

Sides and extras

Bowl of chips	964 kcal (Add: Spicy seasoning)	7 kcal	34p	4.31	
Small bowl of chips				2.57	
Five chicken wings				3.34	
NEW Five chicken breast bites				2.99	
Eight Whitby breaded scampi				4.99	
Grilled halloumi-style cheese				1.97	
Mediterranean side salad				3.22	
Sliced chillies				88p	
Peas	133 kcal	94p	Mushy peas	248 kcal	94p
Side salad	91 kcal	2.29	Coleslaw	399 kcal	1.40
Chicken gravy	50 kcal	94p	Roasted vegetables	135 kcal	1.53
Onion rings				3.50	
Garlic pizza bread	8* 386 kcal	4.40		5.57	
With cheese	8* 473 kcal	4.98		6.44	

Desserts

NEW 11" sharing dessert pizza				5.99
Banana, strawberries, chocolate cookie, toffee sauce, Belgian chocolate sauce				
NEW Chocolate & salted caramel torte				5.57
Chocolate biscuit base, chocolate & salted caramel filling				
Vanilla ice cream	746 kcal or coconut ice cream			701 kcal
NEW Salted caramel sticky toffee pudding				5.22
Vanilla ice cream	877 kcal or custard			741 kcal
Millionaire's shortbread				2.40
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce				
Vanilla ice cream				2.05
Two scoops, toffee sauce, Belgian chocolate sauce				
Cookie crunch				2.05
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce				
Mini warm chocolate brownie				3.22
Belgian chocolate sauce, vanilla ice cream				
Mini warm cookie dough sandwich				3.22
Salted caramel filling, toffee sauce, vanilla ice cream				
Mini American-style pancakes				3.77
Two pancakes, maple-flavour syrup, vanilla ice cream				
Fresh fruit				4.80
Apple, banana, blueberries, strawberries, vanilla ice cream				
Warm chocolate fudge cake				5.57
Warm chocolate brownie				5.57
Belgian chocolate sauce, vanilla ice cream				
Warm cookie dough sandwich				5.57
Salted caramel filling, toffee sauce, vanilla ice cream				
British Bramley apple crumble				5.84
Vanilla ice cream				5.22
American-style pancakes				
Four pancakes, maple-flavour syrup, vanilla ice cream				
Add: Custard				
Belgian chocolate sauce				
Banana				

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

■ = Very mild ■ = Mild ■ = Medium hot ■ = Very hot
■ = Extremely hot
■ Vegetarian ■ Vegan ■ 5% fat or less ■ Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.⁸

BREAKFAST

Large breakfast	1343 kcal	7.09
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast		
Traditional breakfast	807 kcal	5.41
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast		
Small breakfast	435 kcal	4.84
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown		
Add: Black pudding (178 kcal)		75p
Freedom breakfast	586 kcal	4.84
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato		
Large vegetarian breakfast	1129 kcal	7.09
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast		
Vegetarian breakfast	786 kcal	5.41
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		
Small vegetarian breakfast	291 kcal	4.84
Fried egg, vegan sausage, baked beans, hash brown, tomato		
Vegan breakfast	642 kcal	5.01
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread		
American breakfast	1258 kcal	7.09
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup		
Small American breakfast	629 kcal	5.22
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup		
NEW Creamy jumbo oat porridge (new recipe: now contains gluten)		2.09
Add: Banana		62p
Maple-flavour syrup		34p
Strawberries		62p
Blueberries		62p
Honey		34p
Sliced apple		62p
NEW Shakshuka		5.57
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta		
Add: Grilled halloumi-style cheese		1.97
Maple-cured bacon		1.52
NEW Fiesta brunch		4.13
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa		
Eggs Benedict	725 kcal	5.57
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket		
Mushroom Benedict	638 kcal	5.57
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket		
Miner's Benedict	939 kcal	5.57
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket		
American-style pancakes		
NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.		5.22
Four pancakes, maple-cured bacon, maple-flavour syrup.		5.22
Four pancakes, maple-flavour syrup.		4.52
Small American-style pancakes		
Two pancakes, maple-cured bacon, maple-flavour syrup.		3.77
Two pancakes, maple-flavour syrup.		3.47
Scrambled egg on toast	570 kcal	4.01
Three eggs, buttered white bloomer toast		
Beans on toast	566 kcal	3.88
Vegan option available with vegan spread		2.84
Small beans on toast	252 kcal	2.84
Buttered white bloomer toast		
Two slices of toast with jam or marmalade	524 kcal	2.69
White bloomer bread		
Fresh fruit	200 kcal	3.88
Apple, banana, blueberries, strawberries		
NEW Fresh fruit and yoghurt	334 kcal	4.84
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt		

