




















Desserts











NEW Giant profiterole  <small>500</small> 433 kcal	6.13
<small>Choux pastry filled with vanilla cream, Belgian chocolate sauce, strawberry Vanilla ice cream</small>	
NEW Salted caramel sticky toffee pudding  877 kcal	5.72
<small>Vanilla ice cream</small>	
NEW Millionaire's shortbread  <small>500</small> 409 kcal	2.72
<small>Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce</small>	
Vanilla ice cream  <small>500</small> 334 kcal	2.37
<small>Two scoops, toffee sauce, Belgian chocolate sauce</small>	
Cookie crunch  <small>500</small> 364 kcal	2.37
<small>Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce</small>	
Mini warm chocolate brownie  <small>500</small> 435 kcal	3.53
<small>Belgian chocolate sauce, vanilla ice cream</small>	
Mini warm cookie dough sandwich  <small>500</small> 431 kcal	3.53
<small>Salted caramel filling, toffee sauce, vanilla ice cream</small>	
Fresh fruit  <small>500</small> 470 kcal	5.38
<small>Apple, banana, blueberries, strawberries, vanilla ice cream</small>	
Warm chocolate fudge cake  909 kcal	6.13
<small>Vanilla ice cream</small>	
Warm chocolate brownie  736 kcal	6.13
<small>Belgian chocolate sauce, vanilla ice cream</small>	
Warm cookie dough sandwich  727 kcal	6.13
<small>Salted caramel filling, toffee sauce, vanilla ice cream</small>	
British Bramley apple crumble  673 kcal	6.42
<small>Vanilla ice cream</small>	










Add: Vanilla ice cream scoop  (135 kcal) 94p ; Toffee sauce  (66 kcal) 42p	
<small>Belgian chocolate sauce  (61 kcal) 42p; Banana  (110 kcal) 62p</small>	
<small>Strawberries  (27 kcal) 62p; Blueberries  (17 kcal) 62p</small>	

BREAKFAST







Served
8am - 12 noon

Large breakfast 1343 kcal	7.58
<small>Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast</small>	
Traditional breakfast 807 kcal	5.89
<small>Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast</small>	
Small breakfast  435 kcal	5.33
<small>Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown</small>	

Add: Black pudding (178 kcal) 75p	
Freedom breakfast 586 kcal	5.33
<small>Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato</small>	
Large vegetarian breakfast  1129 kcal	7.58
<small>Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast</small>	
Vegetarian breakfast  786 kcal	5.89
<small>Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast</small>	
Small vegetarian breakfast  <small>500</small> 291 kcal	5.33
<small>Fried egg, vegan sausage, baked beans, hash brown, tomato</small>	
Vegan breakfast  642 kcal	5.49
<small>Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread</small>	
Porridge  <small>500</small> 252 kcal (plain)	2.09
<small>Add: Banana  (110 kcal) 62p; Strawberries  (27 kcal) 62p</small>	
<small>Blueberries  (17 kcal) 62p; Honey  (91 kcal) 34p</small>	
<small>Sliced apple  (46 kcal) 62p</small>	

NEW Fiesta brunch  659 kcal	4.50
<small>Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa</small>	
Eggs Benedict 725 kcal	6.07
<small>Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket</small>	
Mushroom Benedict  638 kcal	6.07
<small>Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket</small>	
Miner's Benedict 939 kcal	6.07
<small>Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket</small>	
Scrambled egg on toast  570 kcal	4.50
<small>Three eggs, buttered white bloomer toast</small>	
Beans on toast  <small>500</small> 566 kcal. Buttered white bloomer toast	3.91
<small>NEW Vegan option available with vegan spread  <small>500</small> 460 kcal</small>	
Small beans on toast  <small>500</small> 252 kcal	2.76
<small>Buttered white bloomer toast</small>	
Two slices of toast with jam or marmalade  524 kcal	2.72
<small>White bloomer bread</small>	
Fresh fruit  <small>500</small> 200 kcal	3.91
<small>Apple, banana, blueberries, strawberries</small>	
NEW Fresh fruit and yoghurt  <small>500</small> 334 kcal	5.33
<small>Apple, banana, blueberries, strawberries, Greek-style honey yoghurt</small>	






Breakfast extras


Add any of the following:			
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52
Vegan sausage  82 kcal	1.05	Two scrambled eggs  136 kcal	1.63
Slice of toast  225 kcal	1.13	Fried egg  56 kcal	93p
Hash brown  82 kcal	46p	Poached egg  63 kcal	93p

