

## Sides and extras

Bowl of chips 964 kcal (Add: Spicy seasoning (7 kcal) 34p)	4.23			
Small bowl of chips 602 kcal	2.48			
Five chicken wings 407 kcal	3.34			
<b>NEW</b> Five chicken breast bites 161 kcal	2.99			
Eight Whitby breaded scampi 464 kcal	4.99			
Grilled halloumi-style cheese 447 kcal	1.97			
Mediterranean side salad 198 kcal	3.22			
Sliced chillies 3 kcal	88p			
Peas 133 kcal	94p	Mushy peas 248 kcal	94p	
Side salad 91 kcal	2.29	Coleslaw 399 kcal	1.40	
Chicken gravy 50 kcal	94p	Roasted vegetables 135 kcal	1.53	
<b>Onion rings</b>	Six 269 kcal	2.33	Twelve 538 kcal	3.50
<b>Garlic pizza bread</b>	8" 386 kcal	4.40	11" 772 kcal	5.57
<b>With cheese</b>	8" 473 kcal	4.98	11" 922 kcal	6.44

## Desserts

<b>NEW</b> 11" sharing dessert pizza (S) 883 kcal	5.99
Banana, strawberries, chocolate cookie, toffee sauce, Belgian chocolate sauce	
<b>NEW</b> Chocolate & salted caramel torte	5.33
Chocolate biscuit base, chocolate & salted caramel filling	
Vanilla ice cream 746 kcal or coconut ice cream 701 kcal	
<b>NEW</b> Salted caramel sticky toffee pudding (V)	5.57
Vanilla ice cream 877 kcal or custard 741 kcal	
<b>Millionaire's shortbread</b> (V) 409 kcal	2.17
Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce	
<b>Vanilla ice cream</b> (V) 334 kcal	1.82
Two scoops, toffee sauce, Belgian chocolate sauce	
<b>Cookie crunch</b> (V) 364 kcal	1.82
Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce	
<b>Mini warm chocolate brownie</b> (V) 435 kcal	2.98
Belgian chocolate sauce, vanilla ice cream	
<b>Mini warm cookie dough sandwich</b> (V) 431 kcal	2.98
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>Mini American-style pancakes</b> (V) 412 kcal	4.13
Two pancakes, maple-flavour syrup, vanilla ice cream	
<b>Fresh fruit</b> (V) 470 kcal	4.56
Apple, banana, blueberries, strawberries, vanilla ice cream	
<b>Warm chocolate fudge cake</b> (V) 909 kcal	5.33
Vanilla ice cream	
<b>Warm chocolate brownie</b> (V) 736 kcal	5.33
Belgian chocolate sauce, vanilla ice cream	
<b>Warm cookie dough sandwich</b> (V) 727 kcal	5.33
Salted caramel filling, toffee sauce, vanilla ice cream	
<b>British Bramley apple crumble</b>	5.62
Vanilla ice cream 673 kcal, coconut ice cream 628 kcal or custard 537 kcal	
<b>American-style pancakes</b> (V) 689 kcal	5.57
Four pancakes, maple-flavour syrup, vanilla ice cream	
Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p	
Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p	
Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	

### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and availability may change since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

### DIETARY SYMBOLS

V = Very mild P = Mild M = Medium hot H = Very hot  
 E = Extremely hot

(V) Vegetarian (V) Vegan (5%) 5% fat or less (500) Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.<sup>8</sup>

# BREAKFAST

<b>Large breakfast</b> 1343 kcal	7.43
Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	
<b>Traditional breakfast</b> 807 kcal	5.75
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	
<b>Small breakfast</b> (50%) 435 kcal	5.19
Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	
Add: Black pudding (178 kcal) 75p	
<b>Freedom breakfast</b> 586 kcal	5.19
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	
<b>Large vegetarian breakfast</b> (V) 1129 kcal	7.43
Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	
<b>Vegetarian breakfast</b> (V) 786 kcal	5.75
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	
<b>Small vegetarian breakfast</b> (V) (291 kcal)	5.19
Fried egg, vegan sausage, baked beans, hash brown, tomato	
<b>Vegan breakfast</b> (V) 642 kcal	5.36
Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	
<b>American breakfast</b> 1258 kcal	7.43
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup	
<b>Small American breakfast</b> 629 kcal	5.57
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	