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
⁸Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. ⁹Statement of daily Calorie needs from the Department of Health & Social Care. ¹⁰Excluding decaffeinated. ¹¹Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

Served 8am - 12 noon

Breakfast extras

Add any of the following:					
Black pudding	178 kcal	75p	Hash brown	82 kcal	46p
Lincolnshire sausage	168 kcal	1.05	Vegan sausage	82 kcal	1.05
Slice of toast	225 kcal	1.13	Baked beans	126 kcal	93p
Fried egg	56 kcal	93p	Poached egg	63 kcal	93p
Two scrambled eggs	136 kcal				1.63
Two rashers of back bacon	131 kcal				1.57
Four rashers of maple-cured bacon	91 kcal				1.52
Two mushrooms	100 kcal				93p
Two grilled tomato halves	16 kcal				52p
Grilled halloumi-style cheese	447 kcal				1.97

Breakfast butties and wraps

Bacon butty	574 kcal	4.13
Three rashers of bacon, buttered white bloomer bread		
Sausage butty	714 kcal	4.13
Two Lincolnshire sausages, buttered white bloomer bread		
Vegetarian sausage butty	541 kcal	4.13
Two vegan sausages, buttered white bloomer bread		
Vegan option available with vegan spread		435 kcal
Breakfast wrap	724 kcal	4.59
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese		
Vegetarian breakfast wrap	735 kcal	4.59
Fried egg, two vegan sausages, two hash browns, Cheddar cheese		

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*		
Egg & cheese muffin	249 kcal	3.54
Fried egg, American-style cheese, in an English muffin		
Egg & bacon muffin	314 kcal	4.01
Fried egg, bacon, American-style cheese, in an English muffin		
Egg & sausage muffin	417 kcal	4.01
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin		
Egg & vegetarian sausage muffin	330 kcal	4.01
Fried egg, vegan sausage, American-style cheese, in an English muffin		
Breakfast muffin	482 kcal	4.23
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin		
Smashed avocado muffin	271 kcal	4.23
Guacamole, pico de gallo, on an English muffin, rocket		
Add: Maple-cured bacon (91 kcal)		1.52
Poached egg (63 kcal)		93p
Grilled halloumi-style cheese (447 kcal)		1.97
Add: Hash brown (82 kcal)		46p