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	4.50	Breakfast wrap 724 kcal	5.08
Sausage butty 714 kcal	4.50	<small>Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese</small>	
Vegetarian sausage butty  541 kcal	4.50	Vegetarian breakfast wrap  735 kcal	5.08
<small>Two Lincolnshire sausages, buttered white bloomer bread</small>		<small>Fried egg, two vegan sausages, two hash browns, Cheddar cheese</small>	
<small>Two vegan sausages, buttered white bloomer bread</small>		NEW Vegan option available with vegan spread  <small>500</small> 435 kcal	

Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*	
Egg & cheese muffin  <small>500</small> 249 kcal	3.91
<small>Fried egg, American-style cheese, in an English muffin</small>	
Egg & bacon muffin  <small>500</small> 314 kcal	4.38
<small>Fried egg, bacon, American-style cheese, in an English muffin</small>	
Egg & sausage muffin  <small>500</small> 417 kcal	4.38
<small>Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin</small>	
Egg & vegetarian sausage muffin  <small>500</small> 330 kcal	4.38
<small>Fried egg, vegan sausage, American-style cheese, in an English muffin</small>	
Breakfast muffin  <small>500</small> 482 kcal	4.61
<small>Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin</small>	

Add: Hash brown  (82 kcal) 46p	

Tea, coffee and hot chocolate

FREE REFILLS
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —

£1.56 each

Biscuits
Walkers shortbread  151 kcal **71p**
Stem ginger biscuit  123 kcal **71p**
Belgian chocolate biscuit  129 kcal **71p**
Salted caramel brownie bar  316 kcal **1.64**

Flat white  92 kcal
Cappuccino  102 kcal
Latte  113 kcal
Mocha  147 kcal
Espresso  6 kcal
Black coffee  6 kcal
White coffee  24 kcal
Hot chocolate  169 kcal

Tea
with semi-skimmed milk  14 kcal
Dairy alternative: oat sachet  4 kcal
Decaffeinated tea and coffee available.

FOOD

Main menu 11.30am - 11pm. Children's menu available.



The Bright Helm

Brighton

West Street once marked the western boundary of Brighthelmstone or Brighthelm, as Brighton was originally known. The name derives from Brithelm's Tun or homestead.

Table service

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

<p>FOOD HYGIENE RATING</p> <p>1 2 3 4 5</p> <p style="text-align: right;">5</p>	<p>Food hygiene rating</p> <p>We have been awarded the maximum food hygiene rating of 5 in our pub.</p>	<p>CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org</p>	<p>Sustainable fish</p> <p>The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.</p>
<p>100% UK AND IRISH BEEF</p>	<p>100% UK and Irish beef</p> <p>From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.</p>	<p>RSPCA ASSURED</p>	<p>Free-range eggs</p> <p>100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.</p>

Breakfast 8am - 12 noon	Traditional breakfast £5.89
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Tea, coffee and hot chocolate Free refills	£1.56 each
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Deli Deals
INCLUDES A DRINK

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£3.97

soft drink*	alcoholic drink*
£5.00	£6.53

Burger meals
INCLUDES A DRINK

Featuring 3oz American burger

soft drink*	alcoholic drink*
£6.32	£7.85

Afternoon deals
INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink*	alcoholic drink*
£6.98	£8.51

Steak Club
INCLUDES A DRINK

Tuesday 11.30am - 11pm

Featuring classic 8oz sirloin

soft drink*	alcoholic drink*
£10.83	£12.36

Curry Club
INCLUDES A DRINK

Thursday 11.30am - 11pm

Featuring the katsu curry range

soft drink*	alcoholic drink*
£9.07	£10.60

INCLUDES A DRINK
Choose from over 150 drinks

<p>LAVAZZA TORINO, ITALY, 1895</p> <p>100% ARABICA BEANS</p>	<p>Coffee</p> <p>The fresh ground 100% Arabica Lavazza coffee we serve is from Rainforest Alliance-certified farms.</p>
<p>OUT TO LUNCH soil Association</p>	<p>Award-winning children's menu</p> <p>Best children's meals (first place) Independently run 'secret diner' survey.</p>
<p>FOOD MILE GOOD 2024 - 2026</p>	<p>Sustainable Restaurant Association</p> <p>Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.</p>

wetherspoon hotels
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at jdwetherspoon.com, on our app or by phone.

Scan to find out more.



All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com
*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. *Statement of daily Calorie needs from the Department of Health & Social Care. **Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts
drinkaware.co.uk
jdwetherspoon.com

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.⁹

goodfoodtalks
opening menus for everybody
The spoken menu app for the visually impaired

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