<b>NEW Creamy jumbo oat porridge</b> (new recipe: now contains gluten) (V) 198 kcal (plain)	2.09
Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p	
Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p	
Honey (91 kcal) 34p; Sliced apple (46 kcal) 62p	
<b>NEW Shakshuka</b> (V) 547 kcal	5.92
Two poached eggs, lightly spiced Mediterranean tomato & pepper sauce, rocket, toasted ciabatta	
Add: Grilled halloumi-style cheese (447 kcal) 1.97	
Maple-cured bacon (91 kcal) 1.52	
<b>NEW Fiesta brunch</b> (V) 659 kcal	4.36
Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	
<b>Eggs Benedict</b> 725 kcal	5.92
Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	
<b>Mushroom Benedict</b> (V) 638 kcal	5.92
Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
<b>Miner's Benedict</b> 939 kcal	5.92
Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	
<b>American-style pancakes</b>	5.57
<b>NEW</b> Four pancakes, banana, strawberries, blueberries, maple-flavour syrup. (V) 708 kcal	
Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	5.57
Four pancakes, maple-flavour syrup. (V) 554 kcal	4.88
<b>Small American-style pancakes</b>	4.13
Two pancakes, maple-cured bacon, maple-flavour syrup. (500) 322 kcal	
Two pancakes, maple-flavour syrup. (V) (277 kcal)	3.83
<b>Scrambled egg on toast</b> (V) 570 kcal	4.36
Three eggs, buttered white bloomer toast	
<b>Beans on toast</b> (V) 566 kcal	3.77
Buttered white bloomer toast	
<b>Vegan option available with vegan spread</b> (5%) (500) 460 kcal	2.62
<b>Small beans on toast</b> (V) (252 kcal)	2.58
Buttered white bloomer toast	
<b>Two slices of toast with jam or marmalade</b> (V) 524 kcal	3.77
White bloomer bread	
<b>Fresh fruit</b> (5%) (200 kcal)	5.19
Apple, banana, blueberries, strawberries	
<b>NEW</b> Fresh fruit and yoghurt (V) (334 kcal)	
Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. JD Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: [jdwetherspoon.com](http://jdwetherspoon.com)  
 \*Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. \*\*Statement of daily Calorie needs from the Department of Health & Social Care. †Excluding decaffeinated. ‡Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

## Served 7am - 12 noon

### Breakfast extras

Add any of the following:			
<b>Black pudding</b> 178 kcal	75p	<b>Hash brown</b> 82 kcal	46p
<b>Lincolnshire sausage</b> 168 kcal	1.05	<b>Vegan sausage</b> 82 kcal	1.05
<b>Slice of toast</b> 225 kcal	1.13	<b>Baked beans</b> 126 kcal	93p
<b>Fried egg</b> 56 kcal	93p	<b>Poached egg</b> 63 kcal	93p
<b>Two scrambled eggs</b> 136 kcal	1.63		
<b>Two rashers of back bacon</b> 131 kcal	1.57		
<b>Four rashers of maple-cured bacon</b> 91 kcal	1.52		
<b>Two mushrooms</b> 100 kcal	93p		
<b>Two grilled tomato halves</b> 16 kcal	52p		
<b>Grilled halloumi-style cheese</b> 447 kcal	1.97		

### Breakfast butties and wraps

<b>Bacon butty</b> 574 kcal	4.36
Three rashers of bacon, buttered white bloomer bread	
<b>Sausage butty</b> 714 kcal	4.36
Two Lincolnshire sausages, buttered white bloomer bread	
<b>Vegetarian sausage butty</b> (V) 541 kcal	4.36
Two vegan sausages, buttered white bloomer bread	
<b>Vegan option available with vegan spread</b> (5%) (500) 435 kcal	
<b>Breakfast wrap</b> 724 kcal	4.93
Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	
<b>Vegetarian breakfast wrap</b> (V) 735 kcal	4.93
Fried egg, two vegan sausages, two hash browns, Cheddar cheese	

### Breakfast muffin deal

<b>Includes tea, coffee or hot chocolate. Free refills*</b>	
<b>Egg &amp; cheese muffin</b> (V) 249 kcal	3.77
Fried egg, American-style cheese, in an English muffin	
<b>Egg &amp; bacon muffin</b> 314 kcal	4.23
Fried egg, bacon, American-style cheese, in an English muffin	
<b>Egg &amp; sausage muffin</b> (500) 417 kcal	4.23
Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	
<b>Egg &amp; vegetarian sausage muffin</b> (V) (330 kcal)	4.23
Fried egg, vegan sausage, American-style cheese, in an English muffin	
<b>Breakfast muffin</b> (500) 482 kcal	4.47
Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	
<b>Smashed avocado muffin</b> (5%) (271 kcal)	4.47
Guacamole, pico de gallo, on an English muffin, rocket	
Add: Maple-cured bacon (91 kcal) 1.52; Poached egg (63 kcal) 93p	
Grilled halloumi-style cheese (447 kcal) 1.97	
Add: Hash brown (82 kcal) 46p	

### Tea, coffee and hot chocolate

<b>FREE REFILLS</b>	
TEA, COFFEE AND HOT CHOCOLATE	
— ALL DAY EVERY DAY —	
<b>LAVAZZA</b>	
Flat white 92 kcal	92p
Cappuccino 102 kcal	102p
Latte 113 kcal	113p
Mocha 147 kcal	147p
Espresso 6 kcal	6p
<b>Black coffee</b> 6 kcal	6p
<b>White coffee</b> 24 kcal	24p
<b>Hot chocolate</b> 169 kcal	169p
Tea with semi-skimmed milk 14 kcal	14p
Dairy alternative: oat sachet 4 kcal	4p
Decaffeinated tea and coffee available.	
<b>Biscuits</b>	
<b>Walkers shortbread</b> (V) 151 kcal 71p	
<b>Stem ginger biscuit</b> (V) 123 kcal 71p	
<b>Belgian chocolate biscuit</b> (V) 129 kcal 71p	
<b>Salted caramel brownie bar</b> (V) 316 kcal 1.64	

for the facts [drinkaware.co.uk](http://drinkaware.co.uk)

[jdwetherspoon.com](http://jdwetherspoon.com)

# FOOD

Main menu 11.30am - 11pm. Children's menu available.

## The Bull and Stirrup Hotel

Chester



This grade II listed building has 'Bull and Stirrup Hotel' inscribed on the top of the corner turret and on the George Street entrance gable. The four-storey red-brick hotel was erected in 1889, on the site of the Bull and Stirrup Inn recorded a century earlier in 1789. 'Bull' recalls the cattle market of Upper Northgate Street which moved to a new site, nearby, in 1850. 'Stirrup' recalls the stirrup cup given to a person on horseback, about to leave - 'one for the road'.



### Table service

Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



### Food hygiene rating

We have been awarded the maximum food hygiene rating of 5 in our pub.



### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.



### Sustainable fish

The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.



### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.

**Breakfast**  
7am - 12 noon  
Traditional breakfast  
**£5.75**

**Tea, coffee and hot chocolate**  
Free refills  
**£1.56** each

### Deli Deals<sup>®</sup>

INCLUDES A DRINK<sup>†</sup>

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

**£3.66**

soft drink\*

**£4.69**

alcoholic drink\*

**£6.22**

### Burger meals

INCLUDES A DRINK<sup>†</sup>

Featuring **3oz American burger**

soft drink\*

**£6.04**

alcoholic drink\*

**£7.57**

### Afternoon deals

INCLUDES A DRINK<sup>†</sup>

Mon - Fri, 2pm - 5pm

Featuring small freshly battered fish and chips

soft drink\*

**£6.67**

alcoholic drink\*

**£8.20**

### Steak Club<sup>®</sup>

INCLUDES A DRINK<sup>†</sup>

Tuesday 11.30am - 11pm

Featuring classic **8oz sirloin**

soft drink\*

**£10.26**

alcoholic drink\*

**£11.79**

### Curry Club<sup>®</sup>

INCLUDES A DRINK<sup>†</sup>

Thursday 11.30am - 11pm

Featuring the **katsu curry range**

soft drink\*

**£8.49**

alcoholic drink\*

**£10.02**

INCLUDES A DRINK<sup>†</sup>

Choose from over 150 drinks



**Coffee**  
The freshly ground 100% Arabica Lavazza coffee\* we serve is from Rainforest Alliance-certified farms.



**Award-winning children's menu**  
Best children's meals (first place)  
Independently run 'secret diner' survey.



**Sustainable Restaurant Association**  
Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.



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



























opening menus for everybody

The spoken menu app for the visually impaired

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.<sup>8</sup>












# Small plates **Any 3 for £14.93**

8" pizzas. Sourdough base — proved, stretched, topped and freshly baked to order.

Margherita  <sup>506</sup> 467 kcal. Mozzarella, basil	6.04
<b>NEW</b> Spicy chicken  <sup>706</sup> 706 kcal. Mozzarella, spicy pulled chicken thigh, Naga chilli and garlic & herb sauces, rocket	6.61
Pepperoni  575 kcal. Mozzarella, pepperoni	6.61
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, rocket	6.61
BBQ chicken 555 kcal. Mozzarella, BBQ sauce, chicken breast, red onion, rocket	6.61
Roasted vegetable  514 kcal. Mozzarella, mushroom, roasted pepper, courgette, onion, basil	6.61
Roasted vegetable and vegan cheese   <sup>506</sup> 416 kcal. Mushroom, roasted pepper, courgette, onion, basil	6.61
Spicy meat feast  615 kcal. Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.20
<b>NEW</b> Char-grilled halloumi-style cheese  514 kcal. Rocket, roasted pepper, courgette, onion, salsa	5.19
<b>NEW</b> Char-grilled tandoori chicken breast skewer  <sup>506</sup> 223 kcal. Rocket, pico de gallo, garlic & herb sauce	5.19
11" garlic pizza bread <sup>772</sup> 772 kcal	5.57
Nachos    695 kcal. Cheese, guacamole, salsa, sour cream, sliced chillies	5.81
Add: Spicy pulled chicken thigh  (249 kcal) <b>2.99</b>	
Bowl of chips  964 kcal	4.23
<b>NEW</b> Shawarma-chicken-topped chips    1387 kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces	6.03
Bowl of chips with curry sauce  1082 kcal	5.58
Cheesy chips  1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup   <sup>506</sup> 374 kcal. White bloomer bread	4.23
Vegan option available with vegan spread   <sup>506</sup> 285 kcal	
With any of the small plates below, choose one dip.	
<b>NEW</b> Korean-style dip  96 kcal; Sweet chilli   37 kcal; Sticky soy  100 kcal	
Naga chilli    136 kcal; Jack Daniel's® Tennessee Honey glaze  87 kcal	
Chipotle mayo    150 kcal; Blue cheese  270 kcal; BBQ sauce  83 kcal	
Halloumi-style fries  <sup>506</sup> 396 kcal	5.19
Chicken bites <sup>306</sup> 322 kcal. Ten battered chicken breast pieces	6.09
Southern-fried chicken strips  <sup>506</sup> 459 kcal. Five chicken breast strips	6.20
Chicken wings  813 kcal. Ten spicy chicken wings	6.75
Quorn™ nuggets  <sup>506</sup> 331 kcal. Eight coated pieces	5.19






# Deli Deals **INCLUDES A DRINK**

All wraps and paninis are freshly made to order.


<b>NEW</b> 10" wraps A smaller wrap and filling. Small Korean fried chicken 364 kcal. Iceberg lettuce, cucumber, coriander, Korean-style sauce	
Small brunch wrap 559 kcal. Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink <b>3.66</b> each
Small vegetarian brunch wrap  545 kcal. Fried egg, two vegan sausages, Cheddar cheese	soft drink* <b>4.69</b> each
Small shawarma chicken  502 kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	alcoholic drink* <b>4.99</b>
Small Quorn™ nuggets  <sup>506</sup> 310 kcal. Salad leaves, tomato, cucumber, salsa	soft drink* <b>6.22</b> each
Small southern-fried chicken  <sup>506</sup> 399 kcal. Salad leaves, smoky chipotle mayo	alcoholic drink* <b>6.22</b> each
Small cold chicken breast    <sup>506</sup> 277 kcal. Salad leaves, sweet chilli sauce	
Small fried halloumi-style cheese   <sup>506</sup> 391 kcal. Salad leaves, sweet chilli sauce, tomato, cucumber	
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal) <b>1.03</b> each	

# 12" wraps

**NEW** Korean fried chicken 618 kcal. Iceberg lettuce, cucumber, coriander, Korean-style sauce

Shawarma chicken    719 kcal. Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	
Southern-fried chicken    609 kcal. Salad leaves, smoky chipotle mayo	
Cold chicken breast   <sup>506</sup> 479 kcal. Salad leaves, sweet chilli sauce	
Fried halloumi-style cheese   707 kcal. Salad leaves, sweet chilli sauce, tomato, cucumber	soft drink* <b>6.27</b> each
Quorn™ nuggets   508 kcal. Tomato, cucumber, salsa	alcoholic drink* <b>7.80</b> each





# Paninis

**NEW** Roasted vegetable and vegan cheese  480 kcal

Tuna mayo and Cheddar cheese 590 kcal	
Cheddar cheese and tomato  527 kcal	
Wiltshire cured ham and Cheddar cheese 508 kcal	
BBQ chicken, bacon and Cheddar cheese 586 kcal	

# 8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section.





Add: Side salad  (91 kcal); Tomato & basil soup  (150 kcal)	
Spicy rice  (208 kcal); Chips  (602 kcal) <b>1.44</b> each	

# Burgers **INCLUDES A DRINK**

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.































Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).	
American burger 696 kcal	soft drink* <b>6.04</b> each
Classic beef burger 677 kcal	alcoholic drink* <b>7.57</b> each
Iceberg lettuce, tomato, red onion	
Skinny beef burger <sup>306</sup> 375 kcal	
Iceberg lettuce, tomato, red onion, with a side salad, instead of chips	
American cheese burger 730 kcal	soft drink* <b>6.61</b>
American-style cheese, red onion, gherkin, ketchup,	alcoholic drink* <b>8.14</b>
American-style mustard	
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).	
Double American burger 1138 kcal	soft drink* <b>8.30</b> each
Red onion, gherkin, ketchup, American-style mustard	alcoholic drink* <b>9.83</b> each
Double classic beef burger 1119 kcal	
Iceberg lettuce, tomato, red onion	
Double American cheese burger 1207 kcal	soft drink* <b>8.88</b>
American-style cheese, red onion, gherkin, ketchup,	alcoholic drink* <b>10.41</b>
American-style mustard	

Gourmet burgers Served with chips, six onion rings (871 kcal, included in Calories below).


Ultimate burger 1656 kcal	
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee burger	
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef (two 3oz beef patties) 1567 kcal	
Char-grilled chicken breast 1417 kcal; Fried buttermilk chicken 1703 kcal	soft drink* <b>10.51</b> each
BBQ burger	alcoholic drink* <b>12.04</b> each
Maple-cured bacon, Cheddar cheese, BBQ sauce	
Choose: Beef (two 3oz beef patties) 1644 kcal	
Char-grilled chicken breast 1494 kcal; Fried buttermilk chicken 1780 kcal	
Heatwave burger   	
Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing	
Choose: Char-grilled chicken breast 1722 kcal; Fried buttermilk chicken 2007 kcal	
Fiesta burger  1380 kcal	
<b>BEYOND MEAT</b> plant-based patty, salsa, guacamole, roasted pepper, courgette, onion	
Triple American cheese & bacon burger 1770 kcal	soft drink* <b>11.96</b>
Three 3oz beef patties, American-style cheese, maple-cured bacon,	alcoholic drink* <b>13.49</b>
red onion, gherkin, ketchup, American-style mustard	

# Curries **INCLUDES A DRINK**

Classic curries With basmati pilau rice, plain naan and poppadums.


Mangalorean roasted cauliflower & spinach curry   <sup>506</sup> 927 kcal	
Chicken tikka masala   1190 kcal	
Chicken jalfrezi    <sup>506</sup> 935 kcal	soft drink* <b>10.43</b> each
Beef Madras     1043 kcal	alcoholic drink* <b>11.96</b> each
Change your plain naan to a garlic naan  (add 92 kcal) <b>47p</b>	
Simple curries With basmati pilau rice or chips.	
Simple Mangalorean roasted cauliflower & spinach curry   	
Choose: Basmati pilau rice  568 kcal; Chips 970 kcal	
Simple chicken tikka masala  	
Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal	soft drink* <b>8.18</b> each
Simple chicken jalfrezi   	alcoholic drink* <b>9.71</b> each
Choose: Basmati pilau rice  575 kcal; Chips 977 kcal	
Simple beef Madras   	
Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal	
Add: One vegetable samosa and two onion bhajis   (293 kcal) <b>1.76</b>	
Two plain poppadums  (86 kcal) <b>47p</b>	
<b>NEW</b> Char-grilled tandoori chicken breast skewer   (145 kcal) <b>3.99</b>	

Katsu curries With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.



Katsu grilled chicken curry <sup>506</sup> 542 kcal	
Sliced char-grilled chicken breast	
Katsu Quorn™ nugget curry  686 kcal	soft drink* <b>9.31</b> each
Eight coated pieces	alcoholic drink* <b>10.84</b> each
Katsu chicken curry 828 kcal	
Sliced whole breaded chicken breast fillet	

Adults need around 2000 kcal a day.<sup>9</sup>





Chicken burgers Served with a small portion of chips (329 kcal, included in Calories below).

<b>NEW</b> Korean crunchy chicken strip burger 712 kcal	
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	soft drink* <b>6.04</b> each
Crunchy chicken strip burger  776 kcal	alcoholic drink* <b>7.57</b> each
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Served with chips (602 kcal, included in Calories below).	

Fried buttermilk chicken burger 1255 kcal


Breaded whole chicken breast fillet	soft drink* <b>8.30</b> each
Char-grilled chicken breast burger 970 kcal	alcoholic drink* <b>9.83</b> each
Skinny chicken burger   <sup>506</sup> 394 kcal	
Char-grilled chicken breast, with a side salad, instead of chips	


Meat-free burgers Served with chips (602 kcal, included in Calories below).





Beyond Burger™  1043 kcal	
<b>BEYOND MEAT</b> plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink* <b>8.30</b> each
Breaded vegetable burger  1039 kcal	alcoholic drink* <b>9.83</b> each
Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese	
Fried halloumi-style cheese burger   1118 kcal. Sweet chilli sauce	

# Just-a-burger



Served on its own, without chips or a drink.