Tea, coffee and hot chocolate

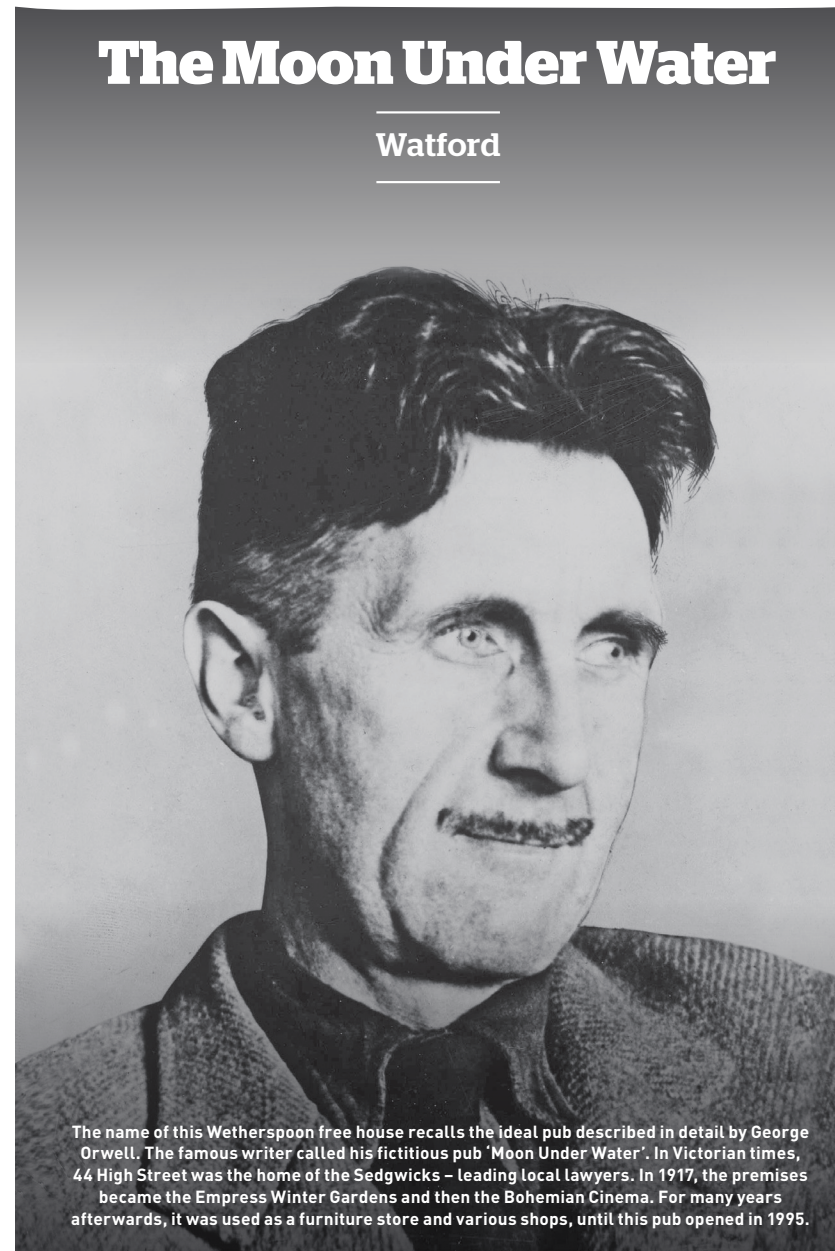
FREE REFILLS TEA, COFFEE AND HOT CHOCOLATE — ALL DAY EVERY DAY —	Flat white	92 kcal
LAVAZZA	Cappuccino	102 kcal
100% ARABICA BEANS	Latte	113 kcal
100% ARABICA BEANS	Mocha	147 kcal
100% ARABICA BEANS	Espresso	6 kcal
100% ARABICA BEANS	Black coffee	6 kcal
100% ARABICA BEANS	White coffee	24 kcal
100% ARABICA BEANS	Hot chocolate	169 kcal
100% ARABICA BEANS	Tea	14 kcal
100% ARABICA BEANS	Dairy alternative: oat sachet	4 kcal
100% ARABICA BEANS	Decaffeinated tea and coffee available.	
£1.56 each		
Biscuits		
Walkers shortbread	151 kcal	71p
Stem ginger biscuit	123 kcal	71p
Belgian chocolate biscuit	129 kcal	71p
Salted caramel brownie bar	316 kcal	1.64

for the facts drinkaware.co.uk

jdwetherspoon.com

FOOD

Main menu 11.30am - 11pm. Children's menu available.



The Moon Under Water

Watford

The name of this Wetherspoon free house recalls the ideal pub described in detail by George Orwell. The famous writer called his fictitious pub 'Moon Under Water'. In Victorian times, 44 High Street was the home of the Sedgwick's - leading local lawyers. In 1917, the premises became the Empress Winter Gardens and then the Bohemian Cinema. For many years afterwards, it was used as a furniture store and various shops, until this pub opened in 1995.



Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

Breakfast
8am - 12 noon
Traditional breakfast
£5.41

Tea, coffee and hot chocolate
Free refills
£1.56 each

Deli Deals
INCLUDES A DRINK
Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink
£3.29
soft drink* **£4.38** | alcoholic drink* **£5.91**

Burger meals
INCLUDES A DRINK
Featuring 3oz American burger
soft drink* **£5.70** | alcoholic drink* **£7.23**

Afternoon deals
INCLUDES A DRINK
Mon - Fri, 2pm - 5pm
Featuring small freshly battered fish and chips
soft drink* **£6.33** | alcoholic drink* **£7.86**

Steak Club
INCLUDES A DRINK
Tuesday 11.30am - 11pm
Featuring classic 8oz sirloin
soft drink* **£9.90** | alcoholic drink* **£11.43**

Curry Club
INCLUDES A DRINK
Thursday 11.30am - 11pm
Featuring the katsu curry range
soft drink* **£8.14** | alcoholic drink* **£9.67**

INCLUDES A DRINK
Choose from over 150 drinks

LAVAZZA
TORINO, ITALIA, 1895
100% ARABICA BEANS
Coffee
The freshly ground 100% Arabica Lavazza coffee* we serve is from Rainforest Alliance-certified farms.
AWARD-WINNING CHILDREN'S MENU
Best children's meals (first place) Independently run 'secret diner' survey.
Sustainable Restaurant Association
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.
FOOD MILE GOOD
2024 - 2026

wetherspoon hotels
Over 50 hotels in England, Ireland, Scotland and Wales
Book direct for the best rates*
at jdwetherspoon.com, on our app or by phone.
UNLIMITED FREE Wi-Fi

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁸

