 TEA, COFFEE AND HOT CHOCOLATE
 — ALL DAY EVERY DAY —

£1.56 each

Biscuits
 Walkers shortbread 151 kcal **71p**
 Stem ginger biscuit 123 kcal **71p**
 Belgian chocolate biscuit 129 kcal **71p**
 Salted caramel brownie bar 316 kcal **1.64**

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jd wetherspoon.com
 *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am - 12 noon

FOOD

Main menu 11.30am - 11pm. Children's menu available.



The Half Moon

Mile End

NEW Fiesta brunch 659 kcal	3.42
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
Eggs Benedict 725 kcal	5.14
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
Mushroom Benedict 638 kcal	5.14
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Miner's Benedict 939 kcal	5.14
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
NEW Hash brown basket 410 kcal	1.99
Scrambled egg on toast 570 kcal	3.77
Three eggs, buttered white bloomer toast	
Beans on toast 566 kcal. Buttered white bloomer toast	3.66
NEW Vegan option available with vegan spread 460 kcal	
Small beans on toast 252 kcal	2.62
Buttered white bloomer toast	
Two slices of toast with jam or marmalade 524 kcal	2.47
White bloomer bread	
Fresh fruit 200 kcal	3.66
Apple, banana, blueberries, strawberries	
NEW Fresh fruit and yoghurt 334 kcal	4.45
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

Breakfast wrap 724 kcal	4.36
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
Vegetarian breakfast wrap 735 kcal	4.36
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

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FOOD HYGIENE RATING

Food hygiene rating
 We have been awarded the maximum food hygiene rating of 5 in our pub.

100% UK AND IRISH BEEF
 From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.

Sustainable fish
 The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.

Free-range eggs
 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.³

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 The spoken menu app for the visually impaired

Breakfast 8am - 12 noon	Traditional breakfast £4.99
Tea, coffee and hot chocolate Free refills	£1.56 each

Deli Deals*

INCLUDES A DRINK* 🍷🥤

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

£3.08

soft drink*	alcoholic drink*
£4.11	£5.64

Burger meals

INCLUDES A DRINK* 🍷🥤

Featuring 3oz American burger

soft drink*	alcoholic drink*
£5.44	£6.97

Afternoon deals

INCLUDES A DRINK* 🍷🥤

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink*	alcoholic drink*
£6.09	£7.62

Steak Club*

INCLUDES A DRINK* 🍷🥤

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink*	alcoholic drink*
£9.67	£11.20

Curry Club*

INCLUDES A DRINK* 🍷🥤

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink*	alcoholic drink*
£7.91	£9.44

INCLUDES A DRINK* 🍷🥤
 Choose from over 150 drinks

LAVAZZA Coffee
 The finest ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.

Award-winning children's menu
 Best children's meals (first place) Independently run 'secret diner' survey.

Sustainable Restaurant Association
 Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

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LTSIM MENU_590