<b>NEW</b> Korean crunchy chicken strip burger  <sup>383</sup> 383 kcal	
Two fried chicken strips, iceberg lettuce, gherkin, Korean-style sauce	soft drink* <b>3.59</b> each
American burger <sup>366</sup> 367 kcal	
Red onion, gherkin, ketchup, American-style mustard	

Crunchy chicken strip burger  <sup>306</sup> 447 kcal

Two southern-fried chicken strips, iceberg lettuce, mayonnaise	
Additional toppings and burger patties	
Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
<b>NEW</b> Vegan cheese  57 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50

3oz beef patty 168 kcal; Char-grilled chicken breast 187 kcal

Fried buttermilk chicken 473 kcal; Breaded vegetable patty  257 kcal	
Fried halloumi-style cheese  298 kcal	
<b>BEYOND MEAT</b> patty  184 kcal	each <b>1.97</b>

# Chicken **INCLUDES A DRINK**

**NEW** Char-grilled tandoori chicken breast skewers   762 kcal. Two skewers, basmati pilau rice, roasted pepper, courgette, onion, rocket, garlic & herb sauce

	soft drink* <b>9.25</b> each
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**NEW** Sticky Korean fried chicken bowl 961 kcal






Chicken strips, chicken breast bites,	alcoholic drink* <b>10.78</b> each
chips tossed in a Korean-style sauce, coriander, sliced chillies	

Chicken on the bone is marinated, slow cooked and finished on the char-grill.



Peri-peri char-grilled half chicken




Lemon and herb  Char-grilled in a lemon & herb glaze	
Coleslaw, garlic & herb dip	
Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal	soft drink* <b>11.42</b> each
Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal	alcoholic drink* <b>12.95</b> each
Hot and spicy    Char-grilled in a Naga chilli & citrus glaze	
Coleslaw, Naga chilli dip	
Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal	
Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	
Char-grilled half chicken, mash and gravy 818 kcal	
Lemon & herb chicken, peas, chicken gravy	

Chicken baskets

Boneless basket 	
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce	
Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	soft drink* <b>9.25</b> each
Chicken wing basket   	alcoholic drink* <b>10.78</b> each
Choose: Side salad 987 kcal; Spicy rice  763 kcal; Chips 1522 kcal	

Chicken bites basket

Ten battered chicken breast pieces, coleslaw, sticky soy sauce	
Choose: Side salad 623 kcal; Spicy rice  763 kcal; Chips 1157 kcal	soft drink* <b>9.25</b> each
Southern-fried chicken strips basket 	alcoholic drink* <b>10.78</b> each
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze	
Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	

Quorn™ 'no chicken' nuggets basket   

Eight coated pieces, coleslaw, sweet chilli sauce	
Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal	Add: Chicken gravy (50 kcal) <b>94p</b>

# 11" pizzas **INCLUDES A DRINK**


Sourdough base — proved, stretched, topped and freshly baked to order.

Margherita  934 kcal. Mozzarella, basil	soft drink* <b>9.25</b>	alcoholic drink* <b>10.78</b>
<b>NEW</b> Spicy chicken    1374 kcal		
Mozzarella, spicy pulled chicken thigh, Naga chilli and gartic & herb sauces, rocket		
Pepperoni  1151 kcal. Mozzarella, pepperoni		
Ham and mushroom 1011 kcal		
Mozzarella, ham, mushroom, rocket		
BBQ chicken 1097 kcal		
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		
Roasted vegetable  1028 kcal	soft drink* <b>10.43</b> each	
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		
Roasted vegetable and vegan cheese   829 kcal	alcoholic drink* <b>11.96</b> each	
Mushroom, roasted pepper, courgette, onion, basil		

Spicy meat feast    1214 kcal **11.60** **13.13**

Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
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Additional toppings

Red onion  10 kcal; Sliced chillies
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